# 2023-2025 HENRY COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN



# **Henry County Health Partners**

# Community Health Improvement Plan (CHIP)

# 2023-2025

Henry County Community Health Improvement Plan has 4 priority areas to improve health: 1) Access to care, 2) Housing, 3) Mental Health and 4) Substance Misuse. Each Priority has a coalition comprised of social service, health professionals, education, private industry, residents, and other community representation. Each group reviewed local, state, and national data to collectively determine an objective. Utilizing local data to determine levels of success, targets were set in 3, 6, and 9 year increments. Strategies to achieve success were chosen by reviewing community resources and looking at evidence-based program highlighted in Ohio Department of Health's State Health Improvement Plan. Each priority has its own plan outlined in the following pages.

# Four Priorities-One Goal

- Access to Care
- 2. Housing
- Mental Health
- 4. Substance Misuse



Improve Health in Henry County





# Access to Healthcare

## What shapes our health and well-being?

Health insurance improves access to care, limits out-of-pocket spending on healthcare services and makes healthcare costs more predictable. People with health insurance are less likely to delay or forgo needed care, seek care in emergency departments and experience financial hardship from medical debt. Expanding access to health insurance coverage reduces disparities in access to care, a critical factor for achieving health equity for all Henry County residents.

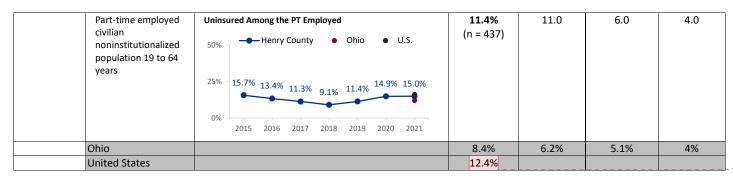


Objective: Increase the number of Henry County residents getting preventative care by providing equitable health care services people use and understand by 2028.

\*Designates Indicators linked to Ohio State Health Improvement Plan

Desired Outcome	Indicator (source)	Trend	Baseline1 (2018 & 2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of uninsured adults in Henry County to 4.0% by 2028.	Uninsured working aged adults. *Percent of adults, ages 19-64, who are uninsured (ACS 5-yr est.)	Uninsured Adults Under the Age of 64  50%	<b>6.0%</b> (n = 926)	5.5	5.5	4.0
	HC priority populations Unemployed (among those in the labor force) civilian noninstitutionalized population 19 to 64 years	Uninsured Among the Unemployed  Henry County Ohio U.S.  24.0% 19.1% 11.2% 8.9%  2015 2016 2017 2018 2019 2020 2021	<b>8.9%</b> (n = 33)	8.0	8.0	8.0

**Commented [KP1]:** Ohio (2021) = 26.2% U.S. (2021) = 20.7%



Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of uninsured children in Henry County to less than 1% by 2028.	Uninsured children.* Percent of children, ages 0-18, who are uninsured (ACS 5-yr est.)	Uninsured Children  —— Henry County • Ohio • U.S.  25%  4.0% 4.7% 2.2% 1.7% 1.9% 3.0% 3.6%  2015 2016 2017 2018 2019 2020 2021	<b>1.9</b> % (n = 127)	Monitoring	Monitoring	<1%
	Ohio		4.4%	2.9%	2%	<1%
	United States		5.1%			

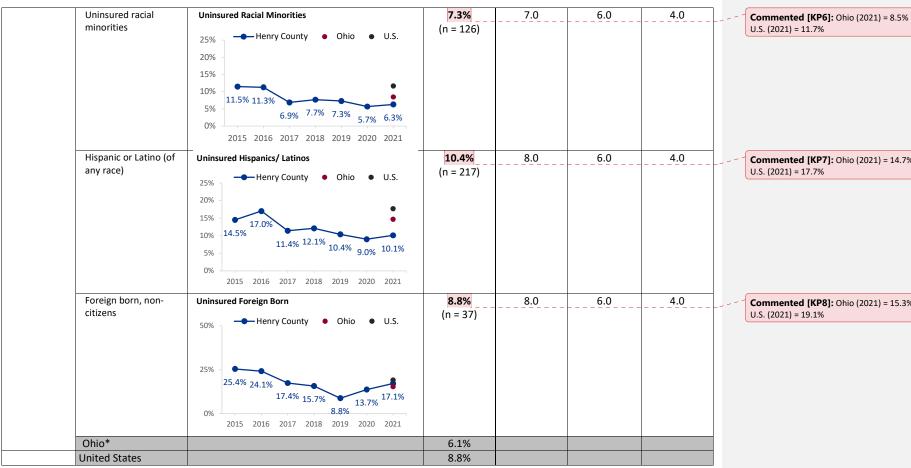
Commented [KP2]: Ohio (2021) = 12.1% U.S. (2021) = 16.2%

**Commented [KP3]:** Ohio (2021) = 4.6% U.S. (2021) = 5.3%

Desired Outcome Reduce the percentage of uninsured within priority populations in Henry County to 4.0% by 2028.	Indicator (source) Uninsured population. Percent of civilian noninstitutionalized population who are uninsured (ACS 5-yr est.)	Trend Uninsured Civilian Noninstitutionalize Population of All Ages  25% — Henry County — Ohio — U.S.  20% — 15% — 10% — 7.3% — 6.4% — 4.5% — 3.6% — 4.0% — 5.0% — 5.4% — 2015 — 2016 — 2017 — 2018 — 2019 — 2020 — 2021	Baseline (2019) 4.0% (n = 1,058)	Short-term Target (2022) 4.0	Intermediate Target (2025) 4.0	Long-term Target (2028) 4.0	_
2025.	HC priority populations Those aged 26 to 34 years (Data from 2015 and 2016 had an age range of 25 to 34 years)	Uninsured Among Those Aged 26-34  ——Henry County — Ohio — U.S.  20% 15% 10% 5% 0% 2015 2016 2017 2018 2019 2020 2021	10.9% (n = 314)	9%	6.0	4.0	
		Percentage Uninsured Among Those Aged 19 to 64 by Age Group  25% 20% 15% 10% 5% 0% 2015 2016 2017 2018 2019 2020 2021		,			4

Commented [KP4]: Ohio (2021) = 6.3% U.S. (2021) = 8.8%

Commented [KP5]: Ohio (2021) = 11.7% U.S. (2021) = 15.4%



Desired			Baseline	Short-term	Intermediate	Long-term
Outcome	Indicator (source)	Trend	(2019)	Target (2022)	Target (2025)	Target (2028)

**Commented [KP7]:** Ohio (2021) = 14.7%

**Commented [KP8]:** Ohio (2021) = 15.3% U.S. (2021) = 19.1%

visits to the ER	Emergency Room visits for non- emergent issues. (Henry County Hospital, 2019)	Still gathering trend data and corresponding state and nat'l level data.	Level 1 35 Level 2 481		
	Ohio				
	United States				
	Hospital Emergency				
	Room Visits per 1,000				
	Population (KFF State				
	Indicators)				
	Ohio	1000 ⊤	589 per 1,000		
	U.S.	800 +	437 per 1,000		
		538			
		400			
		200 415 437			
		108 126 121, 121, 121, 121, 121, 121, 121,			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Increase preventive care services by 2028.	Preventive care service utilization.					

Maintain flu vaccination rate of 78% through 2028.	Flu shot. Percentage of adults who received the flu vaccine among those aged 65+ (Henry County CHA, 2019)	Had a Flu Shot in the Past Year Among Those Aged 65+  100% 75% 75% 50% 25% 0% 2012 2014 2016 2018 2020 2022	78% (Aged 65+) 65% (Aged 18+)	78%	78%	78%
	Ohio	Had a Flu Shot in the Past Year Among	63% (2019)			
	U.S.	Those Aged 65+	64% (2019)			
		100% Ohio U.S.				
		75% - 63.0% 59.0% 64.0% 69.0%				
		50% 63.0% 57.0% 63.0% 66.0%				
		25% -				
		2012 2014 2016 2018 2020 2022				
Increase	Mammogram.	Women Aged 40+ Who Report a	70%	Monitor	75%	80%
mammogram	Percentage of	Mammogram Within the Past 2 Years				
to 80% by	women over the age	100% 7 80% 80% 82%				
2028.	of 40 who reported a	75% -				
	mammogram in the past 2 years (Henry	50% -				
	County CHA, 2019)	25% -				
		0%				
		2012 2014 2016 2018 2020 2022				
	Ohio (BRFSS)		74%			
			(2016-2018)			
	U.S. (BRFSS)		72%			
			(2016-2018)			

Commented [KP9]: Ohio (2020) = 78%

Commented [KP10]: U.S. (2020) = 78%

Increase the percentage of women who have had a pap smear in past year to 80% in 2028.	Pap smear. Percentage of women ages 21 – 65 who had a Pap smear in the past three years (Henry County CHA, 2019)	Women Aged 18/21-64 Who Report Having a Pap Smear within the Past 3 Years  100% 75% 67% 65% 81% 2012 2014 2016 2018 2020 2022 2024	65%	Monitor	75%	80%
	Ohio (BRFSS)	Women aged 21-65 who have had a pap test in the past three years  Ohio U.S.  100% 82% 79% 77%  75% 80% 80% 78%  2015 2016 2017 2018 2019 2020 2021 2022	79% (2018)			
	U.S. (BRFSS)		80% (2018)			
Maintain 73% of adults visiting the dentist or dental clinic in past year.	Dental. Percentage of Henry County adults who had visited a dentist or dental clinic in the past year (Henry County CHA, 2019)	Adults Who Visited a Dentist or Dental Clinic in the Past Year, Henry County  100% 75% 50% 25% 0% 2009 2011 2013 2015 2017 2019 2021 2023	73%	73%	73%	73%
	Ohio (BRFSS)		67% (2018)			

	U.S. (BRFSS)	Adults Who Visited a Dentist or Dental  Clinic in the Past Year  Ohio	68% (2018)			
Increase the percentage of adults who had routine checkup in past year to 80% by 2028	Checkup. Percentage of Henry County adults who visited a doctor for a routine checkup in the past year (Henry County CHA, 2019)	Percentage Who Have Visited a Doctor for a Routine Checkup in the Past Year  100% 75% 50% 25% 0% 2012 2014 2016 2018 2020 2022	72%	75%	77%	80%
	Ohio (BRFSS)	% Who Have Visited a Doctor for a Routine Checkup in the Past Year	78% (2019)			
	U.S. (BRFSS)	71% 75% 78% 77%  75%	78% (2019)			
Maintain 76 % of adults ages 50 and over who had a colonoscopy in last 10 years.	Colonoscopy. Percentage of adults ages 50 and over had a colonoscopy in the past ten years (Henry County CHA, 2019)	Percentage Aged 50+ Had a Colonoscopy in the Past 10 Years  No 24%  Yes 76%	76%	76%	76%	76%
	Ohio (BRFSS)		63%			

Commented [KP11]: Henry County (2022) = 63% aged 50+ had in the past 5 years; 87% had ever had one

		Percentage Aged 50-75 Had a	(2018)			
	U.S. (BRFSS)	Colonoscopy in the Past 10 Years	64%			
	, ,	100% U.S.* — Ohio	(2018)			
		75%				
		50% - 64% 63%				
		25% —				
		0%				
		2016 2018				
	Adult vision	Vision	80%	80%	80%	80%
	screening in the past	100% ¬				
	two years (Henry County CHA, 2019)	84%				
	County Cha, 2019)	75% - 80%				
		50% -				
		25% -				
		2018 2019 2020 2021 2022 2023				
	Addition designed		240/		22.5%	240/
Increase Adults	Adult hearing tested in the past two years	Hearing	31%	Monitor	32.5%	34%
getting	(Henry County CHA,	100% ¬				
hearing test	2019)	75% -				
in past 2	,	/370 -				
years by 10%		50% -				
in 2028.		25% - 31% 32%				
		0%				
		2018 2019 2020 2021 2022 2023				
Increase	Adult skin test in the		24%	Monitor	25%	26.4%
Adults	past two years	Skin	2470	Wiemicer	2370	20.170
getting skin	(Henry County CHA,	100%				
test in past 2	2019)	75% -				
years in						
2028.		50% -				
		25% - 24% 20%				
		0%				
		2018 2019 2020 2021 2022 2023				

2019-2020 Henry County Community Health Improvement Plan

Increase adults	Adult bone density in the past two years	Bone Density	12%	Monitor	12.7%	13.2%
getting bone density test by 10%.	(Henry County CHA, 2019)	100% 75% - 50% - 25% - 12%				
		2018 2019 2020 2021 2022 2023				

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Increase childhood vaccination rates for Henry County to 95% and get data from	Kindergarteners Single Antigen Up-To- Date Rates, 2019- 2020 School Year (ODH, School Immunization Level Assessment) Note: *Does not include	Kindergarteners Single Antigen Up-To-Date Rates, Henry County* Ohio  Varicella Hep B MMR Polio Dtap 92%	(201 <del>3</del> ) ←	95%	95%	95%
NAS.	Napoleon Public Schools)	0% 25% 50% 75% 100%	Dt 020/			
	Ohio (ODH, School Immunization Level	Kindergarteners Single Antigen Up-To- Date Rates, Ohio	Dtap 92% (2019-2020)			
	Assessment)	100% 75%	Polio 93% (2019-2020)			
		50% — Dtap — Polio 25% — MMR	MMR 93% (2019-2020)			
		0% Hep B  Party 2015 2017 2018 2019 2019 → Varicella	Hep B 95% (2019-2020)			
		School Year	Varicella 92% (2019-2020)			

	United States (Seither, et al., 2021)	Kindergarteners Single Antigen Up-To-Date Rates, U.S.  Varicella Hep B MMR Polio Dtap 95% 0% 25% 50% 75% 100%	<b>←</b>			
Completion of Adult vaccine objectives: Maintain: Tdap-75% Pneu-80% Increase: Shingles-30%	Completion of Adult Vaccine-TDAP, Pneumonia, Shingles	Tdap Boster in the Past 10 Years  100% 75% 75% 2018 2019 2020 2021 2022 2023	Tdap in the past 10 years-75% (2019)	Tdap- maintain	Tdap- maintain	Tdap- maintain
		Pneumonia Vaccine in Lifetime	Pneumonia vaccine aged 65+-80% (2019)	Pneu- maintain	Pneu- maintain	Pneu- maintain

	Shingles Vaccine in Lifetime  100% 75% 50% 25% 2018 2019 2020 2021 2022 2023	Shingles vaccine-20% (2019)	Shingles-30%	Shingles-30%	Shingles-30%
Ohio (BRFSS)	N.A.	Tetanus Shot since 2005- 70.4% (2019) Pneumonia vaccine aged 65+-74.7% (2019) Shingles vaccine-28.9% (2017)			
United States (BRFSS)		Tetanus Shot since 2005- 72.7% (2019) Pneumonia vaccine aged 65+-73.3% (2019) Shingles vaccine-28.9% (2017)			

Desired			Baseline	Short-term	Intermediate	Long-term
Outcome	Indicator (source)	Trend	(2019)	Target (2022)	Target (2025)	Target (2028)

Increase completion of COVID Vaccine to 70%.	Completed COVID-19 vaccine (ODH COVID- 19 Vaccine Dashboard, 2/16/2023)	Percentage Who Received at Least One Valid Dose of COVID-19 Vaccine  80+ 75-79 87% 98% 65-69 60-64 82% 50-59 40-49 30-39 20-29 0-19 24%	<b>39</b> % (6/28/2021)	70%	70%	70%
	Ohio (ODH COVID-19 Vaccine Dashboard) United States (CDC)	0% 25% 50% 75% 100%  N.A.  N.A.	44% (6/28/2021) 46% (6/28/2021)			

**Commented [KP12]:** According to the dashboard (and some math), 68% of Henry County residents aged 20 and older had at least one COVID-19 vaccine.

Among our CHSA adult respondents, 82% reported receiving at least one COVID-19 vaccine.

## **Health Partners**

This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

Kristi Barnd	Henry County Hospital
Sheana Behringer	NOCAC
Phil Brock	NOCAC

Pamela Bunch	Paramount Advantage
Kristen Campos	HC Job and Family Services
Susan Davis	HCHD
Lee Ann Druhot	Henry County Hospital
Joy Ermie	Commissioner Henry County Health Department
Tracy Gerken	Henry County Hospital – Social Worker
Jennifer Hernandez	HCHD
Jan Hoffer	Henry County Hospital - Discharge Nurse
Jill Keller	HCHD
Tiffany Kennerk	Henry County Hospital
Sharon Meece	HCHD
Bev Palmer	A Renewed Mind – Program Manager
Krista Payne	HCHD
Cathy Price	Filling Home
Angel Robinson	Henry County Hospital
Jessica Schultz	Mercy Health
Allyson Smith	HCHD
Victoria Taylor	Community Health Services
Linda Thiel	Community Health Services Federally Qualified Health Center



# **Community Resources**

Below is a list of existing community resources for addressing access to care. The working group will continue to research and add new resources to this list during the implementation process.

Program/ Strategy/ Service	Responsible Agency	Population(s) Served
Transportation Network	Henry County Transportation Network	All
Hospital	Henry County Hospital	All
Medical care	Napoleon Clinic Henry County Family Medicine Henry County Family Medical Care Promedica Physicians	All
FQHC	Community Health Services	All-sliding fee scale
Henry County Cares	Henry County Health Department	Medicaid
Immunizations	Henry County Health Department	All
Children with Medical Handicaps	Henry County Health Department	Families with Children who have medical handicaps
Help Me Grow	Henry County Health Department	WIC families, prenatal to 3 years of age



Ohio State Health Improvement Plan (SHIP) Strategies
The following is an outline of the strategies from the Ohio State Health Improvement Plan related to this priority area.

HEALTH INSURANCE COVERGE	
ODH Recommended Strategies	Includes
Insurance enrollment assistance for adults and	Utilize existing resources such as Community Health Workers (CHWs) to raise awareness of
children	health insurance enrollment assistance

OHD Featured Strategies	Includes
Culturally competent workforce in underserved	Community health workers
communities	
Additional strategies	
Healthcare workforce professional development	Health career recruitment for minority students and other underrepresented or
	disadvantaged students (for example, Career Academies)
Other access supports	Health literacy interventions
Culturally competent workforce in underserved	Certified community health workers
communities	Support and expand the role of peer support specialists



# **Strategies**

Items in blue text designate strategies and/or action steps that address health inequities.

<sup>\*</sup>Designates strategies linked to Ohio State Health Improvement Plan

Community Health Priority: Access to Healthcare					
Objective: Increase the number of Henry County residents getting preventative care by providing equitable health care services people use and understand by 2028.					
Measure(s): Uninsured Population, Non-emergent ED Visits, Preventive Care Utilization					
Henry County Improvement Strategies					
(What We Want to Do)	(How We're Going to Do It)	(Who Needs to Work Together on This)	date		

				(when will work be accomplished
a.	Increase culturally competent healthcare workforce across the county including in underserved communities*	1. Identify Community Health Workers (CHW)/patient navigators/ patient advocates in Henry County 2. Create a robust CHW network for information sharing, networking, and support with the ultimate goal of improving healthcare services in HC. 3. Develop culturally/linguistically effective tools and processes to assist HC resident to access healthcare. 4. Determine the social determinants and subsequent barriers to accessing care. 5. Create policies within the local health care system to utilize CHW services to increase health equity.	Susan Davis, HCHD Christine McVay, A Renewed Mind Bev Palmer, A Renewed Mind Jen Leonard, CHS Victoria Taylor, NP CHS Kristen Campos, JFS Jan Huffer, Discharge Nurse HCH Tracy Gerken, Social Worker, HCH	12.31.25
b.	Develop healthcare workforce *	1.Identify ways to recruit minority students and other underrepresented or disadvantaged populations to the local healthcare workforce.  2. Develop educational/career awareness for entry into health care fields for local students.	Joy Ermie, HC HCHD Allyson Smith, DON HCHD Kristi Barnd, CEO HCH Linda Thiel, CHS Cathy Price, Filling Home	12.31.2025
c.	Mental Health Urgent Care	Establish a clinic to provide mental health care on an as needed or "urgent" basis	Alex Garcia, Guidestone	12.31.2025

			12.31.2025
d. Increase Healthcare access through a mobile unit for use by health department and partners in meet individuals where they are.	<ol> <li>Purchase a Mobile unit</li> <li>Utilize a Mobile unit</li> </ol>	Joy Ermie, MPH, HC Henry County Health Department	





# Housing

What shapes our health and wellbeing?

Lack of well-maintained and affordable housing contributes to a range of physical and mental health problems, including toxic and persistent stress and exposure to harmful contaminants such as lead and mold. High housing costs make it more difficult for families with low incomes to pay for other necessities, such as food and medical care, which also has a direct and negative impact on health.



Objective: Increasing the availability of temporary housing solutions and develop quality affordable housing by 2028.

\*Designates Indicators linked to Ohio State Health Improvement Plan

Desired Outcome	Indicator (source)	Trend	Baseline1 (2021)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
	Child poverty. Percent of children (< age 18) below the poverty level (ACS 5- yr est.)	Child Poverty  100% 75% 50% 25% 17% 18% 17% 17% 15% 12% 16% 14% 13% 17% 0% 2012 2013 2014 2015 2016 2012 2018 2019 2010	17.3% (n = 1,109)			
	Ohio		18.6%			
	United States		17.0%			

Adult poverty. Percentage of adults aged 18 and older below the poverty level (ACS 5-yr est.)	Adult Poverty	8.3% Aged 18-64 (n = 1,324)		
Ohio aged 18-64		12.7%		
United States aged		11.8%		
18-64				
HC priority population	s – ALL AGES (9.7%)			
Some other race		19.5%		
alone		(n = 173)		
Two or more races		20.9%		
		(n = 190)		
Hispanic or Latino of		17.9%		
any race		(n = 386)		
HC priority population	s – Aged 25+ (7.1%)			
< H. S. graduate		15.4%		
		(n = 179)		

Desired Outcome	Indicator (source)	Trend	Baseline (2021)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Outcome	Family poverty. Poverty status in the past 12 months of families (ACS 5-yr est.)	Family Poverty  20%  10%  8%  7%  0%  2010	7.1% (n = 520)	rarget (2022)	Target (2023)	Target (2026)

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
	ALICE households. The share of households that are asset limited, income constrained, yet employed plus the share of household below the poverty level (Unitedforalice.org)	Economic Well-being Thresholds for Households Poverty ALICE Above ALICE  100%  75%  63%  66%  67%  71%  72%  69%  50%  22%  22%  20%  19%  21%  9%  9%  10%  2010  2012  2014  2016  2018  Most Recent	31%			
	Ohio		39%			
	United States		42%			

Desired Outcome	Indicator (source)	Trend	Baseline (2021)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
	Unemployment Rate. Percent not employed among the population aged 16 and over in the labor force (ACS 5-yr est.)	Unemployment Rate  10% 8% 6.7% 6.7% 4.5% 4.5% 4.2% 3.1% 2014 2015 2016 2017 2018 2019 2020 2021	4.8%			
	Ohio		5.3%			
	United States		5.5%			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
	Median household income. (ACS 5-yr	Median Household Income	\$64,513			
	est.)	── Median Household Income ── Inlfation Adj. 12/2022				
		\$80,000 \$65,327 \$70,473				
		\$60,000 \$64,513 \$40,000 \$52,526				
		\$20,000 -				
		\$0				
	Ohio		\$61,938			
	United States		\$69,021			



# **Health Partners**

This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

elly Aldrich, Hope Services
ennifer Arps, Henry County Community Improvement Corp
risti Barnd, Henry County Hospital
aren Bauer, New Home Development
elli Burkhardt, Together We Can Make a Difference
racy Busch, HC Emergency Management Agency
usan Cheeseman NOCAC
usan Davis, HCHD Henry County Cares
eather Dunzweiler, YWCA CCR&R
by Ermie, Henry County Health Department

Denise Etzler, Together We Make A Difference
Angie Franklin, NOCAC
Bob Hastedt, Henry County Commissioner
Jamie Huber, NOCAC
Wendy Jenkins, NAMI
Shannon Jones, Job and Family Services
Jill Keller, Henry County Health Department
Sharon Meece, Henry County Health Department
Joel Miller, Henry County Chamber of Commerce
Krista Payne, Henry County Health Department
Kelsey Peterson, NOCAC
Cecily Rohrs, Non-profit housing Fulton County
Pastor Janine Shearer, Emmanuel Lutheran Church
Levi Stuckey, Crossroads church
Cathy Zwyer, Henry County Health Department

ODH Recommended Strategies	Includes
Rental Assistance	<ul> <li>Expand affordable housing programs for the lowest-income renters, including the Housing Choice Voucher Program (Section 8)</li> <li>Collaborate with state and local U.S. Department of Housing and Urban Development agencies to access local data and coordinate efforts to direct assistance to renters with lowest incomes</li> <li>Advocate for increased federal funding of rental assistance programs</li> <li>Increase state investment in rental and housing assistance and housing solutions for Ohioans with low incomes</li> </ul>
Affordable housing development and	Maintain and increase incentives for affordable housing developers that partner with
preservation	healthcare and social services agencies to leverage federal funding.

	<ul> <li>Advocate for increased funding for housing trust funds*** = to provide gap financing for affordable housing development.</li> <li>Advocate for local inclusionary zoning and housing policies to expand the areas where affordable housing can be built.</li> <li>Preserve and develop affordable housing in neighborhoods with increasing land values through community land trusts.</li> </ul>
Neighborhood improvements	Develop and/or expand land banking.
	Prioritize Community Development Block Grant (CDBG) = funding for neighborhood
	improvements and affordable housing development and preservation.



# **Community Resources**

Below is a list of existing community resources for addressing substance misuse. The working group will continue to research and add new resources to this list during the implementation process.

Program/ Strategy/ Service	Responsible Agency	Population(s) Served
Non-profit	Together We Can Make a Difference	Those in poverty with toiletry, food, and other needs
Non-profit	Henry County United Way	Those in poverty with temporary financial needs
Non-profit	St Vincent De Paul	Those in poverty with temporary needs and food
Non-profit	Northwest Ohio Community Action Coalition	Homeless, transitional housing, food and other needs
Government Agency	Henry County Job and Family Services	Residents in need of services related to employment, housing,
		childcare etc.
Nonprofit	Pillars	Transitional housing



# **Strategies**

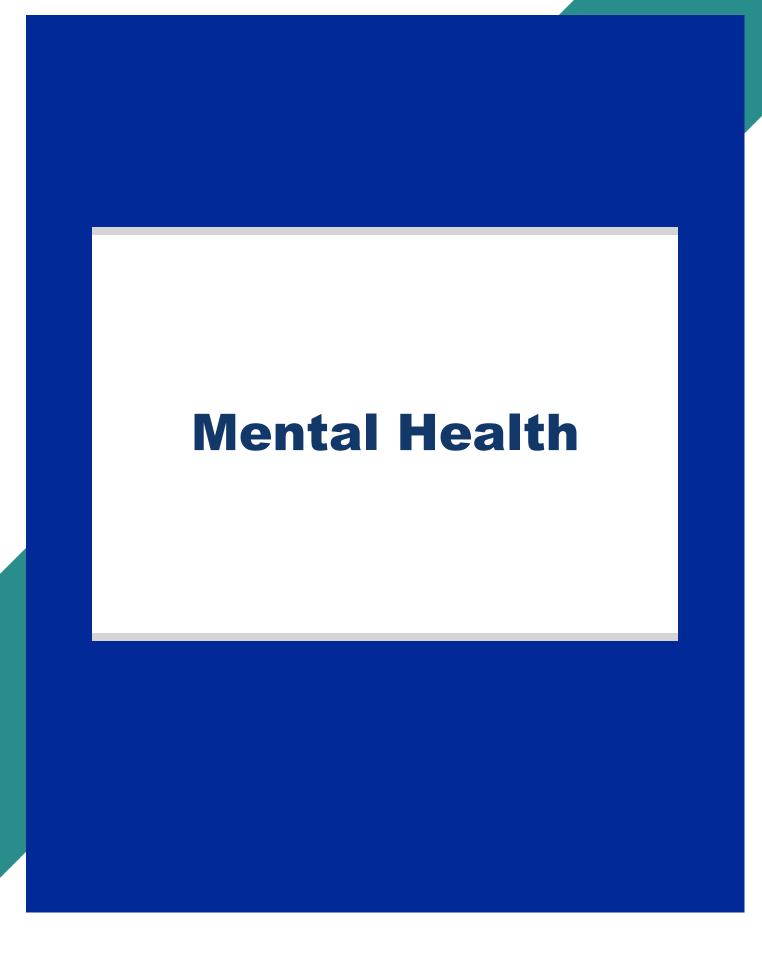
The following is an outline of the strategies we will implement. If well-implemented and targeted to meet the needs of priority populations, the following evidence-informed strategies are likely to achieve the CHIP objectives for increasing economic stability in Henry County. Those in blue represent the strategies discussed in HC working group meetings.

# Community Health Priority: Housing

Objective: Increasing the availability of temporary housing solutions and develop quality affordable housing by 2028.

Measure(s): Poverty rates, income, Alie	Thresholds housing burden, unhoused popul	ation, Number of available resources

Henry County Improvement Strategies	Henry County Action Steps and Performance	Local Partners
(What We Want to Do)	Measures	(Who Needs to Work Together on This)
	(How We are Going to Do It)	
A. Increase availability of temporary	a. Get data regarding homelessness in	NOCAC
housing for Henry County Residents	Henry County	Susan Davis, Henry County Cares
B. Increase quality of affordable housing	b. Move the development of quality	Joy Ermie
in Henry County	affordable housing to a reality in Henry County through communication with elected officials, developers, and others.	Sharon Meece





# Mental Health

How will we know mental health and well-being is improving in Henry County?

Unmet need for mental health care (under Access to Care in the SHIP)

There will be fewer days of sadness and hopelessness reported among youth and adults.

There will be fewer contemplations of suicide among youth and adults and there will be fewer suicides among youth and adults.



# **Objectives**

- 1. Reduce Henry County youth and adults with depression by 2028.
- 2. Reduce Henry County youth and adults contemplating, attempting, and completing suicide by 2028.

\*Designates Indicators linked to Ohio State Health Improvement Plan

UNMET NEED	FOR MENTAL HEALTH CARE					
Desired Outcome	Indicator (source)	Trend	Baseline	2022	Intermediate Target (2023-25)	Long-term Target (2026-28)
	Youth depression	ADAMhs Board is providing data	N.A.			
	treatment unmet need.					
	Ohio (Percent of youth,		52% (2014-16)	49.0%	47.7%	46.4%
	ages 12-17, with major					
	depressive episode who					
	did not receive any mental					
	health treatment within					
	the past year (MHA					
	analysis of NSDUH))					
	Ohio (Percent of youth,		61% (2018-19)			
	grades 7-12, depressed as					
	measured by the PHQ					
	who did not receive any					
	mental health treatment					
	within the past year					
	(OHYES))					
	United States		N.A.			

Desired Outcome	Indicator (source)	Trend	Baseline	2022	Intermediate Target (2023-25)	Long-term Target (2026-28)
Increase the access to mental health services	Adult mental health care unmet need. Percent of adults, ages 18 and older, with mental illness in past year who reported perceived need for treatment/counseling that was not received (MHA analysis of NSDUH)	ADAMhs Board is providing data	N.A.			
	Ohio - Adult Unmet Need		8% (2018-19)			
	Ohio - Mild M.I.		68% (2018-19)			
	Ohio - Moderate M.I.		53% (2018-19)			
	Ohio - Serious M.I.		35% (2018-19)			
	U.S Adult Unmet Need		6% (2018-19)			
	U.S Mild M.I.		63% (2018-19)			
	U.S Moderate M.I.		51% (2018-19)			
	U.S Serious M.I.		31% (2018-19)			

Note: M.I. stands for mental illness. These are updated numbers from <a href="https://www.kff.org/statedata/">https://www.kff.org/statedata/</a> analysis of NSDUH data.

Reduce the percentage of girls (almost reporting they felt sad or hopeless for 2 or doing states or hopeless for 2 or contact the contact	ator (source) th depression.										
Reduce the percentage of girls (almost reporting they felt sad or hopeless for 2 or doing states or hopeless for 2 or contact the contact	•							Baseline		Intermediate	Long-term
percentage of girls (almost reporting they felt sad or hopeless for 2 or doing states of the sad or hopeless that the sad or hopeless for 2 or doing states or hopeless for 2 or hopeless or hopeless for 2 or doing states or hopeless for 2 or hopel	th donroccion			Tr	end			(2019)	2022	Target (2025)	Target (2028)
of girls (almost reporting they felt sad or hopeless for 2 or doing states of the same content of the same	sad or hopeless	Youth D	epressio	n				21%	33%	Monitor	Monitor
	ost every for 2 or more ks in a row so they stopped g some usual	100% 75% 50%	21%	21%	18%	21%	33%				
from 26% to 21% by County	vities in the past nonths) (Henry nty Youth CHA)	25% 0% Populatio	2010	2013	2016	2019	2022				

	Girls		26%	42%		
	Ohio (7 <sup>th</sup> -12 <sup>th</sup> )		24% (2018/19)			
	U.S. (9 <sup>th</sup> – 12 <sup>th</sup> )		37% (2019)			
Desired			Baseline		Intermediate	Long-term
Outcome	Indicator (source)	Trend	(2019)	2022	Target (2025)	Target (2028)
Reduce the percentage of adults suffering from depression by 10% in 2028.	Adults depression. The percentage who reported their mental health was not good on four or more days in the previous month (Henry County Adult CHA)	Adult Depression  100% 75% 50% 25% 0% 2010 2013 2016 2019 2022	19%	47%	18%	17.1%
	<b>Henry County Priority</b>	Populations				
	Women		25%	73%		
	Ohio		25% (2018)			
	United States		24% (2018)			

SUICIDE						
Desired			Baseline		Intermediate	Long-term
Outcome	Indicator (source)	Trend	(2019)	2022	Target (2025)	Target (2028)
Reduce youth reporting seriously considered attempting suicide by 10% in 2028.	Youth suicide contemplation. Seriously considered attempting suicide (in the past 12 months) (Henry County Youth CHA, 7 <sup>th</sup> -12 <sup>th</sup> )	Youth Considered Suicide  100% 75% 50% 25% 11% 13% 7% 10% 17% 0% 2010 2013 2016 2019 2022	10%	17%	9.5%	9%
	Ohio (7 <sup>th</sup> -12 <sup>th</sup> )		13% (2018/19)			
	U.S. (9 <sup>th</sup> -12 <sup>th</sup> )		19% (2019)			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	2022	Intermediate Target (2025)	Long-term Target (2028)
	Adult suicide contemplation. Seriously considered attempting suicide (in the past 12 months) (Henry County Adult CHA)	Adults Considered Suicide  100% 75% 50% 25% 1% 3% 2% 2% 5% 0% 2010 2013 2016 2019 2022	2%	5%	Monitor	Monitor
	Ohio		6% (2017-19)			
	United States		5% (2019)			
Desired Outcome	Indicator (source)	Trend	Baseline (2019)	2022	Intermediate Target (2025)	Long-term Target (2028)
Reduce Youth attempted suicide by 20% in 2028	Youth attempted suicide. Percentage of youth who self-report they had attempted suicide in the past year (Henry County Youth CHA, 7 <sup>th</sup> -12 <sup>th</sup> )	Youth Attempted Suicide  100% 75% 50% 25% 5% 7% 4% 6% 9% 2010 2013 2016 2019 2022	6%	9%	5.5%	4.8%
	Ohio (7 <sup>th</sup> - 12 <sup>th</sup> )		7% (2018/19)			
	U.S. (9 <sup>th</sup> - 12 <sup>th</sup> )		9% (2019)			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of Adults who report attempting suicide by 25% by 2028.	Adults attempted suicide. Percentage of adults who self-report they had attempted suicide in the past year (Henry County Adult CHA)	Adults Attempted Suicide  100% 75% 50% 25% N/A 1% N/A 4% N/A 0% 2010 2013 2016 2019 2022	4%	N/A	2%	1%
	Ohio		N.A.			
	United States		0.6% (2019)			
Desired Outcome	Indicator (source)	Trend	Baseline (2019)	2022	Intermediate Target (2025)	Long-term Target (2028)
Reduce the number of suicide deaths from 4 to 2 by 2028.	Suicide deaths. Trend in the Number of Suicides Among Henry County Residents, 2007-2018. (HCHD analyses of Henry County Resident Mortality Files, 2007-2018)	Number of Suicides  6 4 3 5 10 2010 2013 2013 2014 2015 2015 2016 2017 2018 2018 2018 2018 2019 2020	4		3	2
		Age-adjusted 5-year suicide rates  15 10 9.7 5 2008-2012 2013-2017 2018-2022*				





This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

Emily Cordes	OSU Extension
Tiffany Day	HCHD
Joy Ermie	HCHD
Katie Frey	Resident
Ben Hartford	Napoleon Church of the Nazarene
Jill Keller	HCHD
Raegan Keller	Social Worker
Juli Lejman-Guy	St, Peters Lutheran Church Holgate
Tante Lovins	HCHD
Roberta Mack	CCFA
Christine McVay	A Renewed Mind
Kaitlyn Meece	Community Member
Sharon Meece	HCHD
Christie Metzner	Napoleon Area Schools Counselor
Dawn Miller	Maumee Valley Guidance Center
Ginny Minnick	St. Augustine School
Bev Palmer	A Renewed Mind
Krista Payne	HCHD
Lori Robison	A Renewed Mind Services
Bethany Shirkey	Four County Adams Board
Allyson Smith	HCHD
Karen VonDeylen	Maumee Valley Guidance
Kailie Williams	HCHD



#### **Community Resources**

Below is a list of existing community resources for addressing mental health (specifically depression and suicide prevention). The working group will continue to research and add new resources to this list during the implementation process.

\*Designates strategies linked to Ohio State Health Improvement Plan

Program/ Strategy/ Service	Responsible Agency	Population(s) Served	
4 Your Mental Health	Defiance, Fulton, Henry, and Williams County Health Departments Four County ADAMhs Board	Residents in Four-County area	
Four County Suicide Prevention Coalition	Four County ADAMhs Board/ Maumee Valley Guidance	Youth and adults residing in Four-County area	
Outpatient Counseling Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area	
Outpatient Counseling Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area	
Community Psychiatric Supportive Treatment Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area	
Psychiatric Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area	
Intensive Home-Based Treatment and Family Systems Therapy home-based model*	A Renewed Mind	Children and their families	
General Outpatient Mental Health	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ Center for Child & Family Advocacy/ A Renewed Mind	Adults	
Domestic Violence and Sexual Assault	Center for Child & Family Advocacy	Adults	
Counseling	Churches	Youth and adults	
Caregiver Support	Hospice of Henry County/ Areas Office of Again	Caregivers	
LOSS Team	Four County Suicide Prevention Coalition	Suicide survivors	
Rox*	Patrick Henry/ Holgate	Youth girls	

Depression Screening for children*	Maumee Valley Guidance		
Signs of Suicide (SOS)*	Maumee Valley Guidance-BJ Horner	staff	
Mental Health First Aid*	Maumee Valley Guidance-BJ Horner		
Parent/ Teen Café*	Family Court		
1-800-GET-HELP and text "4HOPE"*			
Culture Project *	Toledo Catholic Diocese	St. Augustine school children	
Ohio Youth Council*	Ridge Project		
Support Groups	NAMI		
Empowering families*	Renewed Mind Grant	Open to LC and NAS students and	
		Medicaid families	
Incredible Years-Dinosaur School -social and	Maumee Valley Guidance	K-1 <sup>st</sup> grade	
emotional learning *			
Project Respect*	Ridge Project	6 <sup>th</sup> grade NAS and LC	
PAX trauma info-classroom mgt*	NAS	Teachers	
Pax Heroes*	NAS Laura Kamp	Teachers	
2 <sup>nd</sup> Step SEL based *	NAS	School counselors	
Crisis Intervention	Renewed Mind Crisis Line	All residents	
Client Navigator	Renewed Mind	ALL residents-help finding right program.	
Veteran Suicide	Maumee Valley Guidance	Veterans	

UNMET NEED for MENTAL HEALTH CARE	
ODH Featured Strategies	Includes
Telehealth for mental health	Tele-mental health services

Additional strategies	Includes
Digital access to treatment services and crisis	mHealth App for mental health
response	Crisis lines (for example, text "4hope")

DEPRESSION		
ODH Featured Strategies	Includes	
School-based School-based		
Social and emotional instruction	School-based social and emotional instruction, including comprehensive implementation of Ohio's Social and Emotional Learning Standards	
	For specific guidance on programs see:	
	Ohio Department of Education's Evidence-Based Clearinghouse	
	<ul> <li>Collaborative for Academic, Social, and Emotional Learning (CASELO Guide to effective social and emotional learning programs</li> </ul>	
Healthcare system		
Digital access to treatment services and crisis	Crisis lines (for example, text "4hope")	
response	Health services delivered through telephone or digital conference	
Community-based		
Physical activity programs	Activity programs for older adults	
	Community-based social support for physical activity	
Parenting programs	Group-based parenting programs	
	<ul> <li>For some specific guidance on programs: The California Evidence-Based Clearinghouse for Child Welfare</li> </ul>	

Additional strategies	Includes
Community based	
Mental health education	<ul> <li>Mental health first aid courses for community members, school staff, first responders and others</li> <li>Motivational interviewing training for those who may be trusted resources for people with mental health challenges, such as clinicians, providers, case managers, and community workers</li> </ul>
Depression programs for older adults	<ul><li>Programs to Encourage Active, Rewarding Lives (PEARLS)</li><li>Healthy IDEAS</li></ul>
Green spaces and parks	Increase, renovate or expand green spaces and parks

SUICIDE		
ODH Featured Strategies	Includes	
Suicide awareness, prevention, and peer norm programs	<ul> <li>Universal school-based suicide awareness and education programs (included in Preventing Suicide: A technical package of policy, programs, and practices)</li> <li>Youth peer mentoring (for example Sources of Strength, included in Preventing Suicide: A technical package of policy, programs, and practices)</li> <li>For more specific guidance on programs see:</li> </ul>	
	SAMHSA's Preventing Suicide: A Toolkit for High Schools	
Limits on access to lethal means	Child firearm access prevention	

Additional strategies	Includes			
Healthcare system				
Coordinated care for behavioral health Integration of behavioral health services into primary care				
Digital access to treatment services and crisis supports	<ul> <li>Crisis lines (for example, the National Suicide Prevention Hotline Lifeline at 10800-273-TALK (8255) or text "4hope")</li> <li>Tele mental health services</li> </ul>			
Community based				
Mental health education	<ul> <li>Mental health first aid courses for community members, school staff, first responders and others</li> <li>Motivational interviewing training for those who may be trusted resources for people with mental health challenges, such as clinicians, providers, case managers, and community workers</li> </ul>			
Surveillance and data collection	Suicide Death Review Teams and other approaches to gathering data after a suicide has occurred			



Items in blue text designate strategies and/or action steps that address health inequities.

#### Community Health Priority: Mental Health

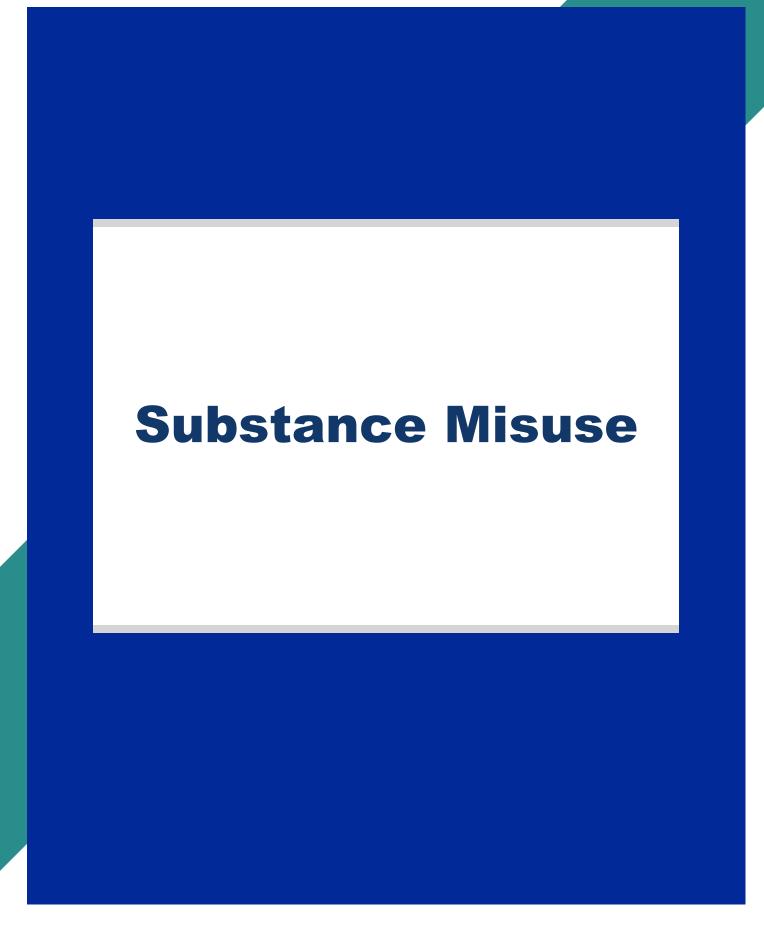
Objective: 1. Reduce Henry County youth and adults with depression by 2028.

2. Reduce Henry County youth and adults contemplating, attempting, and completing suicide by 2028.

Measure(s): Unmet need for mental health care for youth and adults; depression among youth and adults; contemplating and attempting suicide among youth and adults, number completing suicide among Henry County residents

attempting suicide among youth and adults, number completing suicide among Henry County residents				
Henry County Improvement Strategies	Henry County Action Steps	Local Partners		
(What We Want to Do)	(How We're Going to Do It)	(Who Needs to Work Together on This)		
A. Increase community awareness of mental health, depression, and suicide in Henry County.	<ol> <li>Complete readiness assessment of suicide and depression within the county.</li> <li>Presentations to businesses, community groups and media with results and opportunities for action (Readiness Assessment, CHA data and health briefs).</li> <li>Community Event to inform Readiness Assessment, CHA data and health briefs.</li> <li>Next cycle of the Readiness Assessment and Action Plan.</li> </ol>	Karen VonDeylen, Maumee Valley Guidance Bethany Shirkey, ADAMhs's Board Tante Lovins, Henry County Health Department  Maumee Valley Guidance, ADAMh's Board and Henry County Health Department		
B. Increase community awareness of mental health resources	<ol> <li>Create a resource guide to provide equitable access to the many mental health services available in Henry County.</li> <li>Promote mental health screening among Henry County Physicians.</li> </ol>	Tara Leahy, Henry County Health Department  Toni Long 4 County ADAMHs Tante Lovins Henry County Health Department		

C. Increase Mental Health Resources in Henry County	<ol> <li>Establish a Certified Community Behavioral Health Clinic in Henry County</li> </ol>	Alex Garcia, Ohio Guidestone Bethany Shirkey, 4 county ADAMHS Board
	<ol><li>Provide Grief Recovery educational programming</li></ol>	Tiffany Day, Henry County Health Department
	3. Increase the number of Adults, who serve adolescents) with Trauma Informed Care	Tiffany Day, Henry County Health Department
D. Study social determinants impacting those who died by suicide or overdose	<ol> <li>Establish a fatal review for suicide and overdose deaths to understand community impact and determine opportunities for improvement</li> </ol>	Joy Ermie, Henry County Health Department





#### **Substance Misuse**

#### How will we know if health is improving in Henry County?

There will be fewer drug related deaths. There will be fewer drug related convictions. More individuals will successfully graduate from recovery programs.



#### **Objectives**

#### Reduce the number of unintentional drug overdose deaths by 2028

Desired Outcome	Indicator (source)	Trend	Baseline (2018)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Fewer unintentional drug overdose deaths.	Unintentional drug overdose deaths. Number of deaths due to unintentional drug overdose, per 100,000 population (ODH Vital Statistics)	Henry County Trend in Unintentional Drug Overdose Deaths, 2011-2020  Rate Number  2012  5013  5016  702  8018  8019  15  15  2020  2030  804  15  2040  15  2050  2060  8050  8060	36.9/42.3	15	10	2
	Priority populations					
	Adults, ages 25-34		64.9			
	Adults, ages 35-44		154.2			
	Adults, ages 55-64		50.6			
	Men		52.3			,
	Ohio		32.2/34.2	28.7	24.6	20.5
	United States		20.7			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Fewer drug overdoses.	All drug overdoses. Number of overdose cases in Henry County (Man-unit Stats, 2019)	Henry County Trend in Over Dose Cases, 2016-2021  28 24 22 10 2016 2017 2018 2019 2020 2021 2022	28			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Fewer drug related charges.	Drugs charges. Total number of charges in Henry County (Man- unit Stats, 2019)	Henry County Trend in Total Drug Charges, 2016-2019  200 150 100 59 63 65 50 2016 2017 2018 2019	65			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Increase the percentage of residents completing recovery programs.	Recovery program graduates.					



#### **Strategies**

The following is an outline of the strategies we will implement. If well-implemented and targeted to meet the needs of priority populations, the following evidence-informed strategies are likely to achieve the CHIP objectives for reducing drug overdose deaths in Henry County. To effectively reduce drug overdose deaths, CHIP partners should also implement community conditions, health behaviors, and access to care strategies.

ODH Recommended Strategies	Includes		
Overdose prevention and reversal programs			
Naloxone education and distribution programs	Become a Project DAWN community sites that can distribute naloxone		
	Use state funds to purchase naloxone for first responders		
Addiction treatment access			
Culturally competent workforce in underserved	Certified community health workers		
communities	Support and expand the role of peer support specialists		
Digital access to crisis supports	Crisis lines (for example, text "4hope" or 211)		
Recovery supports			
Resource/Peer Support	Support recovery friendly communities including:		
	Peer recovery organizations for recovery drug addicts		
	Peer recovery organizations for friends and family/those personally affected by those who		
	abuse drugs		
	Availability of "Support Kits" for friends and family		

#### The following should be considered under strategies to ensure alignment with re-accreditation:

- Considerations of social determinants of health, causes of higher health risks and poorer health outcomes, and health inequities.
- Plans for policy and system level changes for the alleviation of identified causes of health inequity. Policy changes may address social and economic conditions that influence health and health equity including, for example, housing, transportation, education, job availability, neighborhood safety, and zoning.
- Add specific partner associated with each strategy.



#### **Health Partners**

This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

Katie Baden	Henry County Family Court
Abbie Badenhop	Henry County Family Court
Sue Barnes	Resident
Brent Bischoff	Veterans Services
Michael Bodenbender	Henry County Sheriff
Scott Buddelmeyer	Chief -South Joint Ambulance District
Michael Cavanaugh	County Prosecutor Office
Chelsea Diedrich	Arrowhead Behavioral Health
Joy Ermie	HCHD
Joel Frey	Napoleon Fire Department, Asst. Chief
Jason Goldswer	A Renewed Mind
Stephanie Herndon	The Ridge Project
Jill Keller	HCHD
Dave Mack	Napoleon Police Chief
Denise McColley	Judge, Family Court
Sharon Meece	HCHD
Heidi Mekus	Napoleon Area School Counselor
Bev Palmer	Renewed Mind
Clayton O'Brien	Napoleon Fire Chief
Krista Payne	HCHD
Ruth Peck	Recovery Services of NW Ohio
Bethany Shirkey	Four County Adams Board
Bethany Wachter	HCHD
Jodi Waldron	Scarbrough Pharmacy Deshler
Shae William	Equitas Health
Maggie Westrick	The Ridge Project

Community Health Priority: Substance Misuse

**Objective**: Reduce the number of adults in Henry County using drugs.

Henry County Improvement Strategies (What We Want to Do)	Henry County Action Steps and Performance Measures (How We are Going to Do It)	Local Partners (Who Needs to Work Together on This)
A. Harm Reduction to reduce overdose deaths-Naloxone	a. Naloxone -Continue to be Project DAWN community site that can distribute naloxone b. Increase partners for distribution c. Focus groups with those with lived experience to increase distribution effectiveness	Tante Lovins Sharon Meece Ohio Guidestone
B. Increase those entering by continuing to develop a Quick Response Team	<ul> <li>a. Maintain relationships with Law Enforcement and Recovery for established QRT team</li> <li>b. Continue to develop the process and effectiveness</li> <li>c. Develop resources for leave behind kits</li> </ul>	Nicole Shank, LPN Nicole Fergusen, Sheriff Deputy Sherifff Napoleon PD
C. Harm Reduction to reduce Overdose Deaths-Fentanyl test strips	a. Consider community workgroup support for fentanyl test strips and possibilities for distribution.	Nicole Shank Tante Lovins
D. Provide a Support group for loved ones of those lost due to addiction	a. Continue to support Finding Our Way support group	Sue and Scott Barnes
E. Youth Prevention Grades 6-12	<ul> <li>a. Promote Dead on Arrival Video through schools and social media</li> <li>b. Community wide initiative to promote healthier coping skills-Henry County Let's Talk</li> </ul>	Sharon Meece, HCHD Tante Lovins

F. Fatality Review Board	c. School Programming through School resource officers, Maumee Valley Guidance a. Establish a fatality review board to study community impacts and opportunities to prevent overdose deaths.	Joy Ermie, HCHD HC
G. Reduce stigma through community education.	<ul> <li>a. Pursue funding for community campaign</li> <li>b. Develop community campaign -One Pill can Kill</li> <li>c. Create educational booth to educate on substance misuse and accidental use.</li> </ul>	Tante Lovins, HE Sharon Meece, CHS director



#### **Community Resources**

Below is a list of existing community resources for addressing substance misuse. The working group will continue to research and add new resources to this list during the implementation process.

Program/ Strategy/ Service	Responsible Agency	Population(s) Served
OMAHS	Health Department	Henry County
Naloxone to 1 <sup>st</sup> Responders		
Substance abuse and psychiatric treatment including inpatient and outpatient services	Arrowhead Behavioral Health	Northwest Ohio and Southeastern Michigan
Crisis Care Line 1800-468-4357	A Renewed Mind (ARM)	Northwest Ohio Region
A full continuum of care for both adult mental health and substance misuse disorders. Youth ages 6 and up	A Renewed Mind (ARM)	Northwest Ohio Region
General mental health agency	Center for Child and Family	Henry, Williams, Fulton and Defiance
with clinical therapeutic	Advocacy	Counties

interventions and victim advocacy		
Care for the whole person: mind, body, spirit. Integrated model of care with multiple health care providers working together to address individual's health.	Health Partners of Northwest Ohio	Northwest Ohio
Mental Health agency providing assessments and treatment for youth and adults.	Maumee Valley Guidance	Henry, Williams, Fulton and Defiance Counties
Behavioral health service for adolescents and adults Deterra Bags	Recovery Servicey of Northwest Ohio Henry County Health	Henry, Williams, Fulton and Defiance Counties ALL
Defetta pags	Department	ALL



#### Ohio State Health Improvement Plan (SHIP) Strategies

The following is an outline of the strategies from the Ohio State Health Improvement Plan related to this priority area.

ODH Recommended Strategies	Includes		
Overdose prevention and reversal programs			
Naloxone education and distribution programs	Become a Project DAWN community sites that can distribute naloxone		
	Use state funds (Community Innovation fund) to purchase naloxone for first responders		
Addiction treatment access			
Culturally competent workforce in underserved	Certified community health workers		
communities	Support and expand the role of peer support specialists		
Digital access to crisis supports	Crisis lines (for example, text "4hope" or 211)		
Recovery supports			
Recovery communities and peer support	Support recovery friendly communities including:		
	Peer recovery organizations for recovery drug addicts		
	Alternative Peer Groups		

# **Annual Update Reports**

## Access to Healthcare Year End Report 2023

Community Health Priority: Access to Healthcare

Objective: Increase the number of Henry County residents getting preventative care by providing equitable health care services people use and understand by 2028.

Measure(s): Uninsured Population, Non-emergent ED Visits, Preventive Care Utilization

TRATEGY	PROGRESS REPORT	BETTER OFF (who and how many?)			2024 IMPROVEMENTS and PLANS	
A. Increase culturally competent healthcare workforce across the county including in underserved communities*	<ol> <li>Continued to develop Henry County Cares, a community health worker program through HCHD, to increase access to healthcare for those who experience barriers through language, literacy, mental health, etc.         <ol> <li>Community awareness of the CHW program has brought more referrals to those who can benefit.</li> <li>Increasing both CHW caseloads as well as participant engagement in the process has increased efficiency and results.</li> </ol> </li> <li>Create culturally and linguistically effective tools.         <ol> <li>CHW identified provider information and prescription documentation were not provided in clients 1st language creating a barrier.</li> <li>HCH worked with health care providers and local pharmacies to create an electronic process to ensure prescription documentation is provided in the client's 1st language.</li> <li>The workgroup learned of accessibility services available through Genoa Pharmacy. Genoa serves Ohio Guidestone and Community Health Services.</li> <li>HCH and HCHD increased access to many languages by using Language Line with a tablet allowing both parties</li> </ol> </li> </ol>	Referrals Received HCH JFS CHS Total Referrals Support Provided to Clients Medical Referral Health Insurance Medical Home	2023 31 0 5 171 0 65 36 14	2022 11 2 12 206 20 34 9	<ol> <li>Continue to grow CHW program to improve equitable health care services throughout Henry County.</li> <li>Continue to work with health care providers, pharmacists, and other healt professionals to improve health literacy</li> </ol>	

B. Develop healthcare workforce*	<ol> <li>Identify ways to recruit minorities and other underrepresented or disadvantaged population to the local Health Care workforce.</li> <li>a. Community Health Services has added 2 bilingual staff.</li> <li>b. HCHD increased bilingual staff to include 2 in CHW and 2 in HMG.</li> </ol>		<ol> <li>HCH will plan with CIC to bring students into the hospital to learn about the many job opportunities available.</li> <li>Continue to develop healthcare career</li> </ol>
	<ul><li>c. HCH continues work with high school students through Four County and CIC.</li><li>d. HCH and HCHD attended local high school career</li></ul>	4 events attended.	opportunity awareness in schools throughout the county.
	events. e. NAMI 4 County is working with Henry County School Counselors to promote career options for students in mental health and behavioral health fields.		HCHD will continue to grow the intern program.
	f. HCHD became an academic health department with BGSU; had 3 interns and improved internal policies to attract collegiate interns.	3 public health interns.	
	g. HCHD continues to develop Peer to Peer programming in area school districts to educate and spark interest in healthcare and public health professions.	2 schools with Peer to Peer.	
C. Reduce barriers and improve local access to health services.*	<ol> <li>Increase access to Urgent Behavioral Health Care to lessen emergency department's burden.</li> <li>a. Ohio Guidestone through funding from 4 County ADAMhs Board established a Behavioral Health Urgent</li> </ol>	25 clients using urgent care.	Support the growth of Ohio Guidestone's     Behavorial Health Urgent Care.
	Care to increase access to mental and behavioral health care.  b. Facility opened August 21 <sup>st</sup> at 600 Freedom Drive hours		Utilize mobile unit to provide health services throughout Henry County.
	are M-F 9am-1pm c. 2 <sup>nd</sup> Urgent Care opened for alcohol related treatment. 2. Acquire a mobile health care unit to provide services throughout Henry County.	1 mobile unit acquired.	Provide school-based health care services
Can aval Company of	a. Mobile Unit was purchased by HCHD with grant funding and is being prepped to put in service.	·	

**General Summary:** Access to Healthcare is about getting people the health care they need. 96% of Henry County adults have health insurance coverage. However, not everyone uses or accesses the healthcare they deserve by getting the preventative care and essential services they should. This workgroup is reducing barriers through community health workers, health care workforce development, improved access through urgent cares and a mobile unit, and providing those services in the clients' 1<sup>st</sup> language. This group membership has grown from 15 in 2019 to 25 members in 2021 to 35 members in 2022. In 2023, 41 members are collaborating to increase the access to healthcare by reducing barriers to equitable health care services.

<sup>\*</sup>Designates strategies linked to Ohio State Health Improvement Plan.

# Housing Year End Report 2023

**Community Health Priority: Housing** 

Objective: Increase the availability of temporary housing solutions and develop affordable quality housing by 2028.

Measure(s): Homelessness; temporary housing; supportive housing; quality and affordable housing.

STRATEGIES	PROGRESS REPORT	Better Off (who and how many)	2024 improvements and plans		
A. Increase availability of temporary housing* to reduce homelessness.	<ol> <li>Met with the Executive Director at Northwestern Ohio Community Action Commission to learn more about their services for 6 counties for homelessness and supportive housing: emergency shelter, rapid rehousing, permanent supportive housing and Path Center.</li> <li>Data collection to determine temporary housing needs began.</li> </ol>	Homeless Data  2nd Qtr 3rd Qtr  # households 6 15 identified as homeless # homeless 0 1 households that established stable housing	<ol> <li>Identify sources of data to determine the number of Henry County residents who are homeless and receive help through NOCAC and other service organizations.</li> <li>Determine if there are gaps in local resources.</li> </ol>		
B. Increase affordable quality housing. *	<ol> <li>Henry County has a shortage of housing units including both rentals and privately owned homes. The workgroup continues its work with local leadership on housing development in Henry County.</li> <li>Learned about Housing and Urban Development's (HUD) Housing Choice Vouchers.</li> <li>Discussions continue with Robert Bender, The Provident Companies for the expansion of Oakwood Village Apartments.</li> </ol>	No one yet	Will continue to look for opportunities to expand housing in Henry County.		

**General Summary:** This group was newly formed from the Economic Stability Workgroup from last CHA cycle. Initially, the workgroup struggled to gain a footing on how to strategize related to housing. It was determined that housing needs fell into 2 categories: homelessness and availability of affordable quality housing. Since June the group has been studying data to determine the everchanging number of people who are homeless in Henry County and to determine if those deemed homeless are getting their housing needs met. Conversations at local and state level continue regarding affordable quality housing. This group meets quarterly and currently has 25 members.

<sup>\*</sup>Designates Indicators linked to Ohio State Health Improvement Plan.



### Mental Health Year End Report 2023

Community Health Priority: Mental Health

Objective: 1) Reduce Henry County youth and adults with depression by 2028.

2) Reduce Henry County youth and adults contemplating, attempting, and dying by suicide by 2028.

Measure(s): Unmet need, self-reporting of sadness or hopelessness, depression, attempting suicide, number of suicide deaths.

#### **STRATEGIES PROGRESS REPORT BETTER OFF** 2024 IMPROVEMENTS and PLANS (who and how many?) 1. A health fair-type booth at community events to increase awareness, 1. Continue to meet the needs of the A. Increase **#4YMH Community Education** break stigma, and promote local resources through interaction with community by providing information community **Henry County Events** 21 residents. Provided by #4YourMentalHealth & ADAMhs Board on available mental health and awareness and # of Engagements 2,015 break stigma of behavioral health resources. Social Media posts 33 2. Marketing campaign with Channel 13 including new messaging, mental health, # of Henry County FB impressions 63,165 through commercials, social media, billboards and website by 2. Continue to do population level depression, Billboards 6 education on strategies and tools to and suicide in #4YourMental Health & ADAMhs Board. Website with MH content maintain one's mental health Henry County. # of users in 4 county area 5,482 3. 3<sup>rd</sup> Annual Suicide Prevention Breakfast to promote suicide and including Fatality reviews for Suicide mental health awareness focusing on businesses, schools, and youth. and Overdose. Mental Health 1st Aid Organized by Four County Suicide Coalition and funded by ADAMhs # of classes in HC 6 3. Continue 4th Annual Suicide Board. # of people trained 117 Prevention Breakfast. # of classes in HC schools 4 4. Mental Health First Aid Classes for youth and adults provided by 59 # of students trained Maumee Valley Guidance and funded by ADAMhs board. 4. Peer to Peer Programming continue **Suicide Prevention Breakfast** in Patrick Henry and Napoleon. # of Henry County attendees 21 5. Peer to Peer education in Patrick Henry to increase youth resiliency Establish in Holgate and Liberty around mental health and other public health programming utilizing Peer to Peer Center. # of schools 2 students as health educators. # of student peer educators 11

B. Increase awareness of mental health resources.	<ol> <li>Resource Guide available electronically on NOCAC website.</li> <li>Continued to provide printed resource guides as available and promote online availability through social media and through business cards by provided by Henry County Health Department.</li> <li>Suicide Coalition completed visits to physician offices in Henry County to educate on mental health screenings during a patient visit.</li> </ol>	Promote Mental Health Screenings Physician Offices visited 2 Health care providers 8 educated	<ol> <li>Continue to promote online availability through social media and through business cards.</li> <li>Will revisit all physician offices in 2026 to educate on mental health screenings during patient office visits.</li> </ol>
C. Increase community mental health resources.	<ol> <li>Behavioral Health Urgent Care provided by Ohio Guidestone opened August 21<sup>st</sup>, 2023. This Certified Community Behavioral Health Clinic in Napoleon serves the 4-county area to provide urgent mental health care services and reduce barriers.</li> <li>Grief Recovery Method Education provided by Henry County Health Department for adults and adults who work with youth.</li> </ol>	Mental Health Urgent Care Patients served 25  Grief Recovery Method Courses People educated 28	<ol> <li>Increase Walk- In Mental Health urgent care clientele.</li> <li>Continue to provide GRM courses throughout Henry County both in person and through Zoom.</li> <li>Increase the number of "Trusted Adults" through education-Adolescent Health Grant.</li> </ol>
D. Fatality reviews for overdose and suicide.	<ol> <li>Joy Ermie, Health Commissioner appointed by Henry County Commissioners to form a Drug Overdose and Suicide fatality Review Committee. A highly confidential review board to study root causes and identify patterns or opportunities to reduce harm and prevent deaths.</li> </ol>		Initiate the Review Board in conjunction with Infant Mortality Review Board.

**General Summary:** Henry County is fortunate to have considerable mental and behavioral health resources. Through the workgroup it has been identified residents lack awareness of the services, programming, and/or how to access them. Educating to reduce the stigma of mental health issues and increase understanding of where and when to get help if needed is the focus of this initiative. This group has grown by 330% since 2020 with 10 members, 2021:25 members, 2022: 32 members. In 2023 there are 43 members who are collaborating and working to improve mental health in Henry County.

<sup>\*</sup>Designates strategies linked to Ohio State Health Improvement Plan.

### Substance Misuse Year End Report 2023

Community Health Priority: Substance Misuse

Objective: Reduce the number of unintentional drug overdose deaths by 2028.

Measure(s): Unintentional Drug Overdose Deaths, Number of Drug Overdoses, Drug Charges, Recovery Program Graduates

STRATEGIES	PROGRESS REPORT	Better Off (who and how many?)					2024 improvements and plans		
A. Distribute Naloxone and provide education to reduce	<ol> <li>HCHD received the ODH Integrated Harm Grant to increase naloxone education and distribution in Henry County and increase access to services promoting recovery.</li> <li>Created a shortened naloxone training video starring a local 1<sup>st</sup> responder.</li> <li>All Four School districts, Four County and Northwest State have</li> </ol>	Lives saved: 12 overdose reversals reported.  Naloxone kits distributed: 2021 2022 2023 Total				d.	2.	Continue naloxone education and distribution. Increase the number of naloxone distribution partners in Napoleon Reduce barriers for attaining	
overdose deaths.	naloxone in a first aid kit kept with nurses. Northwest State and Four County have trained and supplied their crisis teams. Napoleon has	Project Dawn Kits	19	266	401	686		naloxone by placing boxes containing naloxone in targeted	
deaths.	<ol> <li>trained and supplied staff.</li> <li>Overdose Awareness Day on August 31<sup>st</sup> included a Henry County Commissioner signed proclamation and an event at the courthouse, including community involvement, resource booths, t-shirts, speakers, and a remembrance butterfly release.</li> <li>Henry County Hospital Emergency Department became a Project DAWN Distribution Partner allowing ED staff to train and distribute naloxone to patients.</li> <li>Conducted focus groups with those who have lived experience of substance use to determine strategic placement of naloxone.</li> <li>Trainings provided to the Rotary Club, ADAMhs Board, Family Court, Fire Chiefs' Meeting.</li> <li>Attended 38 events educating on substance misuse and providing naloxone utilizing the One Pill Can Kill display purchased with Opioid Settlement Funding through Henry County Commissioners.</li> </ol>	# Educated Kits to 1st Responders  2023 Comm # of events a # of engager  OD awarene # attended # of communications	nents ss day	d	1,	785 200 38 070 50 .6	4. ( 6 5	containing naloxone in targeted locations.  Continue to reduce stigma and educate the public on risks of substance misuse at community events utilizing the One Pill Can Kill display.	

B.	Continue	1.	Ohio Deflection Day event at Speedway Gas station in Napoleon.	Quick Response Team				
	Quick		Engaging with 9 people and handing out kits.	Quick Nesponse Team	2022	2023		1. Continue to respond to those who
	Response	2.	Educated Henry County Sheriff, Defiance County Law Enforcement, Ohio	Law enforcement	5	10		have overdosed.
	Team efforts		Department of Public Safety, and Family Court on QRT purpose, process,	referrals				
	to encourage		and how to refer someone.	Attempts to contact	5	14		
	admission to	3.	Began accepting referrals from others in community outside of law	Contacts made	1	3		2. Continue to take community
	recovery.		enforcement.	Referred to treatment	1	2		referrals.
				Resource/info. left	3	12		
				behind		12		
_	Provide a	1.	Organized Awareness Billboard "One Pill Kills" funded by Opioid					
	Loved One's		Settlement funding through Henry County Commissioners.	Finding our Way Support	rt Group	<b>o</b>	1	1. Look at additional ways to promote
	Support	2.	Held monthly support group meetings, although attendance has been	Support group meeting	s held	12		the support group.
	Group.		low.	# of attendees		5		
		3.	, , , , , , , , , , , , , , , , , , , ,	Promotion to reduce stigma		1	Continue to educate the	
			Senior health Day, OAD day, Henry County Let's Talk 4 events.	# of events		10		community on loss from an
				# of cards distributed		3,000		overdose.
D.	Provide	1.	"Dead On Arrival" video shared by Henry County Sheriff and Napoleon					
	upstream		Police Department to offices, SRO's, schools. Maumee Valley Guidance	Dead on Arrival Video		1	Continue to provide upstream	
	initiatives to		shared through Northwest Ohio Juvenile Detention and HCHD shared	Social Media reaches		3,021		programming at a population level
	prevent		through social media from March until May 2023.					to educate the community on risk
	substance	2.	•	Substance Use Breakfast			of substance misuse.	
	misuse		counties targeting professionals from the following sectors: healthcare,	Henry County represent	tation	49	] 2	2. Utilize Peer to Peer programming
			faith based, behavioral health, education, local government, local health					to support school initiatives and
			department, and law enforcement. This workgroup gave presentations	Henry County Let's Talk				other data driven programming for
			regarding our work with naloxone distribution and QRT to reduce	# of students educated		2097		local youth.
		2	overdose death.	# school staff educated		135		
		3.	Henry County Let's Talk Initiative to provide mental health education on	# of community member	ers	220		
			positive and negative coping skills when faced with life's stressors.	educated				
			School assemblies were held at all 4 school districts for students 6-12 <sup>th</sup>					
			grade. Community programs were held in the evening at all 4 schools including a mental health fair with local resources.					
	1.0		including a mental health fall with local resources.					

**General Summary:** Last year, we were concerned about sustainable funding and this year we attained funding through Opioid Settlement Funds and ODH Integrated Harm Grant. Through this funding the defensive strategy of naloxone education and distribution to reduce harm combined with the very direct QRT work has expanded and the upstream preventative strategies have been implemented to educate youth and adults to prevent substance misuse. The workgroup Substance membership increased from 15 members in 2020 to 34 in 2021 to 37 in 2022. In 2023 we have 43 community members collaborating and working to reduce substance misuse and overdose deaths in Henry County.

<sup>\*</sup>Designates strategies linked to Ohio State Health Improvement Plan