

Henry County Community Health Improvement Plan



FINAL REPORT

2015-2019

Executive Summary

The Community Health Improvement Plan (more commonly referred to as the “CHIP”) is an action-oriented strategic plan for improving the health of Henry County. It is a plan that relies upon many community partners- individuals, organizations, businesses, and agencies- intentionally working together to improve the conditions in Henry County that impact the health of local residents.

This strategic planning process began with a thorough and comprehensive assessment of our county’s health – the health of local residents, the status of the healthcare and public health systems in Henry County, and the factors that are changing healthcare across our entire nation (like the Affordable Care Act).

The 2015-2019 Community Health Improvement Plan revises the previous 2012-2015 plan, which focused solely on reducing childhood and adult obesity. Due to changes at the state level, this CHIP will be extended until 2019 in an effort to align with the next State Health Improvement Plan in 2020. The plan was originally written to end in 2018, so references to 2018 were extended to 2019.

Three priority health issues were selected and are being targeted for improvement by community partners under our current CHIP:

- Risk Factors for Obesity
- Healthcare Access and Cost
- Behavioral Health Issues

Workgroups of local organizations, county agencies, and local businesses created action plans that detailed how these issues were addressed. The plans list specific actions that workgroup members will take to make steady and continuous improvement in the health of Henry County. Additional workgroup members were recruited throughout the implementation to make the greatest possible impact on Henry County’s health. Through monitoring and evaluation of actions steps, changes may be necessary and noted on workgroup action plans.

PRIORITY #1: Risk Factors for Obesity

Community Resources

Below is a list of community resources for obesity prevention, including those related to nutrition and physical activity.

| Program/Strategy/Service | Responsible Agency | Population(s) Served |
|---|---|---|
| Dietitians | Henry County Hospital | All ages |
| Park Programs | Napoleon Parks and Recreation | All ages |
| Races (Relay for Life, 5ks) | Various Community Organizations | All ages |
| Community Gardens | Filling Homes | All ages |
| Master Gardeners | OSU Extension | All ages |
| Community Meals | Emanuel Lutheran Church, St. John Episcopal Church, St. Jon United Methodist Church, St. Stephen Lutheran Church, Together We Can Make a Difference | All ages |
| SNAP-ed Nutrition Education Classes | OSU Extension | Adults receiving SNAP (food stamp) benefits |
| MyPlate Nutrition Program | Henry County United Way Henry County Hospital Henry County Health Department Four County ADAMHS Board | School-aged children |
| Food Pantries | Various Locations Across the County | All ages |
| Walking Trails | Napoleon Parks and Rec | All ages |
| Private Classes (Gymnastics, Swimming, Zumba, Karate, etc.) | Various businesses and organizations | All ages |

Risk Factors for Obesity Action Plan

PROBLEM: TOO MANY HENRY COUNTY CHILDREN AND ADULTS ARE OVERWEIGHT OR OBESE.

GOAL: Promote healthy lifestyles to reduce obesity and its risk factors among Henry County residents

OBJECTIVE:

- Increase the number of adults who eat 5 or more servings of fruits and vegetables a day from 5% to 10% by 2019.
2016 = 4%, 2019 = 22% question changed to ask 5 or more servings of fruits or vegetables a day

MEASURE:

Monitor total vegetable intake for persons aged 2 years and older via Henry County Community Health Assessment every 3 years. (Healthy People 2020 Leading Health Indicator)

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|--|---|---|---|---|--|
| <p><u>Healthy People 2020 Food and Nutrient Consumption</u></p> <ul style="list-style-type: none"> • Increase the contribution of fruits to the diets of the population aged 2 years and older (NWS-14) • Increase the contribution of vegetables to the diets of the population aged 2 years and older (NWS-15.1) <p><u>National Prevention Strategies</u></p> <ul style="list-style-type: none"> • Increase access to healthy and affordable foods in communities. • Help people recognize and make healthy food and beverage choices. | <p>Ohio 2012-2014 State Health Improvement Plan:</p> <ul style="list-style-type: none"> • Implement priority strategies to increase physical activity and improve nutrition in Ohio following the Institute of Medicine (IOM) Accelerating Progress in Obesity Prevention report. | <p>A. Obtain more information on actual fruit and vegetable intake (i.e. how many individual servings are consumed)</p> <p>B. Educate on fruits and vegetables preparation methods and access</p> | <p>A1. Develop supplemental question during 2016 Community Health Status Assessment to obtain more information about actual fruit and vegetable intake for adults.</p> <p>B1. Contact local grocers and markets to host quarterly nutrition events.</p> <p>B2. Gain more information on Cooking Matters program and implementation process.</p> <p>B3. Work with local farmer's markets to promote nutrition and the importance of local foods.</p> | <p>A1. Henry County Health Dept. (HCDH), Henry County Hospital (HCH), Hospital Council of NW Ohio</p> <p>B1. CHIP Obesity Workgroup, local grocers</p> <p>B2. HCH, HCHD, Bowling Green State University</p> <p>B3. Local Farmers, Henry County Hospital, Henry County Health Department, WIC, Henry County United Way</p> | <p>A1. Completed - Questions developed and added to 2016 Community Health Status Assessment. Question further changed in 2019 Assessment.</p> <p>B1. Completed - All local grocers contacted. Wal-Mart will not participate. Chief already hosts events by distributing free fruits to all children upon entry to store and displays fruit and vegetable taste testing displays.</p> <p>B2. Completed - Information gathered on Cooking Matters throughout CHIP cycle. OSU Extension office did not have staff to conduct Cooking Matters until 2019. OSU Extension Office will be conducting Cooking Matters based on attendance and interest beginning 3rd quarter 2019.</p> <p>B3. Completed - Local farmer's markets were identified and partners shared farmer's markets information with public.</p> |

PROBLEM: TOO MANY HENRY COUNTY CHILDREN AND ADULTS ARE OVERWEIGHT OR OBESE.

GOAL: Promote healthy lifestyles to reduce obesity and its risk factors among Henry County residents

OBJECTIVE:

- Increase the number of youth who eat 5 or more servings of fruits and vegetables a day from 13% to 20% by 2019.

2016 = 6% 2019 = 19% question changed to ask 5 or more servings of fruits or vegetables a day

MEASURE:

Monitor total vegetable intake for persons aged 2 years and older via Henry County Community Health Assessment every 3 years. (Healthy People 2020 Leading Health Indicator)

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|--|---|--|--|--|--|
| <p>Healthy People 2020 Food and Nutrient Consumption</p> <ul style="list-style-type: none"> • Increase the contribution of fruits to the diets of the population aged 2 years and older (NWS-14) • Increase the contribution of vegetables to the diets of the population aged 2 years and older (NWS-15.1) <p>National Prevention Strategies</p> <ul style="list-style-type: none"> • Increase access to healthy and affordable foods in communities. • Help people recognize and make healthy food and beverage choices. | <p>Ohio 2012-2014 State Health Improvement Plan:</p> <ul style="list-style-type: none"> • Implement priority strategies to increase physical activity and improve nutrition in Ohio following the Institute of Medicine (IOM) Accelerating Progress in Obesity Prevention report. | <p>A. Obtain more information on actual fruit and vegetable intake (i.e. how many individual servings are consumed)</p> <p>B. Coordinate school-based interventions to target each grade with a variety of curriculum.</p> <p>C. Monitor current programs for results and successes.</p> | <p>A1. Develop supplemental question during 2016 Community Health Status Assessment to obtain more information about actual fruit and vegetable intake for adults.</p> <p>B1. Identify current school-based interventions offered, areas of education, and grade level served.</p> <p>B2. Research additional programs and funding sources to support all grade levels at each school.</p> <p>C1. Continue current nutrition education programs through Health Department, OSU Extension, and United Way. <i>Evidence: What Works for Health School-based nutrition education (some evidence)</i></p> <p>C2. Evaluate success and outcomes of home gardens started through United Way. <i>Revised – promote fresh produce through gardens at school.</i></p> | <p>A1. HCHD, HCH, Hospital Council of NW Ohio</p> <p>B1. Henry County Health Partners</p> <p>B2. CHIP Obesity Workgroup</p> <p>C1. HCHD, HCH, OSU Extension, and United Way</p> <p>C2. United Way and CHIP Obesity Workgroup</p> | <p>A1. Completed - Questions developed and added to 2016 Community Health Status Assessment. Question further changed in 2019 Assessment.</p> <p>B1. Based on information gathered the United Way of Henry County initiated a partnership with HCHD and HCH to provide a curriculum to kindergarteners to 5th graders.</p> <p>B2. Beginning school year 2017-2018, the developed initiative between United Way, HCHD and HCH was implemented in K-5th grade classrooms and still ongoing.</p> <p>C1. See B2 above.</p> <p>C2. HCHD initiated Veggie U in Napoleon third grade classrooms. Curriculum was purchased through an ODH grant in the 2016-2017 school year. The grant funding ceased, however HCHD was able to purchase supplies for these classrooms and teachers continued to use the curriculum and this initiative is still ongoing in Napoleon Schools third grade classes.</p> |

PROBLEM: TOO MANY HENRY COUNTY CHILDREN AND ADULTS ARE OVERWEIGHT OR OBESE.

GOAL: Promote healthy lifestyles to reduce obesity and its risk factors among Henry County residents

OBJECTIVE:

- Decrease the number of adults who are not physically active any day from 28% to 15% by 2019. 2016 = 30% 2019 = 21%

MEASURE:

- Monitor % of adults who meet current Federal physical activity guidelines for aerobic physical activity and for muscle-strengthening activity via Henry County Community Health Assessment every 3 years. (Healthy People 2020 Leading Health Indicator)

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|---|---|--|---|--|---|
| <p>Healthy People 2020 Food and Nutrient Consumption</p> <ul style="list-style-type: none"> • Reduce the proportion of adults who engage in no leisure-time physical activity • Increase the proportion of adults who meet current Federal physical activity guidelines • Increase legislative policies for the built environment that enhance access to and availability of physical activity opportunities <p>National Prevention Strategies</p> <ul style="list-style-type: none"> • Encourage community design and development that supports physical activity. • Facilitate access to safe, accessible, and affordable places for physical activity. • Support workplace policies and programs that increase physical activity. • Assess physical activity levels and provide education, counseling, and referrals. | <p>Ohio 2012-2014 State Health Improvement Plan:</p> <ul style="list-style-type: none"> • Implement priority strategies to increase physical activity and improve nutrition in Ohio following the Institute of Medicine (IOM) Accelerating Progress in Obesity Prevention report. | <p>A. Better understand physical activity options currently available to residents.</p> <p>B. Communication campaign to raise awareness of physical activity opportunities and their benefits.</p> <p>C. Increase physical activity signage throughout Henry County.</p> | <p>A1. Contact Napoleon Park and Rec to see what paths and information are currently available to community. (<i>Evidence: What Works for Health Access to Places for Physical Activity (strong evidence)</i>)</p> <p>A2. Contact schools to see if their facilities are available for public use.</p> <p>B1. Communicate information learned in "Strategy A" with community through Facebook, press releases, flyers, radio, etc.</p> <p>B2. Work with Parks and Rec to maintain local activity "database" Create Facebook page to serve as database</p> <p>B3. Explore additional collaboration opportunities with Napoleon Parks and Rec Outdoor Education.</p> <p>C1. Add HCHP signage to trails, tracks, schools, etc. to promote physical activity</p> | <p>A1. Napoleon Parks and Rec</p> <p>A2. Henry County Schools</p> <p>B1. CHIP Obesity Workgroup, Northwest Signal, WNDH Radio</p> <p>B2. Napoleon Parks and Rec</p> <p>B3. Napoleon Parks and Rec</p> <p>C1. Napoleon Parks and Rec, HCH, HCHD</p> | <p>A1. Completed – All paths are outlined on website. Partners promote parks and rec on agency websites and social media posts.</p> <p>A2. Completed – Schools contacted and times promoted.</p> <p>B1. Completed and ongoing.</p> <p>B2. Completed - Rachel Palmer created Facebook page and due to reassignment, the page is no longer maintained.</p> <p>B3. Completed – Due to staffing issues no collaboration was made. Continue to promote activities happening throughout county.</p> <p>C1. Due to financial constraints, this strategy was not pursued.</p> |

PROBLEM: TOO MANY HENRY COUNTY CHILDREN AND ADULTS ARE OVERWEIGHT OR OBESE.

GOAL: Promote healthy lifestyles to reduce obesity and its risk factors among Henry County residents

OBJECTIVE:

- Decrease the number of youth who are not physically active any day from 15% to 10% by 2019. 2016 = 13% 2019 = 14%

MEASURE:

- Monitor % of overweight and obese children via Henry County Community Health Assessment every 3 years (Healthy People 2020 Leading Health Indicator)

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|---|---|--|---|--|---|
| <p>Healthy People 2020 Food and Nutrient Consumption</p> <ul style="list-style-type: none"> • Increase the proportion of the Nation’s public and private schools that require daily physical education for all students • Increase the proportion of children and adolescents who do not exceed recommended limits for screen time <p>National Prevention Strategies</p> <ul style="list-style-type: none"> • Encourage community design and development that supports physical activity. • Promote and strengthen school and early learning policies and programs that increase physical activity. • Facilitate access to safe, accessible, and affordable places for physical activity. • Assess physical activity levels and provide education, counseling, and referrals. | <p>Ohio 2012-2014 State Health Improvement Plan:</p> <ul style="list-style-type: none"> • Implement priority strategies to increase physical activity and improve nutrition in Ohio following the Institute of Medicine (IOM) Accelerating Progress in Obesity Prevention report. | <ul style="list-style-type: none"> A. Evaluate physical activity programs recently implemented in local schools. B. Gather additional information on current physical activity standards in school. C. Encourage rewriting of school policies to facilitate more physical activity. D. Promote safe walking/biking to and from school. | <ul style="list-style-type: none"> A1. Monitor success/results of GoNoodle and Play 60 programs in local schools (<i>Evidence: What Works for Health Multi-component school-based obesity prevention interventions (strong evidence)</i>) A2. Monitor success/results of CATCH programs in local schools (Evidence: What Works for Health Multi-component school-based obesity prevention interventions (strong evidence)) B1. Contact schools about current physical activity policies (<i>Evidence: What Works for Health Joint Use Agreements (some evidence)</i>) C1. Draft policy/provide sample policies for potential adoption by school district. D1. Participate in National Walk/Bike to School Day. D2. Support the Safe Route to School program. | <ul style="list-style-type: none"> A1. United Way, Henry County Schools A2. HCHD, Henry County Schools B1. CHIP Obesity Workgroup, Henry County Schools C1. CHIP Obesity Workgroup D1. HCHD, Henry County Schools, Local Police D2. HCHD, Henry County Schools, Local Police | <ul style="list-style-type: none"> A1. GoNoodle program is in all 4 school districts. Monthly reports are kept and filed by United Way. Play 60 was investigated and determined to not implement. A2. These programs are no longer offered at schools as PE curriculum covers activities. B1. Learned that PE curriculum is mandated by Ohio Department of Education. No further action needed. C1. See above. D1. Partners promote National Walk/Bike to School Day via media outlets. D2. No interest in pursuing Safe Routes to School program at this time. |

PRIORITY #2: Healthcare Access and Cost

Community Resources

Below is a list of community resources for healthcare access.

| Program/Strategy/Service | Responsible Agency | Population(s) Served |
|---|---|--|
| Henry County Hospital | Henry County Hospital | All ages |
| Help Me Grow | Henry County Health Department | Children 0-3 and parents |
| Together We Can Make A Difference (Assists with providing basic needs and resources) | Together We Can Make a Difference | All ages |
| Federally Qualified Health Center | Community Health Services | All ages |
| Primary Care Doctors | Henry County Hospital, area physicians | All ages |
| Immunizations | Henry County Health Department, Henry County Hospital, area physicians, WalMart and Rite Aid pharmacies | All ages (dependent on location and services provided) |
| Sexual and Reproductive Health and Wellness | Henry County Health Department, Henry County Hospital, area physicians | Women of reproductive age |
| Dental Services | Health Partners of Western Ohio, area dentists | All ages (dependent on location and services provided) |
| Healthcare Navigator | Community Health Services, Henry County Senior Center, Frost Insurance, Toledo Foodbank | Adults |
| Pain Management Center | Henry County Hospital | Adults |

Healthcare Access and Cost Action Plan

The healthcare access workgroup has identified additional benchmarks or measures which indicate if the desired outcome (of all residents having access to affordable comprehensive health provided in a professional, non-judgmental manner) is achieved. These benchmarks are:

| BENCHMARKS for Progress/ Performance: | TARGETS: | BASELINE: | Results: |
|--|----------------------------|---|--|
| ➤ % of Henry County adults who have health insurance (Healthy People 2020 Leading Health Indicator) | 100% | 91% (78% of adults with income >\$25,000) (2013 Community Health Status Assessment) | 96% (2019 Community Health Status Assessment) |
| ➤ % of Henry County adults who use an hospital emergency department as their primary source of health care | ≤2% | 4% (7% of adults with income <\$25,000) (2013 Community Health Status Assessment) | <1% 2019 Community Health Status Assessment) |
| ➤ Ratio of residents to primary care providers in Henry County | >36 per 100,000 population | 35.66 per 100,000 population | 31.94 per 100,000 population |
| ➤ # and % of providers that offer childhood immunization services | >2 providers | 2 facilities currently provide childhood immunization (Health Dept, Mercy Napoleon Clinic) | 3 facilities provide VFC vaccines (CHS, HCHD, Mercy Napoleon) 2 provide childhood vaccines for private insurance (HCHD, Mercy Napoleon) |
| ➤ # and % of providers that offer adult immunization services | >4 providers | 4 facilities currently provide adult immunization (Health Dept, Mercy Napoleon Clinic, WalMart pharmacy, Rite Aid pharmacy; some physicians provide select immunizations) | 4 facilities currently provide adult immunization (Health Dept, Mercy Napoleon Clinic, WalMart pharmacy, Rite Aid pharmacy; 8 providers offer select immunizations) |
| ➤ # of providers that offer dental services | TBD | # of providers determined start of CHIP process | 7 Providers (Dr. Heinrichs, Dr. Parsell, Dental Excellence of Napoleon, Napoleon Smiles, Whittaker Family Dental Care of Napoleon, Liberty Smiles, Northwest Ohio Dental Specialty Center) |
| ➤ # and % of providers that offer a sliding fee scale | >2 providers | 2 providers (Health Dept, CHS) | Health Department, Community Health Services |
| ➤ # and % of providers that offer walk-in services | >1 provider | 1 practice Henry Co Family Physicians offer walk-in hrs to established pts | Mercy Napoleon Clinic and Mercy Henry County Family Medicine provide walk-ins |
| ➤ # and % of providers accept Medicaid | 100% | 100% of MDs accept Medicaid; only 36% (4 of 11) currently accept new patients with Medicaid 100% of CNPs accept Medicaid; only 36% (5 of 14) currently accept new patients with Medicaid | 100% of MDs accept Medicaid; 63% (7 out of 11) MDs accept new patients with Medicaid 100% of CNPs accept Medicaid; 88% (7 of 8) accept new patients with Medicaid |

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|--|-------------------------------|---|--|---|---|
| <p>Healthy People 2020 Provide health insurance coverage as a means to ensure access to health care.</p> <p>National Prevention Strategy (2011): Clinical & Community Preventive Services <u>Recommendation #4:</u> Support implementation of community-based preventive services and enhance linkages to clinical care. <u>Recommendation #5:</u> Reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk.</p> <p>Elimination of Health Disparities <u>Recommendation #1:</u> Ensure a strategic focus on communities at greatest risk. <u>Recommendation #2:</u> Reduce disparities in access to quality health care.</p> | None | STRATEGY #1: Increase the percentage of Henry County adults and children who have health insurance coverage. | <ol style="list-style-type: none"> 1. Identify existing community resources (i.e., consumer assisters) for assisting Henry County residents enroll in health insurance coverage (<i>What Works For Health: Offer health insurance enrollment outreach (some evidence)</i>) 2. Determine if existing number of community assisters (and hours available) is adequate to meet current needs. 3. If there is an adequate quantity of community assisters and hours of availability, identify and implement methods to better link residents with resources. 4. If there is an inadequate quantity of community assisters and hours of availability, identify and implement method(s) to expand resources (number or hours of availability). | <p><i>LEAD:</i> Henry County DJFS</p> <p>Henry County Hospital</p> <p>Henry County Health Dept</p> <p>Community Health Services</p> <p>Frost Insurance</p> <p>Together We Can Make a Difference</p> | <ol style="list-style-type: none"> 1. Resources identified, assisters available at Henry County Senior Center and local insurance agencies. HCHD trained (3) Certified Application Counselors. 2. Adequate. No further action required. 3. Social media, advertising increased. 4. HCHD coordinated with Hospital Council of NW Ohio to send a navigator to help residents sign up for insurance. This service was underutilized, therefore ceased. Insurance agents were recommended to individuals. |

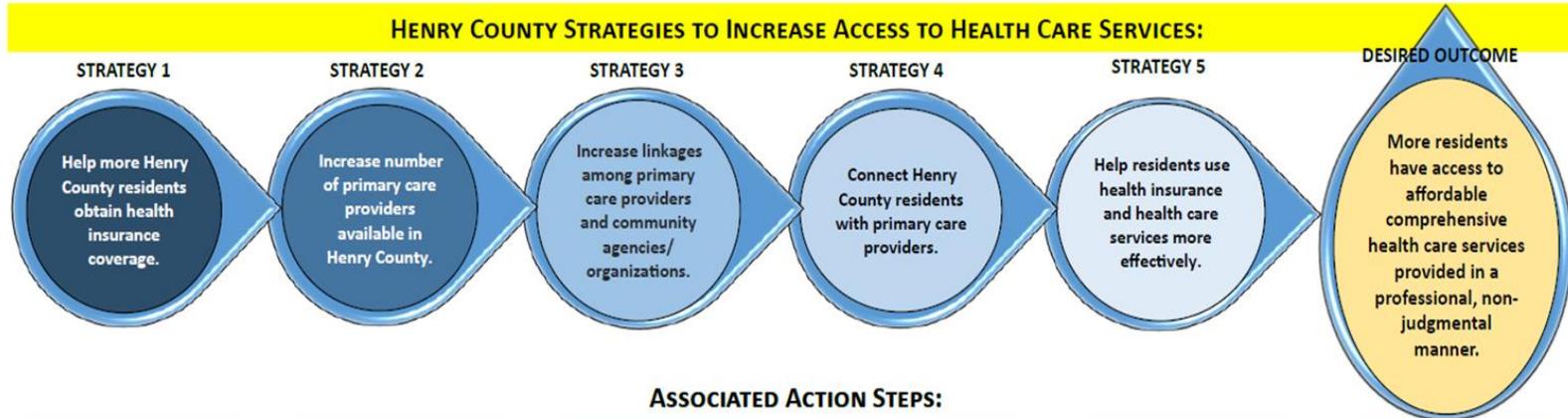
| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|---|---|---|---|---|--|
| <p>Healthy People 2020 Increase the number of practicing primary care providers (within the communities they serve).</p> <p>National Prevention Strategy (2011): Clinical & Community Preventive Services <u>Recommendation #6:</u> Enhance coordination and integration of clinical, behavioral, and complementary health strategies.</p> <p>Empowered People <u>Recommendation #3:</u> Engage and empower people and communities to plan and implement prevention policies and programs.</p> | <p>Ohio 2012-2014 State Health Improvement Plan:</p> <p>C. Increase the numbers, diversity, distribution, and cultural competency of the health care work force.</p> <p>D. Strengthen the safety net system.</p> | <p>STRATEGY #2: Increase number of primary care providers available in Henry County.</p> | <ol style="list-style-type: none"> 1. Identify all primary care providers currently available in Henry County. 2. Use Henry County Hospital Physician Needs Assessment to identify numbers and types of primary care providers needed. 3. Use CHA Focus Groups to identify types of primary care providers desired by community members. 4. Support and/or assist Henry County Hospital affiliation efforts to expand number/type of practicing primary care providers in Henry County. 5. Explore joint ventures between FQHCs, Rural Health Clinics, Henry County Hospital, Henry County Health Department, Mercy Health, and other providers to expand number/types of primary care providers practicing in Henry County. 6. Identify and implement strategies to increase FQHC services in Henry and neighboring counties. (<i>What Works for Health: Federally qualified health centers (FQHCs) (scientifically supported)</i>) <ol style="list-style-type: none"> 6.1 Explore joint ventures with Community Health Services, Health Partners of Western Ohio, Wood County Community Health and Wellness Center, Henry County Hospital, and Henry County Health Department to train, recruit, and/or share employment of primary care providers. 6.2 Explore joint ventures with Community Health Services, Health Partners of Western Ohio, Wood County Community Health and Wellness Center, Henry County Hospital, and Henry County Health Department to expand primary care services available to Henry County residents. 6.3 Promote FQHC providers and services to local medical community. 6.4 Jointly promote FQHC providers and services to Henry County residents and community partners (including churches, schools, etc.). | <p><i>CO-LEADS:</i> Community Health Services Henry County Hospital</p> <p>Henry County Health Dept</p> <p>Potentially other health systems in the future</p> | <ol style="list-style-type: none"> 1. Ongoing list maintained by public health nursing at HCHD. 2. Completed in 2016. 3. Through Henry County Health Partners discussions, Community Health Services hired an internal medicine physician and a part time pediatrician for the Napoleon site. 4. See #3. 5. See #3. 6. See #3. Advertising completed by Community Health Services and shared by Henry County Health Partners. <p>Community Health Services partnered with Napoleon area schools to provide on-site medical appointments.</p> |

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|--|---|---|---|--|--|
| <p>National Prevention Strategy (2011): Clinical & Community Preventive Services <u>Recommendation #4:</u> Support implementation of community-based preventive services and enhance linkages to clinical care. <u>Recommendation #6:</u> Enhance coordination and integration of clinical, behavioral, and complementary health strategies.</p> <p>Empowered People <u>Recommendation #3:</u> Engage and empower people and communities to plan and implement prevention policies and programs.</p> <p>Elimination of Health Disparities <u>Recommendation #1:</u> Ensure a strategic focus on communities at greatest risk. <u>Recommendation #2:</u> Reduce disparities in access to quality health care. <u>Recommendation #3:</u> Increase the capacity of the prevention workforce to identify and address disparities.</p> | <p>Ohio 2012-2014 State Health Improvement Plan: A. Ensure all Ohioans have a patient-centered medical home that assist them in navigating the health care system and is integrated with all providers to provide continuity of care.</p> | <p>STRATEGY #3: Increase linkages among primary care providers and community agencies/organizations.</p> | <ol style="list-style-type: none"> 1. Re-establish local Compass or No Wrong Door trainings for community agencies/organizations. 2. Expand local Compass or No Wrong Door trainings to include primary care providers, their staff, and other private sector entities. 3. Create printed and/or online resource guide for use by community agencies/organizations and primary care providers. 4. Explore creation of jointly-funded community patient navigators to work with and link residents, primary care providers, and community organizations/agencies. <ol style="list-style-type: none"> 4.1 Pursue promotores de salud training opportunities to support development of culturally-competent navigators | <p><i>CO-LEADS:</i> NW Ohio Help Me Grow Central Coordination Henry County Health Dept./Help Me Grow Comprehensive Crisis Care/2-1-1 Henry County DJFS Henry County Family & Children First Council- Connie Parker Fulton/Henry Network Community Health Services Community agencies/organizations (e.g. WIC, FISH, Together We Can Make a Difference, private sector, etc.) United Way of Henry County Henry County Chamber of Commerce</p> | <ol style="list-style-type: none"> 1. Held in 2016. 2. Held in 2016. 3. Completed in 2016. 4. Community Health worker training identified as referral source. See strategy #4. |

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|--|--|---|---|---|---|
| <p>Healthy People 2020 Ensure people have a primary care provider as their usual and ongoing source of care.</p> <p>National Prevention Strategy (2011): Clinical & Community Preventive Services <u>Recommendation #4:</u> Support implementation of community-based preventive services and enhance linkages to clinical care. <u>Recommendation #5:</u> Reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk. <u>Recommendation #6:</u> Enhance coordination and integration of clinical, behavioral, and complementary health strategies.</p> <p>Empowered People <u>Recommendation #3:</u> Engage and empower people and communities to plan and implement prevention policies and programs.</p> <p>Elimination of Health Disparities <u>Recommendation #1:</u> Ensure a strategic focus on communities at greatest risk. <u>Recommendation #2:</u> Reduce disparities in access to quality health care. <u>Recommendation #3:</u> Increase the capacity of the prevention workforce to identify and address disparities.</p> | <p>Ohio 2012-2014 State Health Improvement Plan: A. Ensure all Ohioans have a patient-centered medical home that assist them in navigating the health care system and is integrated with all providers to provide continuity of care.</p> | <p>STRATEGY #4: Ensure people have a primary care provider as their usual and ongoing source of care.</p> | <ol style="list-style-type: none"> 1. Identify primary care providers accepting new patients in Henry County (especially those with Medicaid or no health insurance). 2. Explore creation of jointly-funded community patient navigators to: <ol style="list-style-type: none"> 2.1 Assist residents with identifying providers covered by their insurance. 2.2 Link residents with these providers. 2.3 Link residents without health insurance to a primary care provider. 2.4 Link residents to resources needed to overcome other barriers to accessing health care services (e.g. need for language, transportation, or income assistance). | <p><i>LEAD-</i> Henry County Health Dept</p> <p>Community Health Services</p> <p>Henry County Hospital Primary Care Providers in Henry County</p> <p>United Way Henry Co DJFS Frost Insurance</p> <p>NOCAC Head Start Together We Can Make a Difference</p> <p>Henry County Senior Center</p> <p>Teaching/Mentoring Communities (Former Texas Migrant Center)</p> <p>Media Social Media</p> | <ol style="list-style-type: none"> 1. Ongoing and maintained by public health nurse at HCHD. 2. CHD identified certified community health worker (CHW) training. Two individuals obtained CHW certifications. One CHW was hired by HCHD and works throughout Henry County running the Henry County Cares Program. |

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|--|---|--|---|--|---|
| <p>Healthy People 2020 Improve health care system's ability to provide health care more quickly after a need is recognized (e.g., reducing time spent waiting in dr. offices, emergency departments; between identifying need for specific tests/treatments and actually receiving those services).</p> <p>National Prevention Strategy (2011): Clinical & Community Preventive Services <u>Recommendation #4:</u> Support implementation of community-based preventive services and enhance linkages to clinical care. <u>Recommendation #5:</u> Reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk.</p> <p>Empowered People <u>Recommendation #1:</u> Provide people with tools and information to make healthy choices. <u>Recommendation #3:</u> Engage and empower people and communities to plan and implement prevention policies and programs.</p> <p>Elimination of Health Disparities <u>Recommendation #1:</u> Ensure a strategic focus on communities at greatest risk. <u>Recommendation #2:</u> Reduce disparities in access to quality health care.</p> | <p>Ohio 2012-2014 State Health Improvement Plan: A. Ensure all Ohioans have a patient-centered medical home that assist them in navigating the health care system and is integrated with all providers to provide continuity of care. B. Equip consumers to be full partners in their health care.</p> | <p>STRATEGY #5: Improve residents' effective use of health insurance and local health care services.</p> | <ol style="list-style-type: none"> 1. Explore creation of jointly-funded community patient navigators to: <ol style="list-style-type: none"> 1.1 Educate residents enrolled in Medicaid or private insurance about existing health care resources (e.g. nurse lines, chronic disease management programs, case managers) available through their insurance companies. 1.2 Enroll residents in medication assistance programs (<i>What Works For Health: Offer health insurance enrollment outreach (some evidence)</i>) 1.3 Provide case management and service coordination for residents without health insurance. 1.4 Assist primary care providers with linking patients with needed resources. 2. Explore viability of establishing urgent care facility in Henry County. 3. Explore joint venture opportunities to establish an urgent care facility. | <p>Same Partners as for Strategy #4 <i>LEAD-</i> Henry County Health Dept</p> <p>Community Health Services Henry County Hospital- to be appointed Primary Care Providers in Henry County United Way Henry Co DJFS- to be appointed Frost Insurance NOCAC Head Start Together We Can Make a Difference Henry County Senior Center Teaching/Mentoring Communities (Former Texas Migrant Center) Media Social Media</p> | <ol style="list-style-type: none"> 1. See Strategy #4: With the creation of the community worker position and the existing resources in the county, no further action was necessary. 2. Not pursued 3. Not pursued |

Healthcare Access and Cost Action Plan



ASSOCIATED ACTION STEPS:

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| <ul style="list-style-type: none"> Identify existing community resources for signing residents up for health insurance coverage (e.g. consumer assisters). Determine if existing resources are adequate to meet current needs. If adequate, identify and implement methods to better link residents with resources. If inadequate, identify and implement methods to expand resources and to link residents with these resources. | <ul style="list-style-type: none"> Identify all primary care providers currently available. Use Hospital Physician Needs Assessment to identify optimal number and types of providers needed. Identify and implement strategies to increase FQHC services in Henry and neighboring counties, including: <ul style="list-style-type: none"> Collaboration among hospital, health department, FQHCs to train, recruit, and/or share employment of primary care providers. Joint promotion of FQHC services to residents and community partners. | <ul style="list-style-type: none"> Re-establish local Compass or No Wrong Door trainings for community agencies/organizations. Expand these trainings to include primary care providers and their staff. Create printed and/or online resource guide for use by community agencies/organizations and primary care providers. Explore creation of jointly-funded community patient navigators to work with residents, primary care providers, and community organizations/agencies. | <ul style="list-style-type: none"> Identify primary care providers accepting new patients in Henry County. Explore creation of jointly-funded community patient navigators to: <ul style="list-style-type: none"> Assist residents with identifying providers covered by their insurance. Link residents with these providers. Link residents to resources needed to overcome other barriers to accessing health care services (e.g. need for language, transportation, or income assistance). | <ul style="list-style-type: none"> Explore creation of jointly-funded community patient navigators to: <ul style="list-style-type: none"> Link residents with nurse lines and case managers provided by their insurance companies. Enroll residents in medication assistance programs. Provide case management and service coordination for residents without health insurance. Assist primary care providers with linking patients with needed resources. | <p>MEASURES OF SUCCESS:</p> <ul style="list-style-type: none"> ↑ % of residents with health insurance ↓ % of residents who use the emergency room as their primary source of health care ↓ ratio of residents to primary care providers ↑ # and % of providers offering childhood immunizations ↑ # and % of providers offering adult immunizations ↑ # and % of providers offering sliding fee scale ↑ # and % of providers offering walk-in services ↑ # and % of providers accepting Medicaid |
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PRIMARY COMMUNITY PARTNERS:

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| Community Health Services <i>Henry County Family Physicians</i> <i>Ohio Medicaid Managed Care Companies: Buckeye, CareSource, Molina, Paramount, United HealthCare</i> | Comprehensive Crisis Care/2-1-1 Henry County Health Department | <i>Four County ADAMhs Board</i> Henry County Help Me Grow | Health Partners of Western Ohio Henry County Hospital Together We Can Make A Difference Initiatives | Henry County Department of Job & Family Services <i>Henry County Senior Center</i> <i>United Way of Henry County</i> | <i>OSU Extension- Henry County</i> |
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PRIORITY #3: Behavioral Health

Community Resources

Below is a list of community resources for behavioral health.

| Program/Strategy/Service | Responsible Agency | Population(s) Served |
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| 4 Your Mental Health | Defiance, Fulton, Henry and William County Health Departments Four County ADAMhs Board | Residents in Four County area |
| Four County Suicide Prevention Coalition | Four County ADAMhs Board/ Maumee Valley Guidance | Youth and adults residing in Defiance, Fulton, Henry, and Williams counties |
| Outpatient Counseling Services | Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind | Serves clients in Four County area |
| Community Psychiatric Supportive Treatment Services | Recovery Services of Northwest Ohio/Maumee Valley Guidance Center/ A Renewed Mind | Serves clients in Four County area |
| Psychiatric Services | Recovery Services of Northwest Ohio/Maumee Valley Guidance Center/ A Renewed Mind | Serves clients in Four County area |
| Intensive Home Based Treatment and Family Systems Therapy home-based model | A Renewed Mind | Children and their families |
| General Outpatient Mental Health | Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ Center for Child & Family Advocacy/ A Renewed Mind | Adults |
| Domestic violence and sexual assault | Center for Child & Family Advocacy | Adults |
| Counseling | School Guidance Counselors | Youth |
| Counseling | Churches | Youth and Adults |
| Caregiver Support | Hospice of Henry County/Area Office of Aging | Caregivers |
| LOSS Team | Four County Suicide Prevention Coalition | Suicide Survivors |

Behavioral Health Issues Action Plan

PROBLEM: TOO MANY HENRY COUNTY ADULTS AND CHILDREN ARE NOT RECEIVING APPROPRIATE BEHAVIORAL HEALTH SERVICES.

GOAL: To protect the health, safety, and quality of life of Henry County residents by ensuring access to behavioral health services.

OBJECTIVE:

- Increase the number of Henry County suicide survivors who get into treatment to 51% by 2019. 2019 = 64%

MEASURES:

- Monitor the number of days between suicide and contact by law enforcement.
- Monitor the number of days or weeks between the suicide and the survivors seeking treatment

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
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| <p><u>Healthy People 2020 Mental Health and Mental Health Disorders Objectives</u></p> <ul style="list-style-type: none"> • Reduce the suicide rate to 10.2 suicides per 100,000 population. <p><u>National Prevention Strategies</u></p> <ul style="list-style-type: none"> • Provide individuals and families with the support necessary to maintain positive mental well-being. | <p>Ohio Suicide Prevention Foundation Strategic Actions</p> <ul style="list-style-type: none"> • Strengthen Local Coalitions • Foster the Use of Public Health Approaches for Suicide Prevention | <p>A. Provide timely treatment to survivors of suicide – defined as loved ones who lose someone to suicide – through the Local Outreach to Suicide Survivors (LOSS) Team.</p> <p>B. Increase awareness of LOSS Team.</p> <p>C. Explore support programs for first responders.</p> | <p>A1. Reach out to survivors of suicide within one month of loss.</p> <p>A2. Continue to support survivors of suicide for at least 12 months following loss.</p> <p>B1. Promote LOSS Team to local law enforcement, schools, and community groups.</p> <p>B2. Ensure LOSS Team is contacted by law enforcement at the time of incident.</p> <p>C1. Evaluate the need for first responder support.</p> <p>C2. Research first responder support options.</p> | <p>A1. Four County ADAMhs Board</p> <p>A2. Four County ADAMhs Board</p> <p>B1. Henry County Health Dept (HCHD), Henry County Hospital (HCH), Four County ADAMhs Board, Lutheran Social Services</p> <p>B2. HCHD, Four County ADAMhs Board</p> <p>C1. HCHD, HCH, Four County ADAMhs Board, Lutheran Social Services</p> <p>C2. HCHD, HCH, Four County ADAMhs Board, Lutheran Social Services</p> | <p>A1. 64% were referred to LOSS Team. 100% of the 64% were contacted.</p> <p>A2. Of the 64% referred to LOSS Team, 100% gained support for at least 12 months following loss.</p> <p>B1. Promoted to HC Sheriff Dept, Napoleon Police Dept, and Deshler Police Dept.</p> <p>Four County Suicide Prevention Coalition (held in Henry County): HC organizations present include Napoleon, Liberty Center, Patrick Henry Schools; HC Health Department; OSU Extension Office</p> |

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| | | | | | <p>and Henry County Hospital. Henry County Senior Health Fair at the Senior Center. Mental Health First Aid Trainings in HC: local pastors; library staff; NAMI members; Area Office on Aging; Visiting Angels; Henry County Hospital; CLASS; Board of DD; JFS; employees at Campbell's and Tenneco.</p> <p>B2: LOSS Team contacted 64% of the time.</p> <p>C1. Four County ADAMhs Board works with local law enforcement to assess and provide training on an ongoing basis. CIT is offered annually.</p> <p>C2. Maumee Valley Guidance can provide Mental Health First Aid to law enforcement and first responders.</p> |
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PROBLEM: TOO MANY HENRY COUNTY ADULTS AND CHILDREN ARE NOT RECEIVING APPROPRIATE BEHAVIORAL HEALTH SERVICES.

GOAL: To protect the health, safety, and quality of life of Henry County residents by ensuring access to behavioral health services.

OBJECTIVE:

- Primary care providers in Henry County will perform a depression screening on 51% of their patients by 2019. 2019 = not measured

MEASURES:

- Monitor the number of primary care provided utilizing depression screening tools through survey each year.
- Monitor the number of follow up sessions with each provider at least yearly.
- Monitor the suicide rate for adults via Henry County Community Health Assessment every 3 years. (Healthy People 2020 Leading Health Indicator)

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|---|--|---|--|---|--|
| <p><u>Healthy People 2020 Mental Health and Mental Health Disorders Objectives</u></p> <ul style="list-style-type: none"> • Increase depression screening by primary care providers to 2.4%. • Increase the proportion of adults with mental health disorders who receive treatment. <p><u>National Prevention Strategies</u></p> <ul style="list-style-type: none"> • Promote early identification of mental health needs and access to quality services. | <p><u>Ohio Suicide Prevention Foundation Strategic Actions</u></p> <ul style="list-style-type: none"> • Enhance Professional Education and Development | <p>A. Ensure primary care providers are educated about the importance of depression screening tool.</p> | <p>A1. Educate primary care providers throughout Henry County on depression screening tools available, including billing information.</p> <p>A2. Follow up with providers on a regular basis to measure compliance at least yearly.</p> <p>A3. Present on depression screening tools to Ohio Hospital Association.</p> | <p>A1. Four County ADAMhs Board</p> <p>A2. Four County ADAMhs Board</p> <p>A3. Four County ADAMhs Board</p> | <p>A1. Education tool for providers was drafted by Four County ADAMhs Board. Due to competing demands and change in personnel the education is ongoing.</p> <p>A2. Not currently taking place.</p> <p>A3. Past CEO presented at OHA, presentations no longer being made.</p> |

PROBLEM: TOO MANY HENRY COUNTY ADULTS AND CHILDREN ARE NOT RECEIVING APPROPRIATE BEHAVIORAL HEALTH SERVICES. .

GOAL: To protect the health, safety, and quality of life of Henry County residents by ensuring access to behavioral health services.

OBJECTIVE:

- By 2018, decrease youth who “felt sad or hopeless” to less than 15%. **2016 = 18% 2019 = 21%**

MEASURES:

- Monitor the number of primary care provided utilizing depression screening tools through survey each year.
- Monitor the suicide rate for youth via Henry County Community Health Assessment every 3 years. (Healthy People 2020 Leading Health Indicator)

| National Strategies | State Strategies Action Steps | Henry County Improvement Strategies | Henry County Action Steps and Performance Measures | Local Partners | Results |
|--|--|---|--|---|--|
| <p><u>Healthy People 2020 Mental Health and Mental Health Disorders Objectives</u></p> <ul style="list-style-type: none"> • Reduce attempts by adolescents to 1.7 suicide attempts per 100 population. <p><u>National Prevention Strategies</u></p> <ul style="list-style-type: none"> • Facilitate social connectedness and community engagement across the lifespan. | <p><u>Ohio Suicide Prevention Foundation Strategic Actions</u></p> <ul style="list-style-type: none"> • “Push” Suicide Prevention Upstream Through the Life Cycle • Foster the Use of Public Health approaches for Suicide Prevention | <p>A. Better understand current mental health status of Henry County youth.</p> <p>B. Promote depression screening tool use with youth.</p> <p>C. Implement Signs of Suicide program.</p> | <p>A1. Evaluate behavioral health questions on the Community Health Assessment. Update questions as needed to ensure clear, appropriate data is gathered on youth.</p> <p>B1. Educate primary care providers throughout Henry County on depression screening tools for youth, including billing information.</p> <p>B2. Follow up with providers on a regular basis to measure compliance.</p> <p>B3. Explore additional opportunities for screening tool use: schools, community groups, etc.</p> <p>B4. Ensure schools have a policy to provide resources and support for students at risk of depression and/or suicide</p> <p>C1. Contact Henry County schools to discuss Signs of Suicide implementation.</p> <p>C2. Deliver Signs of Suicide program and evaluate feedback.</p> | <p>A1. Four County ADAMhs Board, Lutheran Social Services, HCHD, HCH</p> <p>B1. Four County ADAMhs Board</p> <p>B2. Four County ADAMhs Board</p> <p>B3. HCHD, HCH</p> <p>B4. Four County ADAMhs Board, Henry County Guidance Counselors</p> <p>C1. Maumee Valley Guidance, Henry County Schools</p> <p>C2. Maumee Valley Guidance, Henry County Schools</p> | <p>A1. Completed for both 2016 and 2019 Community Health Status Assessment.</p> <p>B1. Education tool for providers was drafted by Four County ADAMhs Board. Due to competing demands and change in personnel the education is ongoing.</p> <p>B2. Not currently taking place.</p> <p>B3. None at this time.</p> <p>B4. All middle and high school counselors encouraged to update polices</p> <p>C1. 100% of 4 school districts have been contacted to discuss SOS implementation.</p> <p>C2. 2015: No data available</p> |

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| | | | | | 2016-2019: Holgate Schools – 150 Patrick Henry Schools – 106 Liberty Center – 327 |
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Overall Implementation Process Results

Throughout the implementation process, there were several key areas of strength and opportunities for improvement that were identified.

Strengths

During the implementation process, continued partnerships between organizations was a clear strength. Each organization continued with the mission of the group to improve the health of residents. Partnerships between agencies were strengthened and new partnerships were formed throughout the process. Another clear strength was the focus on three priority areas and development of goals. This gave the Health Partners group and each workgroup a measure of success and a clear picture of what to strive for. New programs were implemented throughout Henry County due to the CHIP implementation process. Community Health Worker is one that is a strength for the community as more people are connected to resources. Additionally there are enhanced partnerships and educational opportunities within the schools as a result of the CHIP process.

Weaknesses

Changing resources, community assets, and personnel was an overall weakness during implementation. As with any implementation that occurs over a period of time, staffing changes and limited resources proved difficult to continue meeting the activities and overall goals of each workgroup. Additionally, competing priorities of agencies and external sources hindered the implementation process. Another weakness was the long-term engagement of partners. As the community health improvement is a lengthy process and implementation takes time, many partners waned in their level of engagement over the course of the implementation.

Opportunities for Improvement

Moving forward with the next Community Health Improvement Plan process, will consider the following opportunities for improvement based on the 2015-2019 cycle.

- Utilizing a website for continuous data exchange to enhance data collection process
- Shorten the CHIP cycle from five years to three to strengthen the forward momentum
- Continually work to expand Henry County Health Partners Membership to ensure interested parties are at the table
- Changing the structure of the meetings to include workgroup meeting time to ensure workgroups are meeting at regular intervals