

## Isolation and Quarantine

Isolation is used to separate people with confirmed or suspected COVID-19 from those without COVID-19. People who are in isolation should stay home until it's safe for them to be around others.

Quarantine is a strategy used to prevent transmission of COVID-19 by keeping people who have been in close contact with someone with COVID-19 apart from others.

For more information about isolation and quarantine guidelines visit: [www.cdc.gov/covid](http://www.cdc.gov/covid)

### If you test positive for COVID-19 (Isolate)



Day 0

Symptom onset, or date tested if no symptoms. Isolation begins.



Days 1-5

Continue to stay home.



Days 6-10

Wear a mask around others IF you have no symptoms or your symptoms are resolving.

**This applies to EVERYONE, regardless of vaccination status.**

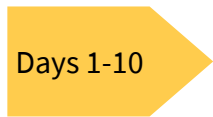
*If you have a fever, continue to stay home until your fever resolves.*

### If you were exposed to someone with COVID-19 (Quarantine)



Day 0

Last date of exposure to positive case.



Days 1-10

Wear a mask around others. Get tested on day 5 if possible.\*

\*Those with confirmed COVID in past 90 days do not need to test on day 5.

**This applies if you:**

- Up to date on COVID vaccines (received all primary doses and all boosters recommended when eligible\*)
- Had confirmed COVID infection within the past 90 days

\*Children 6 months-6 years of age may not yet be eligible for booster dose depending on which COVID vaccine was received



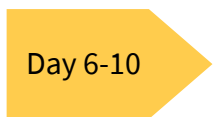
Day 0

Last date of exposure to positive case.



Days 1-5

Stay home. Get tested on day 5 if possible.



Day 6-10

Wear a mask around others.

**This applies if you:**

- Are unvaccinated
- Not up to date on COVID vaccines

*If you develop symptoms, get a test and stay home.*