

# 2023-2025 HENRY COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN

## *Final Report*



# Contents

Overview .....	3
Cross Cutting Themes .....	3
Workgroup Summaries .....	3
Access to Care .....	4
Summary.....	5
Objectives.....	5
Outcome Measures Progress .....	5
Uninsured Adults and Children.....	5
Preventive Care .....	6
Action Plan Results.....	11
Activities Results .....	13
Partners .....	15
Housing .....	16
Summary.....	17
Objectives.....	17
Outcome Measures Progress .....	17
Poverty.....	17
Action Plan Results.....	19
Activities Results .....	20
Partners .....	20
Mental Health.....	21
Summary.....	22
Objectives.....	22
Outcome Measures Progress .....	22
Depression.....	22
Suicide.....	23
Action Plan Results.....	25
Activities Results .....	27
Partners .....	29
Substance Misuse .....	30
Summary.....	31
Objectives.....	31
Outcome Measures Progress .....	31
Unintentional Drug Overdose Deaths .....	31
Action Plan Results.....	32
Activities Results .....	34
Partners .....	35

## Overview

From 2023 through 2025, Henry County Health Partners implemented a coordinated Community Health Improvement Plan (CHIP) focused on four priority areas: Access to Care, Housing, Mental Health, and Substance Misuse. This report highlights the work that was completed over the three-year period by agencies that are a part of the four priority work groups. Overall, the CHIP emphasized collaboration and coordination of programming, sustainable systems, and addressing barriers for residents. Each workgroup's accomplishments are highlighted in their own section.

# Four Priorities-One Goal

1. Access to Care
2. Housing
3. Mental Health
4. Substance Misuse



**Improve Health  
in Henry County**

## Cross Cutting Themes

Across all four priority area workgroups, several common themes emerged. Overall collaboration strengthened partnerships and improved communication, leading to better coordination of services across sectors. This level of collaboration will continue to impact residents as this has created an even stronger base for future community health improvement planning. While data collection efforts increased across all workgroups and provided a clearer picture of community health trends, there is an opportunity to move from just gathering data to actively using it to guide program adjustments and resource allocation. Additionally, identifying shared community needs revealed strong alignment across all four priority areas, creating an opportunity to streamline efforts, reduce duplication, and coordinate strategies more intentionally in the future.

## Workgroup Summaries

While this report highlights the work completed from 2023-2025, the four priority areas have been community health improvement planning priorities since 2020. As the improvement planning process occurs every three years, at the end of 2022 it was determined by Henry County Health Partners to maintain the priorities especially due to the impacts of the COVID-19 pandemic. It is important to note that outcome measures may be compared to 2019 due to this continuation of the work on these priorities.

# Access to Care

## Summary

The Access to Care workgroup focused on strengthening the healthcare workforce, improving service availability, and reducing barriers to care. This included strategies for increasing cultural competency of the workforce, overall recruitment of healthcare staff, the establishment of urgent mental health care, and increasing access to services through a mobile unit. Several key accomplishments occurred over the three-year CHIP cycle including:

- Henry County Cares, the Community Health Worker (CHW) program, through collaboration with workgroup members became central to assisting clients with barriers related to language, transportation, and health insurance.
- Henry County Hospital expanded their primary care department and worked to eliminate barriers to care for residents including ensuring prescription labels were in patient’s first language.
- Ready Care Clinics, the behavioral health urgent care through OhioGuidestone, was launched and has continued to be used throughout the community. Additionally, Recovery Services of Northwest Ohio began open office hours Monday through Friday for mental health care and screenings.
- Henry County Health Department’s mobile unit was purchased which expanded the county’s ability to deliver services in underserved areas.

## Objectives

The following are the objectives established for the Access to Care workgroup:

1. Increase the number of Henry County residents getting preventive care by providing equitable health care services people use and understand by 2028.

## Outcome Measures Progress

The following are outcome measures and their progress over time related to healthcare access.

### Uninsured Adults and Children

**Target:** Reduce the percentage of uninsured adults in Henry County to 4.0% by 2028.

- The number of uninsured Henry County adults aged 19-64 increased slightly since 2019. (*U.S. Census Bureau, American Community Survey, 5-year estimates, 2024*)

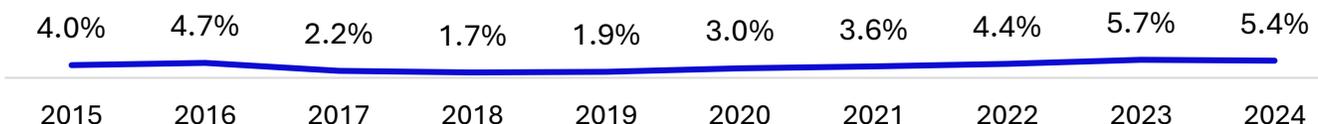
Uninsured Henry County Adults



**Target:** Reduce the percentage of uninsured children in Henry County to less than 1% by 2028.

- Since 2019, there has been an increase in the number of Henry County youth (under 19) who are uninsured. (*U.S. Census Bureau, American Community Survey, 5-year estimates, 2024*)

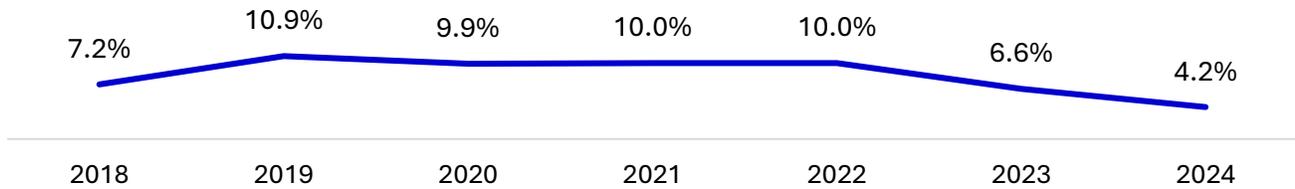
Uninsured Henry County Youth



**Target:** Reduce the percentage of uninsured within priority populations in Henry County to 4.0% by 2028.

- Fewer Henry County residents who were 26-34 were uninsured in 2024 than in 2019. Additionally, slightly fewer residents who are Hispanic or Latino of any race were estimated to be uninsured in 2024 when compared to 2019. However, more residents who were foreign-born non-citizens were estimated to be uninsured in 2024 than in 2019. (*U.S. Census Bureau, American Community Survey, 5-year estimates, 2024*)

Percent of Henry County population uninsured aged 26-34



Henry County population uninsured, Hispanic or Latino of any race

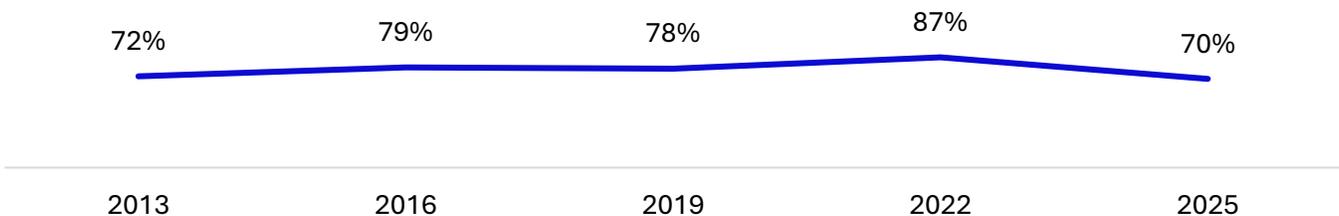


## Preventive Care

**Target:** Maintain flu vaccination rate of 78% through 2028.

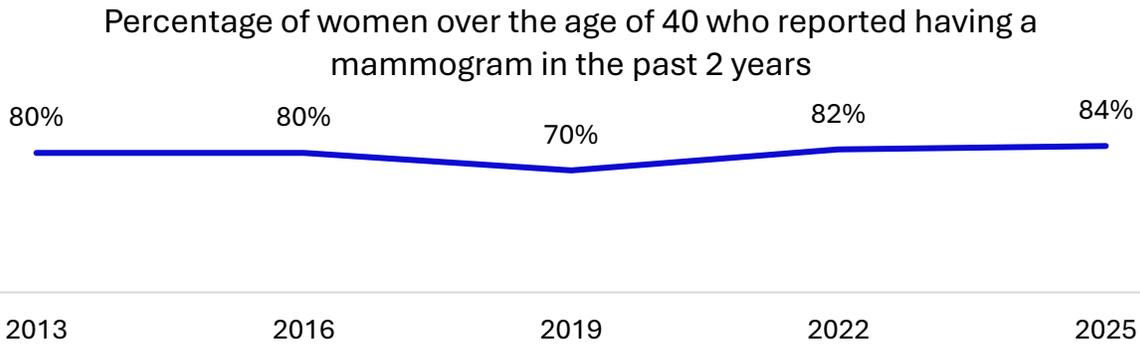
- Fewer Henry County residents over the age of 65 reported receiving the flu vaccine in 2025 than in 2019. (*2025 Henry County Community Health Assessment*)

Percentage of Henry County adults 65+ who received the flu vaccine



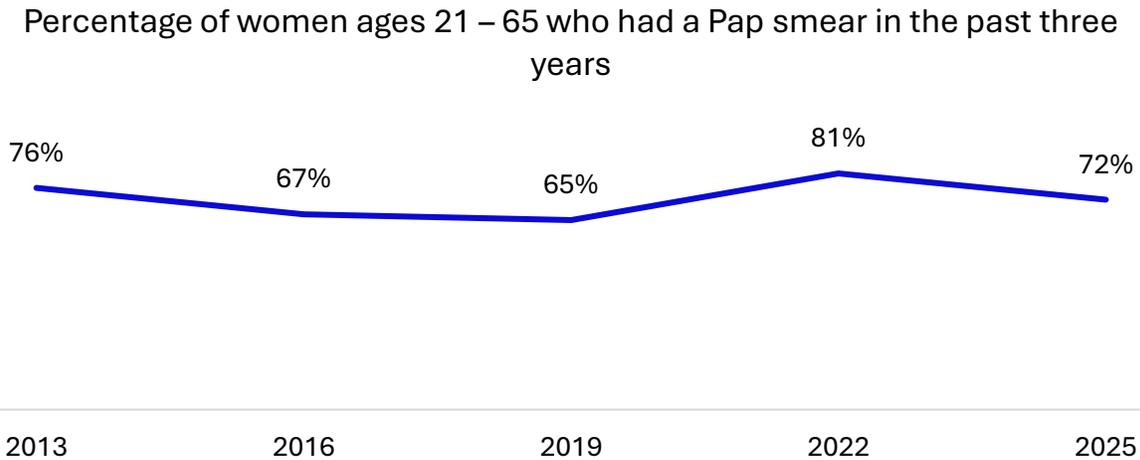
**Target:** Increase mammogram to 80% by 2028.

- More Henry County women over the age of 40 reported having a mammogram in the past 2 years in 2025 than in 2019. (2025 Henry County Community Health Assessment)



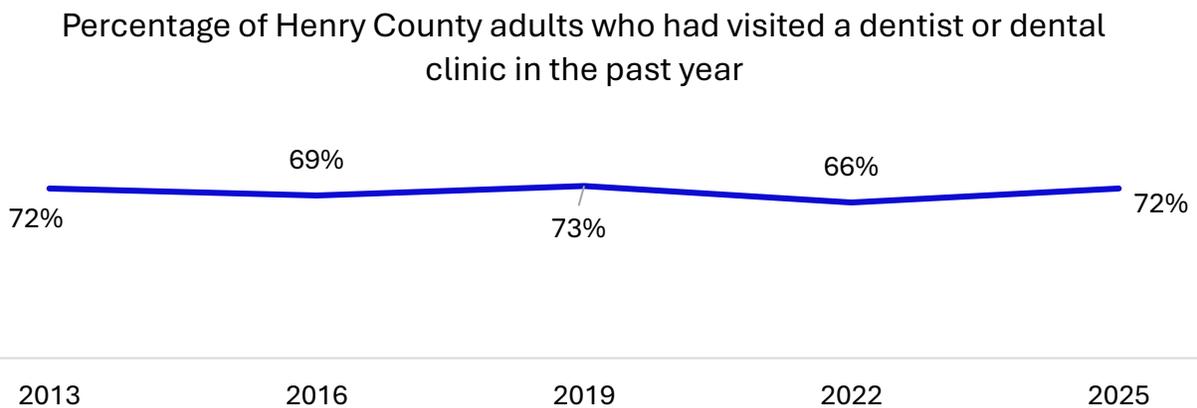
**Target:** Increase the percentage of women who have had a pap smear in past three years to 80% in 2028.

- More Henry County women ages 21-65 reported having a pap smear in the past 3 years in 2025 than in 2019. (2025 Henry County Community Health Assessment)



**Target:** Maintain 73% of adults visiting the dentist or dental clinic in past year.

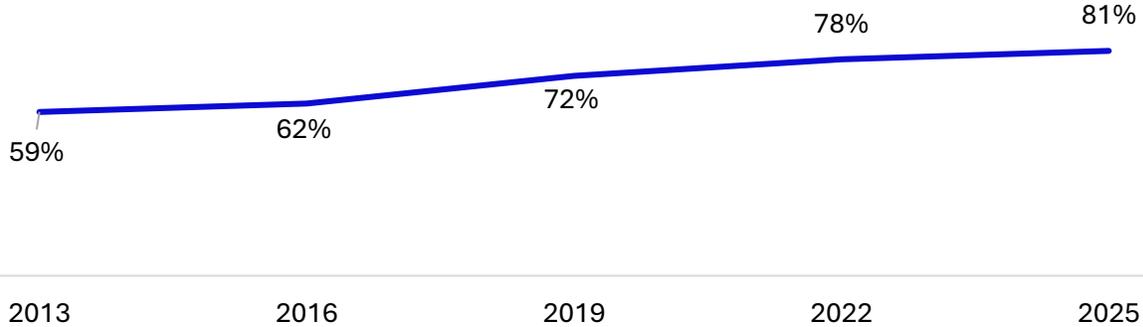
- Slightly fewer Henry County adults had visited the dentist or dental clinic in the past year in 2025 than in 2019. (2025 Henry County Community Health Assessment)



**Target:** Increase the percentage of adults who had routine checkups in past year to 80% by 2028.

- More Henry County adults visited a doctor for a routine checkup in the past year in 2025 than in 2019. (2025 Henry County Community Health Assessment)

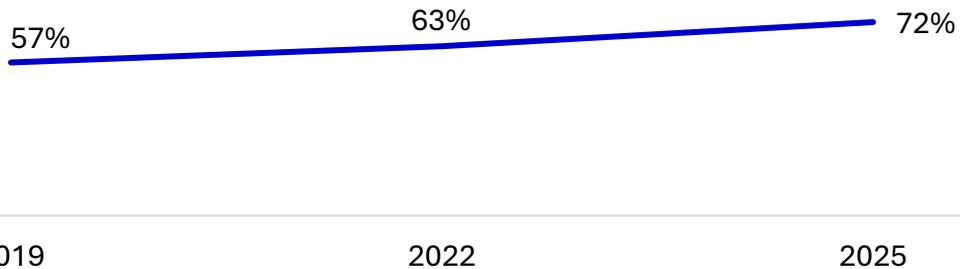
Percentage of Henry County adults who visited a doctor for a routine checkup in the past year



**Target:** Maintain at least 50% of adults aged 50 and over who had a colonoscopy in last 5 years.

- More Henry County adults have received a colonoscopy in the last 5 years in 2025 than in 2019. (2025 Henry County Community Health Assessment)

Adults aged 50 and over who had a colonoscopy in the last 5 years



**Target:** Increase the number of Henry County adults getting a hearing test in past 2 years by 10% in 2028.

- Slightly fewer Henry County adults reported having a hearing test in the past two years in 2025 than in 2019. (2025 Henry County Community Health Assessment)

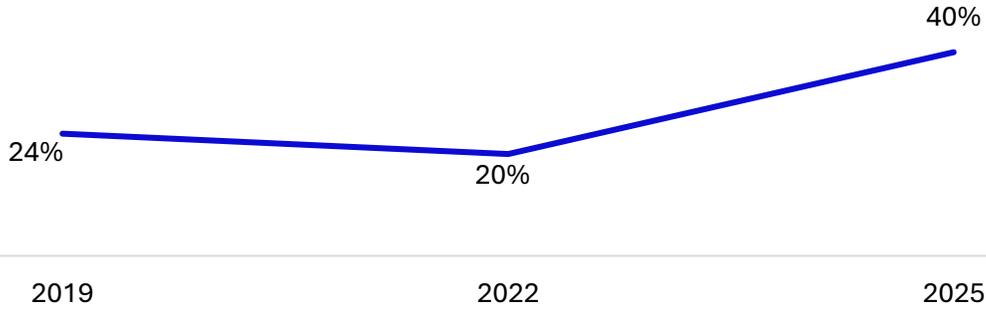
Henry County adults reporting receiving a hearing tested in the past two years



**Target:** Increase adults getting skin test in past 2 years in 2028.

- In 2025, 40% of Henry County adults reported having a skin test in the past two years which is greater than in 2019. *(2025 Henry County Community Health Assessment)*

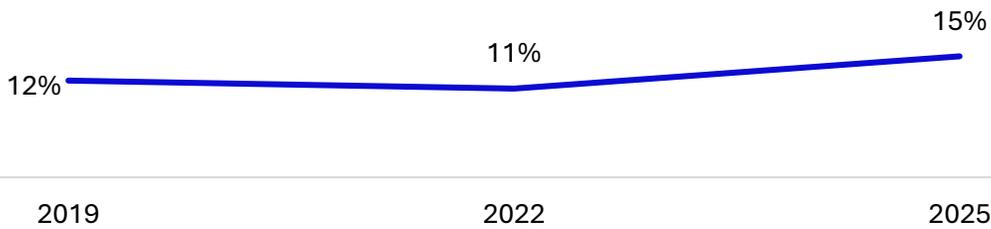
### Henry County adults reporting receiving a skin test in the past two years



**Target:** Increase adults getting bone density test by 10%.

- In 2025, more Henry County adults reported receiving a bone density test in the past two years compared to 2019. *(2025 Henry County Community Health Assessment)*

### Henry County adults reporting receiving a bone density test in the past two years



**Target:** Increase childhood vaccination rates for Henry County to 95%.

- Similar rates of kindergartners received the required vaccinations for school for the 2022-2023 school year as in 2024-2025 school year. *(Henry County Health Department School Vaccinations Report 2024-2025 School Year)*

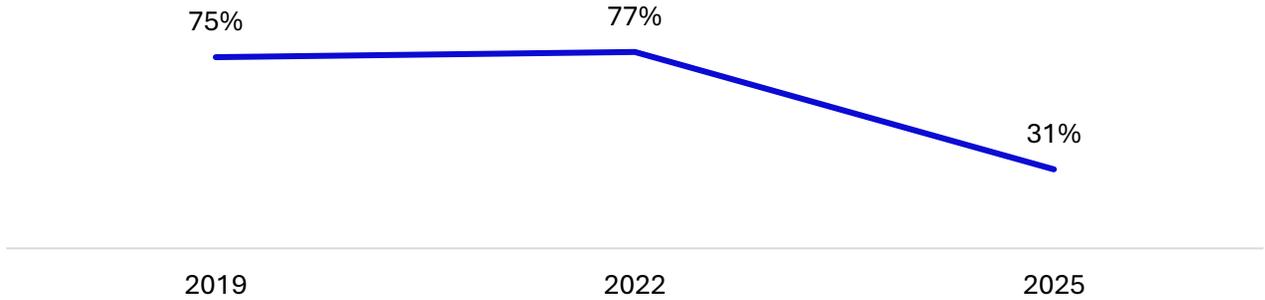
### Kindergarten Vaccination Completion Percentage



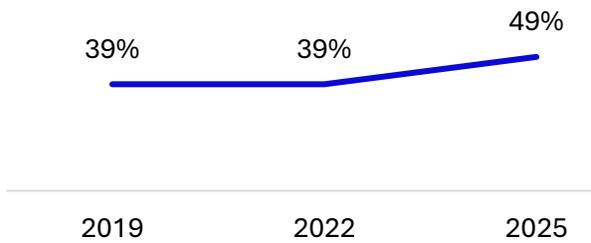
**Target:** Ensure completion of adult vaccines (Maintain: Tdap-75%; Pneumonia-80%; Increase: Shingles-30%).

- Fewer Henry County adults reported receiving a Tdap booster in the last 10 years compared to 2019. However, more adults reported receiving the pneumonia and shingles vaccine in their lifetime in 2025 when compared to 2019. *(2025 Henry County Community Health Assessment)*

Henry County Adults reporting receiving a Tdap booster in last 10 years



Henry County Adults reporting receiving pneumonia vaccine



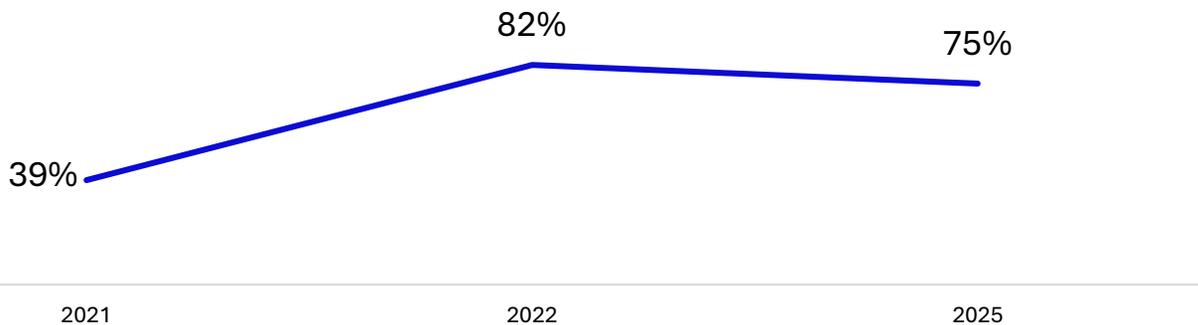
Henry County adults reporting receiving shingles vaccine



**Target:** Increase completion of COVID vaccine to 70%.

- Nearly 3 out of 4 residents reported having a COVID vaccine during their lifetime in 2025. *(2025 Henry County Community Health Assessment)*

Henry County adults reporting receiving a COVID vaccine



## Action Plan Results

The following are highlights and progress made towards each strategy by members of the workgroup.

Strategies	2023 Highlights	2024 Highlights	2025 Highlights
<p>Increase culturally competent healthcare workforce across the county including in underserved communities</p>	<ul style="list-style-type: none"> <li>• Increased awareness of Henry County Cares, a community health worker program at the Henry County Health Department (HCHD), among community partners</li> <li>• Henry County Hospital (HCH) and other providers created processes to ensure prescription documentation is provided in client’s first language</li> <li>• Increased access through use of LanguageLine at both HCHD and HCH</li> </ul>	<ul style="list-style-type: none"> <li>• Presented at Ohio Public Health Conference on integrating CHWs into rural health departments</li> <li>• Henry County Cares caseload has expanded due to outreach and increased referrals from local partners</li> <li>• CareNet Medicaid navigator program provided in-person assistance at Henry County Health Department throughout the year</li> </ul>	<ul style="list-style-type: none"> <li>• CareNet Navigator support continued for part of the year but unfortunately ended due to funding cuts</li> <li>• Henry County Cares clients continued being served through multiple CHWs</li> <li>• Continued to promote resource guide including bilingual information</li> </ul>
<p>Develop healthcare workforce</p>	<ul style="list-style-type: none"> <li>• Health department added bilingual staff to both Henry County Cares and Help Me Grow programs</li> <li>• Career events were attended by HCH and HCHD</li> <li>• Henry County Hospital worked with Four County Career Center and Henry County Community Improvement Corporation (CIC) to educate students on career opportunities</li> </ul>	<ul style="list-style-type: none"> <li>• Henry County Hospital (HCH) added two family practice physicians and a pediatrician, which was identified as a need by residents</li> <li>• Community Health Services, a federally qualified health center, continued to operate a dental clinic and became fully staffed</li> </ul>	<ul style="list-style-type: none"> <li>• Need was identified for more social workers and therapy providers</li> <li>• Telehealth services are being explored by local providers</li> <li>• HCH joined the Ohio High Value Network, which is a group of rural hospitals that collaborate on clinical and operational initiatives, enhancing the quality of care, availability, and affordability in rural communities</li> <li>• Rural Health Transformation grant submitted by the state of Ohio which includes initiatives for increasing healthcare workforce</li> </ul>

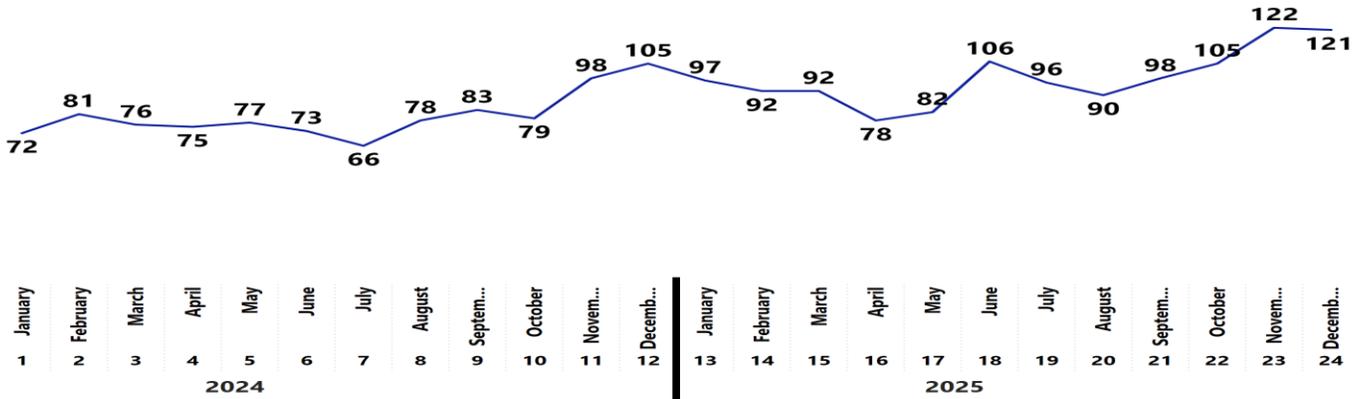
<p>Establish mental health urgent care</p>	<ul style="list-style-type: none"> <li>• Certified Community Behavioral Health Clinic (CCBHC) started in August 2023 by OhioGuidestone in Napoleon, which serves the four-county area to provide urgent mental health care services and reduce barriers</li> </ul>	<ul style="list-style-type: none"> <li>• Transportation barriers for mental health services were addressed through partnership between Henry County Transportation Network and Four County Alcohol Drug Addiction and Mental Health Services (ADAMhs) Board</li> </ul>	<ul style="list-style-type: none"> <li>• CCBHC renamed Ready Care Clinics and are still being used in community</li> <li>• Expansion of Ready Care clinic hours and another location in Defiance County</li> <li>• Recovery Services of Northwest Ohio began open office hours Monday through Friday from 10am – 2pm</li> <li>• Mobile Response and Stabilization Services (MRSS) started across the state including northwest Ohio. MRSS is a free, community-based service for young people aged 20 and under, providing on-site crisis response and short-term stabilization. A team of trained professionals responds within 60 minutes to wherever help is needed — home, school, or anywhere in the community. For Henry County, this team is provided by Unison Health</li> </ul>
<p>Increase healthcare access through a mobile unit for use by health department and partners to meet individuals where they are</p>	<ul style="list-style-type: none"> <li>• Henry County Health Department (HCHD) mobile unit was purchased with grant funding and outfitted for use in community</li> </ul>	<ul style="list-style-type: none"> <li>• Mobile unit was renamed HOWIE, Health on Wheels Is for Everyone</li> <li>• HOWIE attended over ten events including a Spanish mass and local schools providing vaccinations and health education</li> </ul>	<ul style="list-style-type: none"> <li>• HCHD and HCH partnered for an event using HOWIE and provided services and education at a local mobile home park</li> </ul>

## Activities Results

The following are results from Access to Care action plan activities.

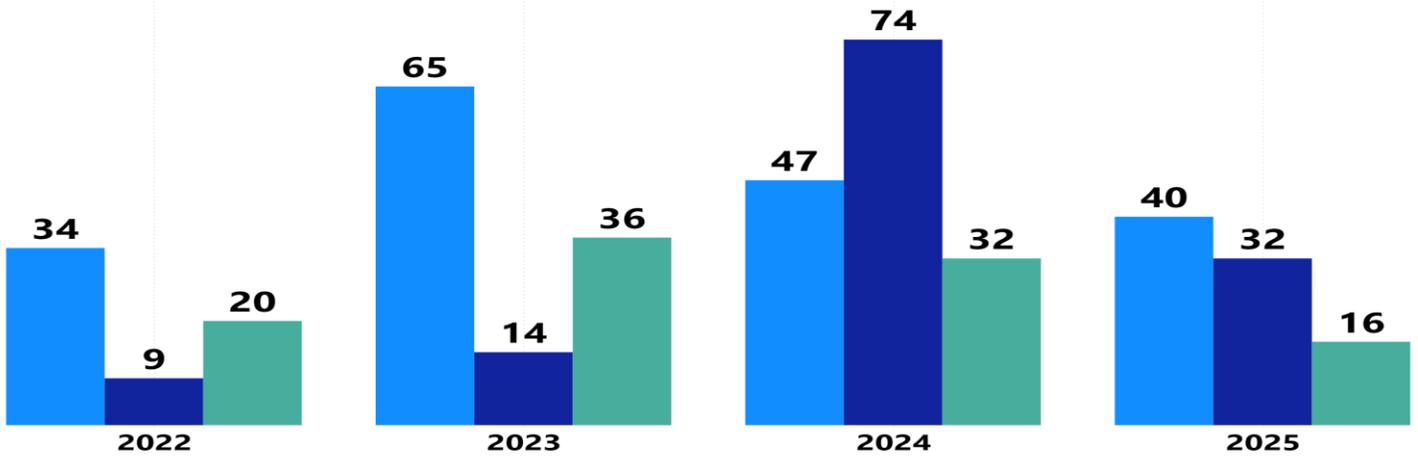
- The number of Henry County Cares clients continued to increase from January 2024 through December 2025 with peaks in December 2024, June 2025, and November 2025. The program closed a total of 186 medical referral pathways, 129 medical home pathways, and 104 health insurance pathways from 2022 to 2025. The totals are variable year by year due to each participants' individual needs. Additionally, overall total referrals increased overall except for 2023. During 2023, more education was given on referring to the program and what information was needed for participants to be enrolled.

**Henry County Cares Clients by Month (2024-2025)**

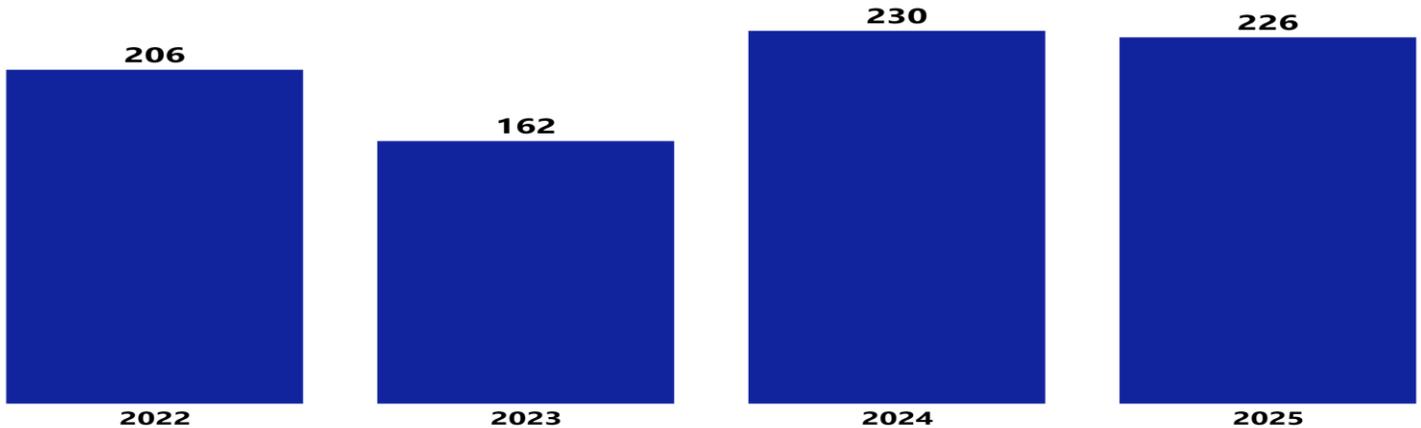


**Henry County Cares Completed Pathways by Year**

● Medical referral ● Medical Home ● Health Insurance

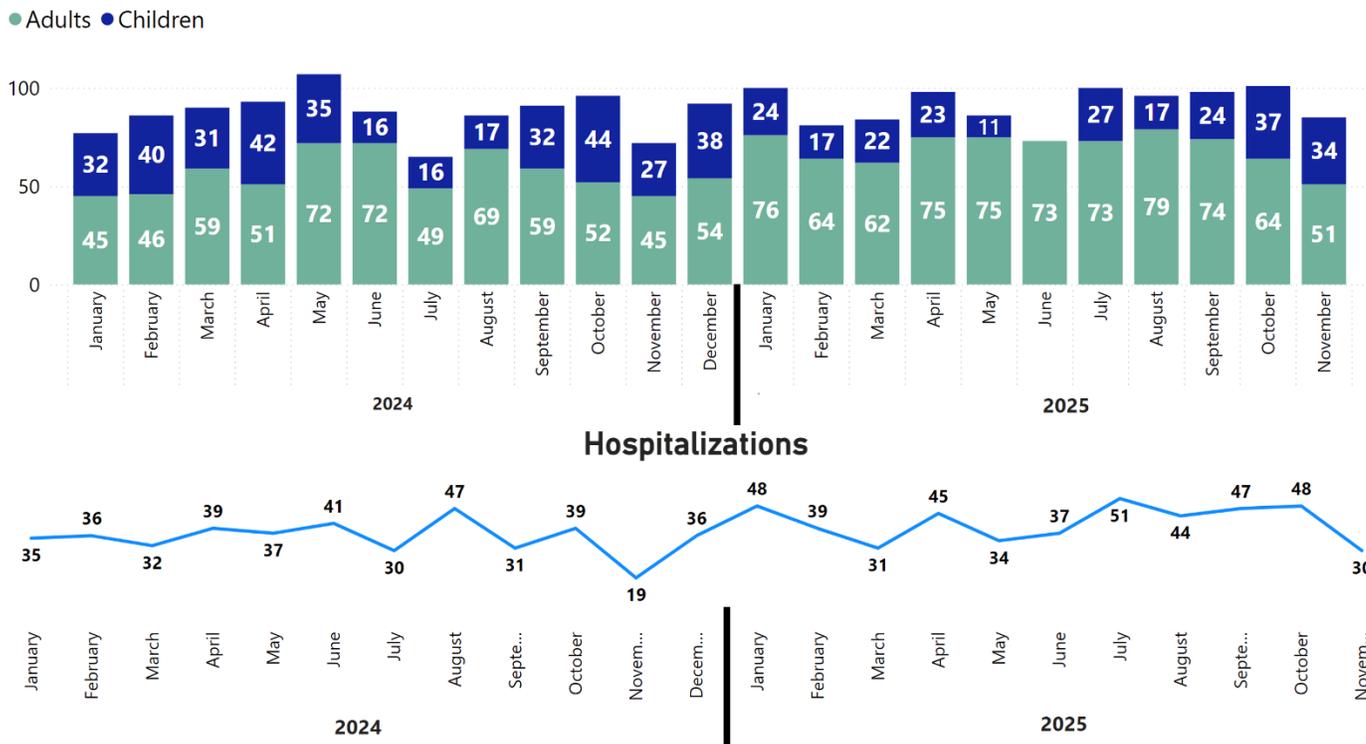


**HCC Total Referrals**



- OhioGuidestone’s Certified Community Behavioral Health Clinic (CCBHC), also known as ReadyCare, saw a total of 2,045 clients with a total of 606 children and 1,439 youth since January 2024. There is variability between the months for the number of adults and children, however the clinic sees over 70 individuals a month consistently.
- Hospitalizations related to the CCBHC are also variable from month to month. A total of 876 individuals were able to receive hospitalized care for their mental health and/or substance use concerns.

### Behavioral Urgent Care Clients (2024-2025)



- Since receiving the health department mobile unit, HOWIE, it’s been used for 34 different events including, Henry County Fair, Overdose Awareness Day, back to school vaccinations for local school districts, flu vaccinations for school staff, community vaccinations at a local church, and Campbells for events and vaccinations. From 2024-2025, a total of 1,607 residents interacted with HCHD staff and other partners at events where HOWIE was present.

## **Partners**

The following organizations were involved in the Access to Care workgroup:

- Community Health Services
- Elara Caring
- Filling Homes
- Genacross Lutheran Services
- Genoa Healthcare
- Henry County Hospital
- Henry County Health Department
- Henry County Job and Family Services
- Henry County Transportation Network
- Main Street Health
- Northcrest Rehab and Nursing Center
- Ohio Department of Health
- OhioGuidestone
- OhioRISE
- Unison
- VA Ann Arbor Healthcare System

# Housing

## Summary

The Housing workgroup focused on increasing awareness of housing instability within the community and identifying opportunities for the expansion of housing in Henry County. This included strategies for increasing the availability of temporary housing and increasing quality of affordable housing. Several key accomplishments occurred over the three-year CHIP cycle including:

- Understanding of housing issues grew as community members and policymakers engaged directly with workgroup partners— including the Henry County Health Department—through ongoing collaboration and data sharing.
- Overall partnership understanding of homelessness documentation and coordinated entry process through collaborations with Northwestern Ohio Community Action Commission (NOCAC).
- Future funding opportunities for housing were explored by workgroup members.

## Objectives

The following objective was established for the Housing workgroup:

1. Increase the availability of temporary housing solutions by 2028
2. Develop quality affordable housing by 2028.

## Outcome Measures Progress

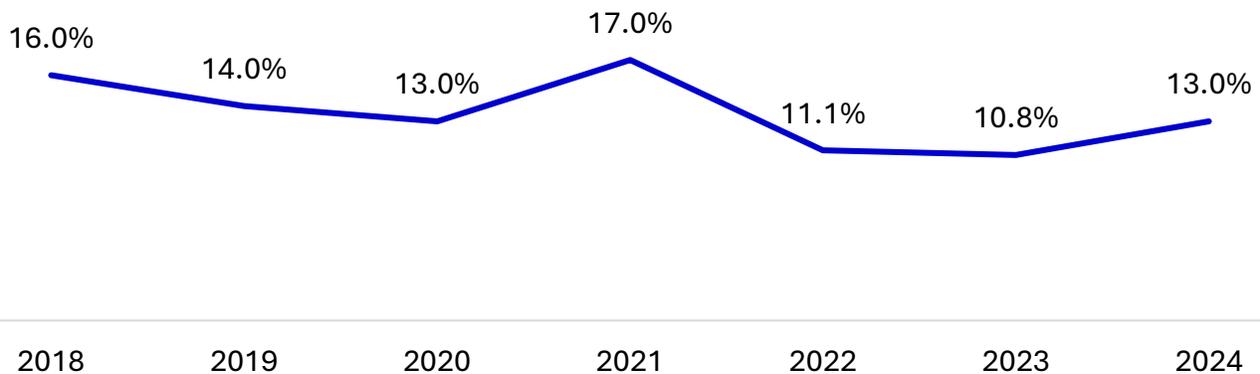
The following are outcome measures and their progress over time related to housing.

### Poverty

**Target:** Reduce the percentage of children living below the poverty level to 10% by 2028.

- Slightly fewer Henry County children who are under the age of 18 live below the poverty level in 2024 than in 2019. (U.S. Census)

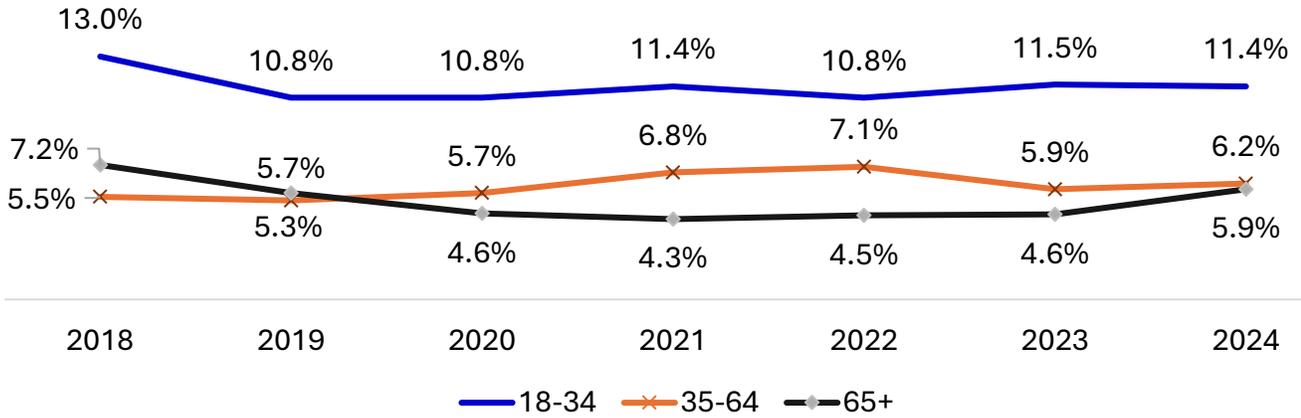
Percent of children (under 18) below the poverty level



**Target:** Reduce the percentage of adults living in poverty by 2028.

- More Henry County adults over the age of 18 were below the poverty level in 2024 compared to 2019. (U.S. Census)

Percentage of adults aged 18 and older below the poverty level



## Action Plan Results

The following are highlights and progress made towards each strategy by members of the workgroup.

Strategies	2023 Highlights	2024 Highlights	2025 Highlights
Increase availability of temporary housing for Henry County Residents	<ul style="list-style-type: none"> <li>• Worked to expand homelessness data collection across community organizations</li> <li>• Updated and translated housing information on Northwestern Ohio Community Action Commission (NOCAC) resource guide</li> <li>• Improved understanding of Coordinated Entry system for all workgroup members</li> </ul>	<ul style="list-style-type: none"> <li>• Continued expanding outreach for data collection and awareness</li> <li>• Worked to improve understanding of family homelessness</li> <li>• Ongoing promotion of services for housing assistance, including NOCAC housing programs</li> <li>• PiLLars of Success, an organization who assists homeless individuals and families with short-term housing and refer supportive services, continued to provide services for transitional housing</li> </ul>	<ul style="list-style-type: none"> <li>• Increased outreach through NOCAC housing staff presence at HCHD</li> <li>• Supported Point-in-Time counts for homelessness participation by Henry County partners and promoted volunteer recruitment for completing the study</li> <li>• Continued to support and maintain coordinated entry referrals despite exhaustion of rapid rehousing funds</li> <li>• Together We Can Make a Difference Initiatives hosted a community forum about housing needs to gather more information</li> </ul>
Increase quality of affordable housing in Henry County	<ul style="list-style-type: none"> <li>• Explored funding and development criteria for new housing</li> <li>• Identified concerns with housing shortages and development barriers</li> <li>• Worked to engage developers and local officials on housing issues</li> <li>• Continued collaboration with Ohio Housing Finance Agency to better understand housing assistance in rural communities</li> </ul>	<ul style="list-style-type: none"> <li>• Continued engagement with local leadership, housing developers, and regional housing partners</li> <li>• Continued to educate local leaders and public on housing supply gaps</li> <li>• Together We Can Make a Difference held a community forum to gather feedback and resident concerns related to housing</li> </ul>	<ul style="list-style-type: none"> <li>• Developed and presented a one-page housing data and storytelling brief for policymakers</li> <li>• Engaged state legislators, developers, and housing finance partners</li> <li>• Continued to work to secure funding for housing assistance in Henry County</li> </ul>

## Activities Results

The following are results from Housing action plan activities.

- According to the annual Point-in-Time (PIT) count the total number of homeless individuals (sheltered and unsheltered) in Henry County from 2023-2025 was 12. The Point-in-Time (PIT) count is an annual, single-night survey conducted in January by communities and counties across the U.S. to count sheltered and unsheltered individuals experiencing homelessness. Unsheltered numbers reflect the number of people counted in sampled census tracts within each county. The number is likely not reflective of the actual number of people experiencing unsheltered homelessness. *(Northwestern Ohio Community Action Commission (NOCAC) Point in Time Homeless Results)*
- NOCAC provides a variety of services for individuals who are homeless or struggling with their rent. These services are for individuals who reside in Defiance, Fulton, Henry, Paulding, Van Wert and Williams counties. For 2023, they provided \$144,900 to assist with rent arrears, deposits or utility payments to prevent homelessness across all counties. In 2024, \$171,978 was provided in assistance for rapid rehousing and \$79,719 in assistance for homeless prevention. *(NOCAC Annual Reports)*
- The total number of individuals sheltered at the PATH Center, which is an emergency shelter program provided to homeless individuals and families in Defiance, Fulton, Henry, Paulding, Van Wert and Williams counties, from 2022-2024 was 6,012. The total number of emergency shelter nights from the same period was 17,654. These figures do not represent unique encounters. Individuals may have spent more than one night at the PATH Center. *(NOCAC Annual Reports)*

## Partners

The following organizations were involved in the Housing workgroup:

- Henry County Commissioners
- Henry County Health Department
- Henry County Hospital
- Henry County Job and Family Services
- New Home Development
- Northwestern Ohio Community Action Commission (NOCAC)
- Ohio Department of Health
- PiLLars of Success
- Together We Can Make a Difference
- United Way of Henry County

# Mental Health

## Summary

The Mental Health workgroup focused on increasing community awareness of mental health and suicide, educating on available resources, and working to break down stigma of mental health. This included strategies for increasing community awareness of mental health, depression, and suicide, increasing awareness of mental health resources, and studying social determinants for those who died by suicide or overdose. Several key accomplishments occurred over the three-year CHIP cycle including:

- Increasing community awareness of mental health and local resources through the Henry County Let’s Talk initiative which educated both youth and adults on positive coping strategies.
- Expanding mental health programming and resources in Henry County including Mental Health First Aid, Crisis Intervention Team (CIT), and Critical Incident Stress Management (CISM) training.
- Created a countywide resource guide with local agency contact information for many different services including mental health, housing, food, and healthcare.

## Objectives

The following are the objectives established for the Mental Health workgroup:

1. Reduce Henry County youth and adults with depression by 2028.
2. Reduce Henry County youth and adults contemplating, attempting, and dying by suicide by 2028.

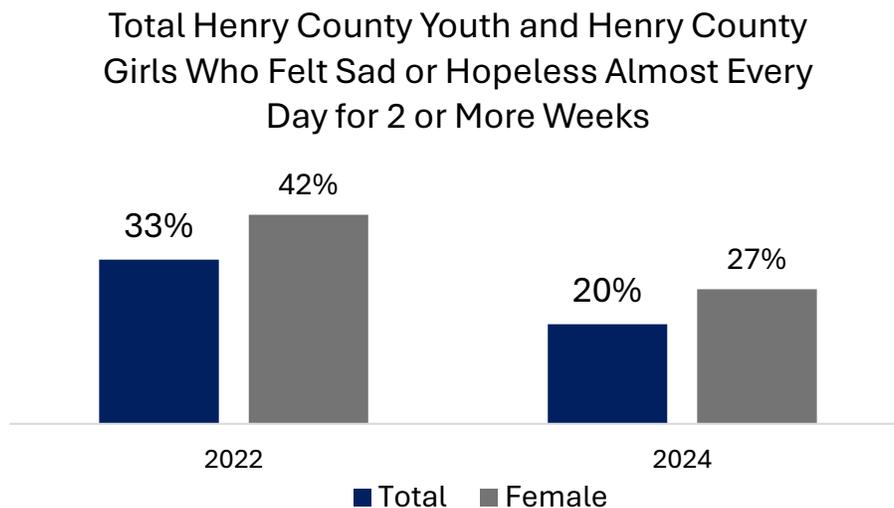
## Outcome Measures Progress

The following are outcome measures and their progress over time related to mental health.

### Depression

**Target:** Reduce the percentage of young girls reporting they felt sad or hopeless for 2 or more weeks from 26% to 21% by 2028.

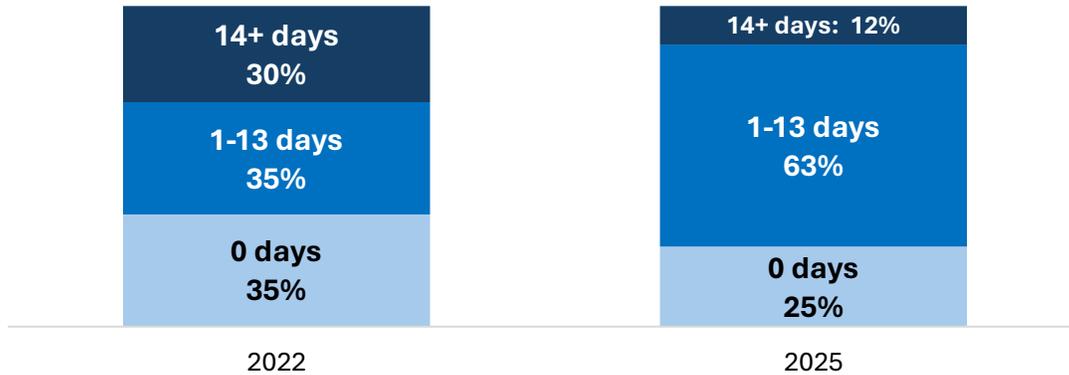
- Fewer Henry County girls (6<sup>th</sup>-12<sup>th</sup> grade) reported they felt sad or hopeless almost every day for 2 or more weeks in 2024 compared to 2019. Additionally, fewer Henry County youth reported they felt this way overall than in 2022.



**Target:** Reduce the percentage of adults suffering from depression by 10% in 2028.

- Fewer Henry County adults reported they had fourteen or more days where their mental health was not good in 2025 compared to 2022.

### Henry County Adults' Reports on Number of Days Mental Health Was Not Good in the Past Month

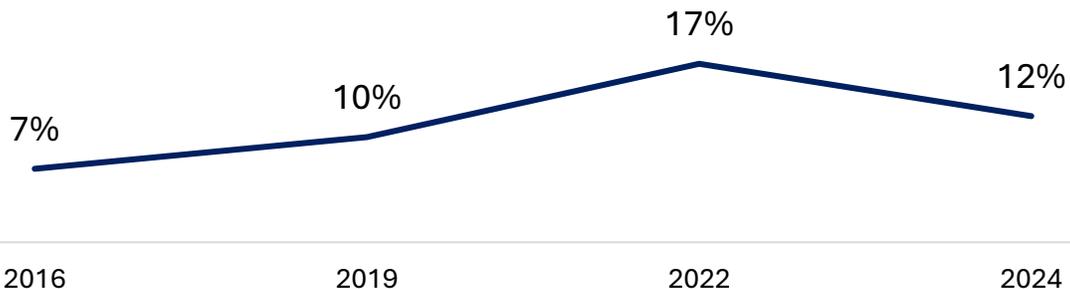


### Suicide

**Target:** Reduce youth reporting seriously considering attempting suicide by 10% in 2028.

- Fewer Henry County youth reported seriously considering attempting suicide in the past twelve months than 2022. However, the percentage has not returned to pre-pandemic numbers.

### Henry County 6th-12th grade youth who seriously considered attempting suicide (in the past 12 months)



**Target:** Reduce youth reporting attempted suicide by 20% in 2028.

- Fewer Henry County youth self-reported they had attempted suicide in the past year compared to 2022.

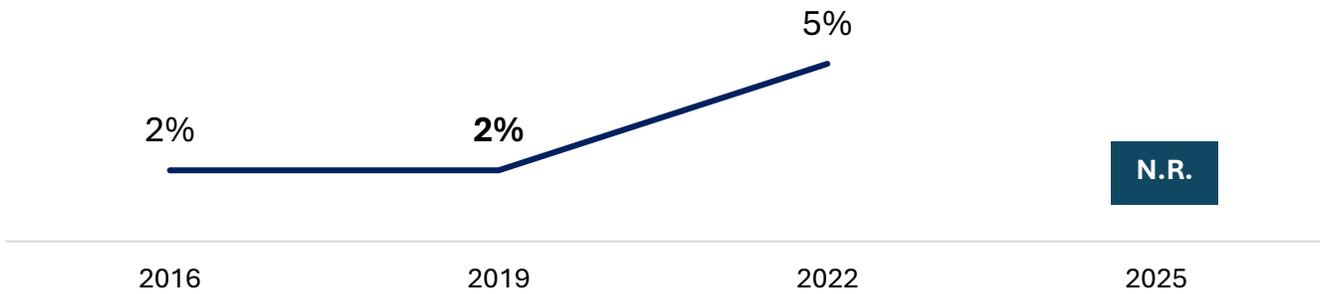
### Henry County 6th-12th grade youth who self-report they had attempted suicide in the past year



**Target:** Reduce the percentage of adults who report attempting suicide by 25% by 2028.

- More Henry County adults seriously considered attempting suicide in the past 12 months in 2022 than in 2019. Too few Henry County adults answered the question in 2025 to be reported.

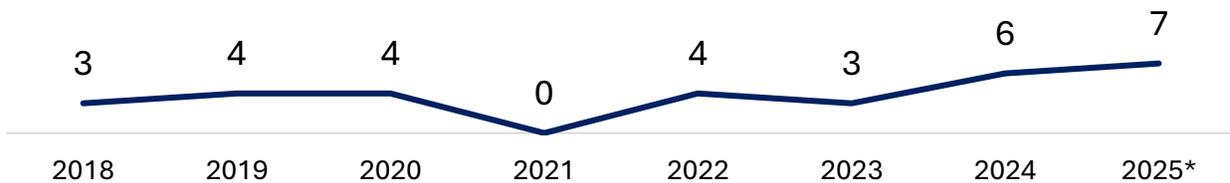
### Henry County adults who seriously considered attempting suicide (in the past 12 months)



**Target:** Reduce the number of suicide deaths from 4 to 2 by 2028.

- An increase in suicide deaths among Henry County residents was seen from 2023 to 2024. Another increase was also seen from 2024 to 2025. However, coroners have six months to complete death investigations and report death certificates. Therefore, valid state vital statistics data indicating cause of death for 2025 deaths is incomplete, most notably for recent months. \*

### Trend in the Number of Suicides Among Henry County Residents, 2018-2025\*



\*Death data are incomplete due to timeline for reporting and investigations

## Action Plan Results

The following are highlights and progress made towards each strategy by members of the workgroup.

Strategies	2023 Highlights	2024 Highlights	2025 Highlights
<p>Increase community awareness and break stigma of mental health, depression, and suicide</p>	<ul style="list-style-type: none"> <li>• Expanded community events and school prevention programs</li> <li>• Mental Health First Aid Classes for youth and adults provided by Maumee Valley Guidance Center and funded by Four County Alcohol Drug Addiction and Mental Health Services (ADAMhs) Board</li> <li>• 3rd Annual Suicide Prevention Breakfast organized by the Four County Suicide Coalition and funded by ADAMhs Board was held to promote suicide prevention and mental health awareness which was organized</li> <li>• Held first Overdose Awareness Day with coordination from Henry County Family Court and HCHD to raise awareness and support loved ones who lost someone due to overdose</li> <li>• Initiated and completed Henry County Let's Talk community and school presentations with Remedy Live</li> <li>• Maumee Valley Guidance Center provided Signs of Suicide (SOS) program in all districts</li> <li>• Received Adolescent Health Resiliency grant for trauma-informed education for adults working with youth</li> </ul>	<ul style="list-style-type: none"> <li>• Completed Community Readiness Assessment and moved from vague awareness to pre-planning phase</li> <li>• Continued Mental Health First Aid training and Peer to Peer youth programming</li> <li>• Held Youth Mental Health summit developed by Patrick Henry Peer to Peer students for their student body and other area youth</li> <li>• Continued to promote Henry County Let's Talk resources</li> <li>• Began Adolescent Health Resiliency grant work which was a multi-county collaborative named (Northwest Ohio Resilient Youth (NORY) Project)</li> <li>• Four County ADAMhs Board provided Crisis Intervention Training (CIT) training in the four-county area and attendees from Henry County participated.</li> <li>• Continued Overdose Awareness Day</li> <li>• Continued Signs and Suicide program in Henry County schools</li> </ul>	<ul style="list-style-type: none"> <li>• Maumee Valley Guidance began offering the Wellness Initiative for Senior Education (WISE) program in Henry County</li> <li>• Peer to Peer program at Patrick Henry provided professional development for staff using adolescent health resiliency materials</li> <li>• Four County ADAMhs Board continued training local Henry County first responders in CIT and Critical Incident Stress Management (CISM)</li> <li>• Henry County CISM team working on being formally established and more peer-to-peer support among first responders</li> <li>• Mental Health First Aid training continued in Henry County and SOS in all four school districts</li> <li>• Continued Overdose Awareness Day</li> <li>• Adolescent Health Resiliency grant (NORY Project) continued to expand into additional counties and train more adults in trauma-informed care</li> </ul>

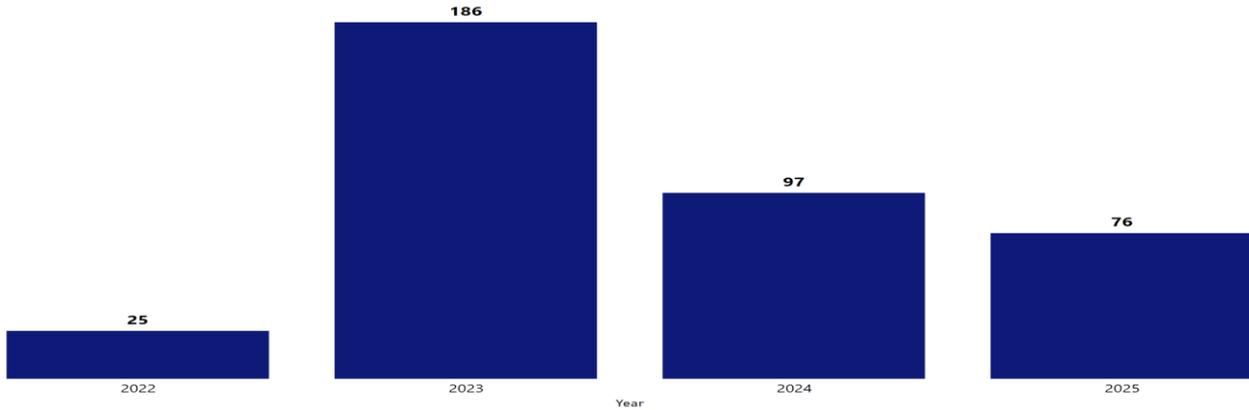
<p>Increase community awareness of mental health resources</p>	<ul style="list-style-type: none"> <li>Completed the Henry County Resource Guide</li> <li>Promoted Resource Guide availability</li> <li>Continued physician office visits to ensure client screenings and awareness of community mental health resources</li> </ul>	<ul style="list-style-type: none"> <li>Resource Guide materials were created in Spanish</li> <li>Continued promotion of Resource Guide in community</li> </ul>	<ul style="list-style-type: none"> <li>Launched CredibleMind program which provides online assessments, resources, and tools for mental health in the four-county area</li> <li>Continued to educate physician offices on mental health screenings and community resources</li> <li>Continued to promote Resource Guide</li> </ul>
<p>Increase community mental health resources.</p>	<ul style="list-style-type: none"> <li>Certified Community Behavioral Health Clinic (CCBHC) started in August 2023 by OhioGuidestone in Napoleon, which serves the four-county area to provide urgent mental health care services and reduce barriers</li> <li>Grief Recovery Method education provided to adults</li> </ul>	<ul style="list-style-type: none"> <li>CCBHC continued to see clients in Henry County and has started to expand to other counties including Defiance.</li> <li>Serenity Springs Women’s Recovery House opened in Fulton County and serves residents from multiple counties</li> </ul>	<ul style="list-style-type: none"> <li>CCBHC renamed Ready Care Clinics and are still being used in community</li> <li>Mobile Response and Stabilization Services (MRSS) started across the state including Henry County. This service is provided by Unison Health in northwest Ohio and provides on-site crisis response and short-term stabilization for those aged 20 and under.</li> </ul>
<p>Study social determinants impacting those who died by suicide or overdose.</p>	<ul style="list-style-type: none"> <li>Discussions started to form a fatality review committee, to study root causes and identify patterns or opportunities to reduce harm and prevent deaths</li> </ul>	<ul style="list-style-type: none"> <li>Two Henry County Health Department (HCHD) staff have received training on completing overdose fatality review and suicide fatality review</li> </ul>	<ul style="list-style-type: none"> <li>Held first annual suicide and overdose fatality review board</li> </ul>

## Activities Results

The following are results from Mental Health action plan activities.

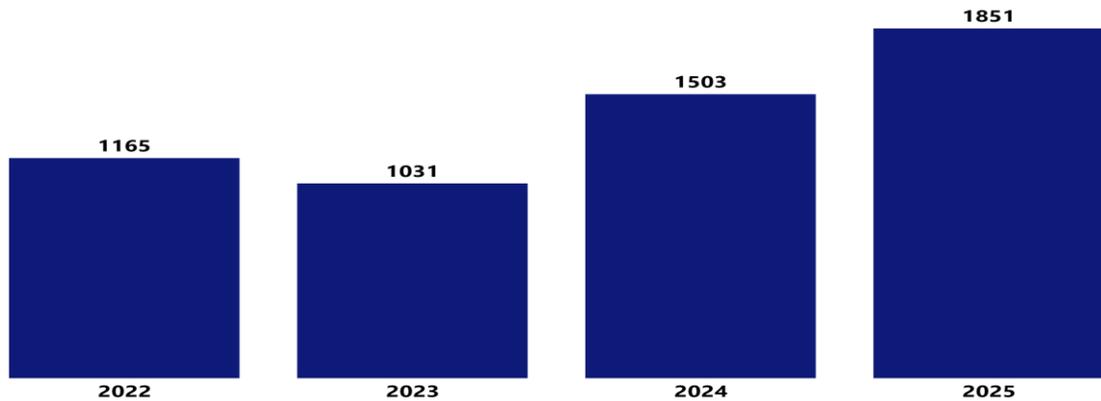
- Since 2022, 27 Mental Health First Aid trainings have been held in Henry County. Additionally, across all Mental Health First Aid training courses occurring in the four-county area, 384 Henry County residents or those working in Henry County communities have been trained.

Total Henry County Mental Health First Aid Trainees by Year



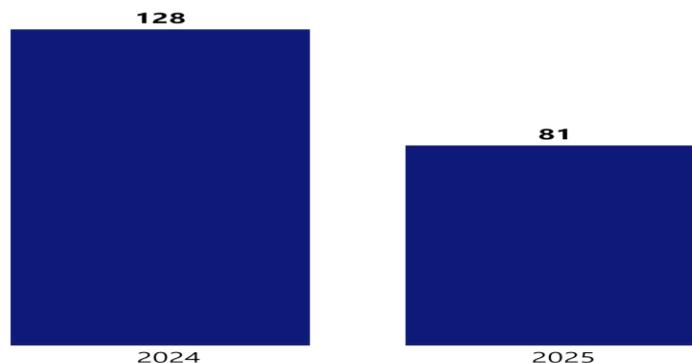
- The Signs of Suicide (SOS) program, a school based program for 7th & 9th grades, reached 5,550 students across all four school districts in Henry County since 2022.

Henry County Students Reached Through Signs of Suicide Program



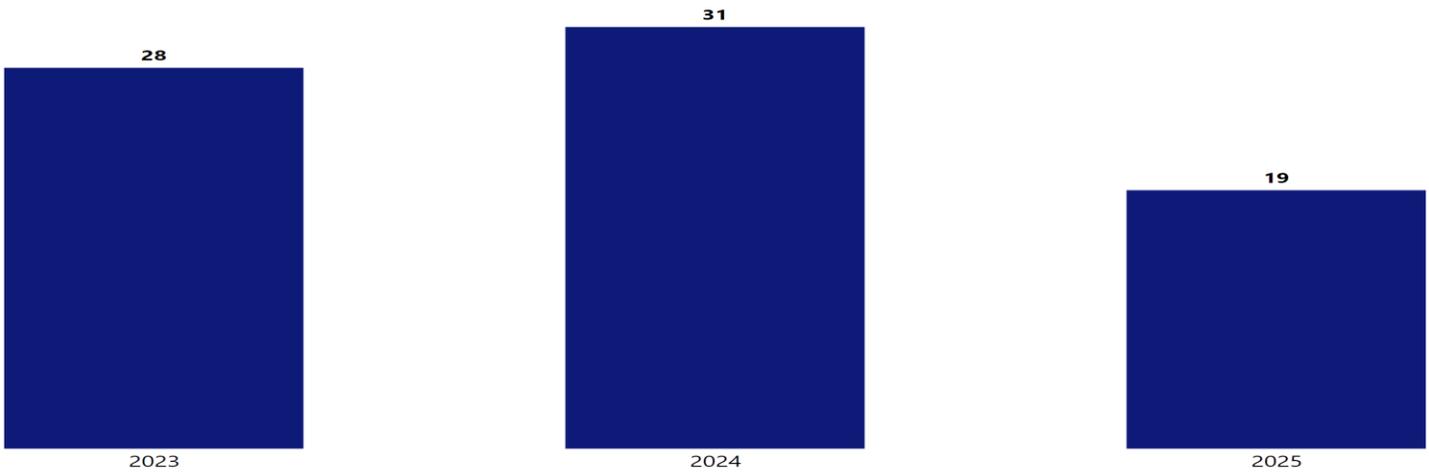
- The Adolescent Health program taught 209 Henry County adults since 2024 on trauma informed care and ways to assist children with their mental health. As it is a multi-county collaborative (Henry, Defiance, Putnam, Paulding, Williams, Fulton, Auglaize, and Ottawa), the program has trained a total of 535 participants from 62 different youth-serving agencies as of September 2025.

Henry County Adolescent Health Program Adult Trainees



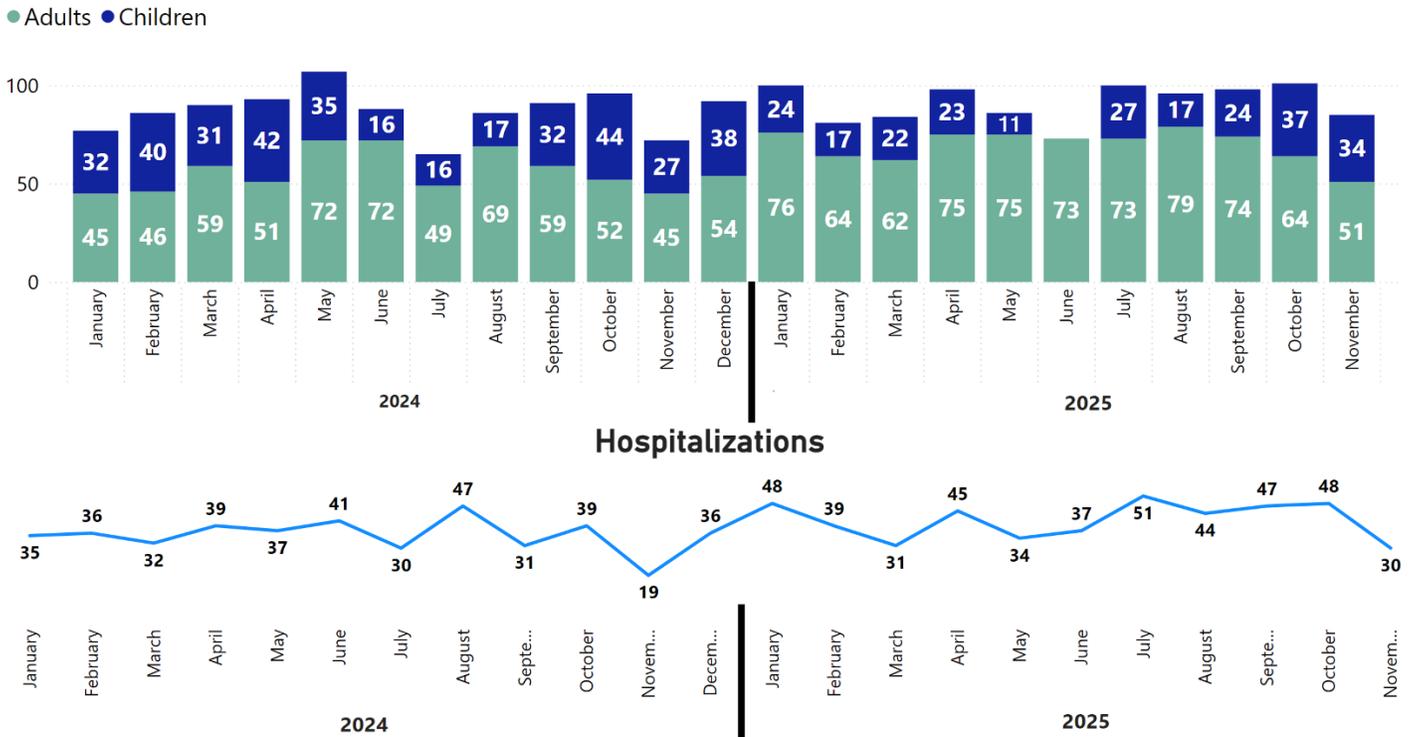
- 78 Henry County adults have been trained in the Grief Recovery Method and/or Helping Children with Loss. These sessions provided support and education through either group or one-on-one sessions.

Grief Recovery Method Program Trainees



- OhioGuidestone’s Certified Community Behavioral Health Clinic (CCBHC), also known as ReadyCare, saw a total of 2,045 clients with a total of 606 youth and 1,439 adults since January 2024. There is variability between the months for the number of adults and children, however the clinic sees over 70 individuals a month consistently. Hospitalizations related to the CCBHC are also variable from month to month. A total of 876 individuals were able to receive hospitalized care for their mental health and/or substance use concerns.

Behavioral Urgent Care Clients (2024-2025)



## **Partners**

The following organizations were involved in the Mental Health workgroup:

- Center for Child and Family Advocacy
- City of Napoleon Police Department
- City Of Napoleon Fire and Rescue
- Community Health Professionals
- Elara Caring
- Four County Board of Alcohol, Drug Addiction and Mental Health Services (ADAMhs)
- Genoa Healthcare
- Henry County Health Department
- Henry County Hospital
- Henry County residents
- Henry County Sheriff's Office
- Henry County Transportation Network
- Independence Education Center (IEC)
- Liberty Center Local Schools
- Maumee Valley Guidance Center
- Maumee Valley Planning Organization
- NAMI Four County
- Napoleon Area City Schools
- Northwest Ohio Education Services Center (NWOEsC)
- Ohio Department of Health
- OhioGuidestone
- OSU Extension-Henry County
- Patrick Henry Schools
- Recovery Services of Northwest Ohio
- RIDGE Project
- St. Paul Lutheran Church Napoleon
- St. Peters Lutheran Church
- St. Augustine Catholic School
- Unison
- VA Ann Arbor Healthcare System- Suicide Prevention Team

# Substance Misuse

## Summary

The Substance Misuse workgroup focused on overdose prevention education, harm reduction efforts, and linking individuals to treatment. This included strategies for providing naloxone, continuing Quick Response Team (QRT) to link individuals to treatment, support loved ones who lost someone due to addiction, youth prevention programming, fatality review of suicides and overdoses, and community education to reduce stigma. Several key accomplishments occurred over the three-year CHIP cycle including:

- Increased availability and provided naloxone across community, workplaces, and public safety settings.
- Quick Response Team (QRT) received statewide recognition for their efforts and has expanded into a regional model.
- Developed supports for loved ones who lost someone to overdose and raise awareness of community resources for treatment and recovery.

## Objectives

The following objective was established for the Substance Misuse workgroup:

1. Reduce the number of unintentional drug overdose deaths by 2028.

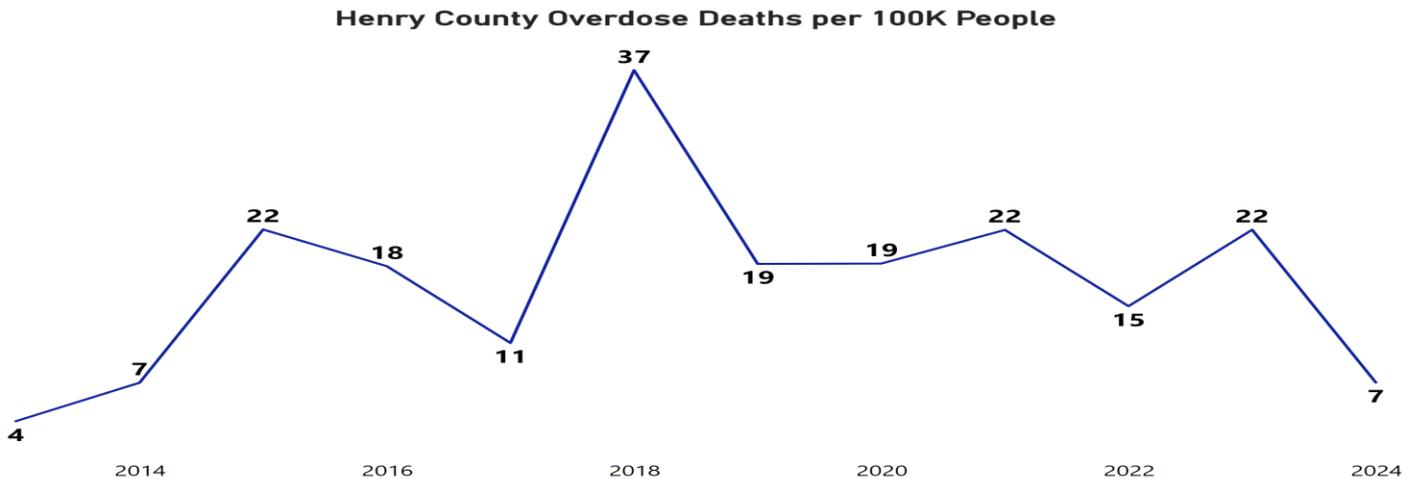
## Outcome Measures Progress

The following are outcome measures and their progress over time related to substance misuse.

### Unintentional Drug Overdose Deaths

**Target:** Fewer unintentional drug overdose deaths

- Since 2018, overall drug-related mortality rate (per 100,000) has shown a decline within Henry County. *(Ohio Department of Health Vital Statistics)*



**Target:** Fewer drug overdoses

- A decrease was seen from 2022 to 2024 in the rate of emergency department visits for suspected drug overdoses per 10,000 in Henry County. *(EpiCenter Syndromic Surveillance System)*

### Henry County Rate of ED Visits per 10,000 for Suspected Drug Overdose by Year



## Action Plan Results

The following are highlights and progress made towards each strategy by members of the workgroup.

Strategies	2023 Highlights	2024 Highlights	2025 Highlights
<p>Harm Reduction to reduce overdose deaths- Naloxone</p>	<ul style="list-style-type: none"> <li>• Expanded access to naloxone through community events, partners, and HCH Emergency Department</li> <li>• HCHD received the Integrated Harm grant to increase naloxone distribution and access to services supporting recovery</li> <li>• Local schools and other community organizations received naloxone kits to include in all first aid kits</li> <li>• Conducted focus groups with those who have lived experience to identify key community distribution areas</li> </ul>	<ul style="list-style-type: none"> <li>• Continued to expand access to naloxone through emergency use boxes at truck stops, gas stations, and other high-traffic locations</li> <li>• Held multiple mobile naloxone distribution at locations such as Speedway and Walmart</li> <li>• Continued community events and overall awareness education</li> <li>• Fentanyl test strips were integrated into Project Deaths Avoided with Naloxone (DAWN) kits with education</li> </ul>	<ul style="list-style-type: none"> <li>• HCHD installed two gravity-fed community access cabinets which include naloxone, medication disposal bags, condoms, and other hygiene items</li> <li>• HCHD and Multi-Area Narcotics (MAN) Unit initiated a leave behind program for naloxone with local first responders</li> <li>• Developed map of naloxone locations available on HCHD's website</li> <li>• Continued providing naloxone at events and other mobile distributions</li> </ul>
<p>Increase those entering treatment by continuing to develop a Quick Response Team (QRT)</p>	<ul style="list-style-type: none"> <li>• Educated Henry County Sheriff, City of Napoleon Police Department and Family Court on QRT purpose, referral process, and how to refer someone</li> <li>• Began accepting referrals from others in community outside of law enforcement</li> <li>• Held first Deflection Day event in Henry County at local gas station and provided naloxone kits</li> </ul>	<ul style="list-style-type: none"> <li>• Henry County's QRT was recognized by the Ohio Deflection Association with the Outstanding QRT, Outreach, and Engagement Initiatives in a Small Community Award</li> <li>• QRT members conducted "knock and talks" with the MAN Unit to provide naloxone and resources</li> <li>• Expanded awareness of QRT with community presentations, direct outreach with organizations, and creation of business cards for self-referrals</li> </ul>	<ul style="list-style-type: none"> <li>• Henry County MAN Unit began transitioning to a six-county Regional QRT model with Nicky Ferguson, the Mental Health and Substance Abuse Liaison, leading the team</li> <li>• Nicky Ferguson organized first Operation Bridging Recovery &amp; Interdiction Data Gathering Enforcement (BRIDGE) Day event in Henry and Defiance counties which combines the resources of law enforcement and substance use treatment in a coordinated effort focusing on reduction of supply and prioritizing treatment for those who qualify</li> <li>• Continued education with local first responders about QRT and its purpose</li> </ul>

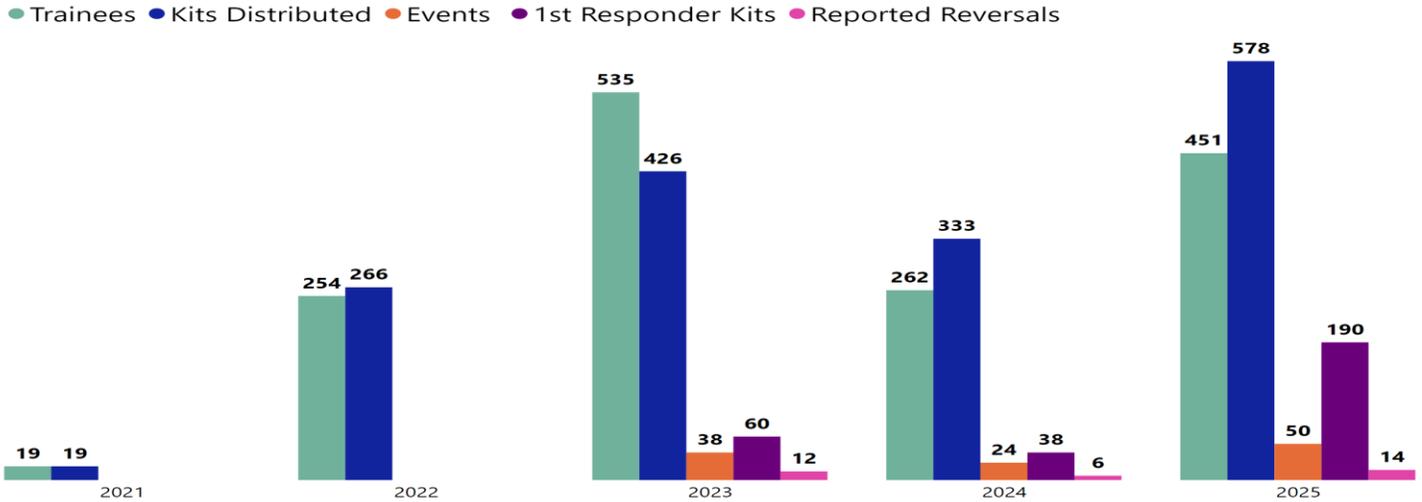
<p>Provide a support group for loved ones of those lost due to addiction</p>	<ul style="list-style-type: none"> <li>• Sue Barnes and Scott Barnes began hosting monthly support group meetings</li> <li>• Attended community events to raise awareness and educate the public on support group</li> </ul>	<ul style="list-style-type: none"> <li>• Continued hosting support groups for those interested</li> <li>• Provided education and outreach to community partners and public about the support group</li> </ul>	<ul style="list-style-type: none"> <li>• Finding Our Way Support group continues to be a resource for the Henry County community</li> </ul>
<p>Youth Prevention Grades 6-12</p>	<ul style="list-style-type: none"> <li>• Henry County Let’s Talk Initiative was presented at all four school districts through grades 6-12 on mental health, substance misuse, and using positive coping skills</li> <li>• “Dead On Arrival” video shared by local partners through social media and emails to staff, students, and public</li> </ul>	<ul style="list-style-type: none"> <li>• Continued promoting Henry County Let’s Talk information and “Dead on Arrival” prevention video</li> <li>• D.A.R.E and other school-based prevention programs were continued in Henry County schools</li> </ul>	<ul style="list-style-type: none"> <li>• Continued school-based prevention program within local school districts</li> <li>• Coalition members reviewed education and information regarding emerging trends including edibles, vapes, and THC beverages</li> <li>• Continued promoting community resources on social media regarding substance misuse prevention for youth</li> </ul>
<p>Fatality Review Board</p>	<ul style="list-style-type: none"> <li>• Discussions started to form a fatality review committee regarding both suicide and overdose</li> </ul>	<ul style="list-style-type: none"> <li>• Two HCHD staff received training on completing overdose fatality review and suicide fatality review</li> </ul>	<ul style="list-style-type: none"> <li>• Held first annual suicide and overdose fatality review board</li> </ul>
<p>Reduce stigma through community education.</p>	<ul style="list-style-type: none"> <li>• Held first Overdose Awareness Day with organization by multiple agencies including Henry County Drug Court, HCHD, and behavioral health providers</li> <li>• Henry County Let’s Talk Initiative, including both school and community presentations were held to educate on positive and negative coping skills when faced with life’s stressors</li> <li>• Presented at Four County Substance Use Prevention Breakfast on Quick Response Team and naloxone distribution</li> </ul>	<ul style="list-style-type: none"> <li>• Held second Overdose Awareness Day with strong community participation</li> <li>• Workgroup members were educated by RecoveryOhio members about Recovery-Friendly Workplace designation</li> <li>• Partners promoted Recovery Friendly Workplace materials in local community</li> <li>• Continued to promote Henry County Let’s Talk materials on social media</li> </ul>	<ul style="list-style-type: none"> <li>• Continued annual Overdose Awareness Day Event which has continued to expand to include more community resources and support for those in recovery and individuals who have lost loved ones due to overdose</li> <li>• Continued message on substance misuse and prevention strategies to public during events and on social media</li> </ul>

## Activities Results

The following are results from Substance Misuse action plan activities.

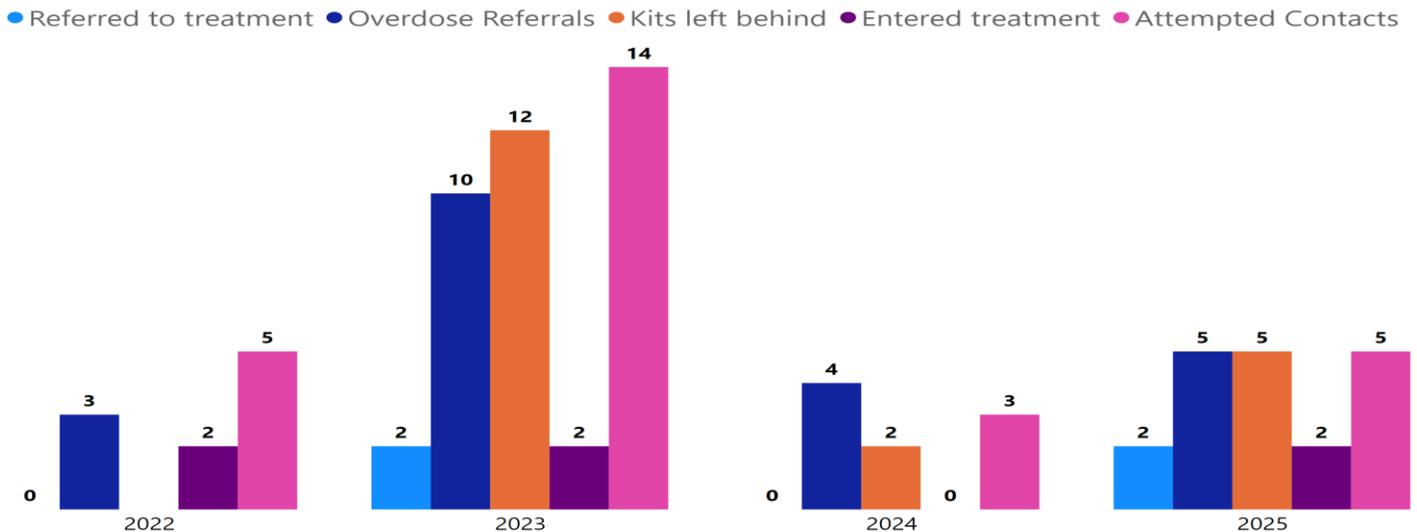
- Since 2021, there have been a total of 1,910 naloxone kits distributed including kits provided to first responders. Part of the increase in 2025 was due to previously issued kits expiring. However, there were a total of 14 reported reversals in 2025, the highest since starting the program. Additionally, 1,521 individuals were trained on naloxone and HCHD staff attended 112 local events to provide naloxone to the community.

**Henry County Project DAWN (Naloxone) Kits Distribution**



- The Quick Response Team has assisted with getting 6 individuals in to treatment, 4 referred to treatment, distributed 19 leave behind kits, and received 22 referrals. This program continues to grow as it has become a regional model through the MAN Unit.

**Henry County Quick Response Team**



- For Henry County Let's Talk, a presentation through Remedy Live, there were a total of 2,452 attendees including students and 220 community members who attended evening events. In addition to the Let's Talk presentation, local behavioral health and treatment agencies were in attendance to answer questions and share resources.

## **Partners**

The following organizations were involved in the Substance Misuse workgroup:

- Arrowhead Behavioral Health
- Center for Child and Family Advocacy
- City of Napoleon Police Department
- City of Napoleon Fire and Rescue
- Four County ADAMhs Board
- Henry County Family Court
- Henry County Health Department
- Henry County Hospital
- Henry County residents
- Henry County Sheriff Department
- Maumee Valley Guidance Center
- Multi-Area Narcotics Unit (MAN Unit)
- NAMI Four County
- Napoleon Area City Schools
- Ohio Department of Health
- Ohio School Safety Center
- OhioGuidestone
- OSU Extension-Henry County
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