Issued: April 13, 2021 Revised: June 29, 2021

# COMMUNITY HEALTH IMPROVEMENT PLAN 2020

The Community Health Improvement Plan (CHIP) is a tool to strengthen local efforts to improve health, well-being, and economic vitality in Henry County. The CHIPs main components are:

- Four priorities
- Measurable objectives
- Evidence-informed strategies
- An evaluation plan to track and report progress

With the long-term goal of ensuring all Henry County residents achieve their full health potential, the CHIP takes a comprehensive approach to achieving equity and addressing the many factors that shape our health.

Henry County Health Partners 2020-2022 Community Health Priorities





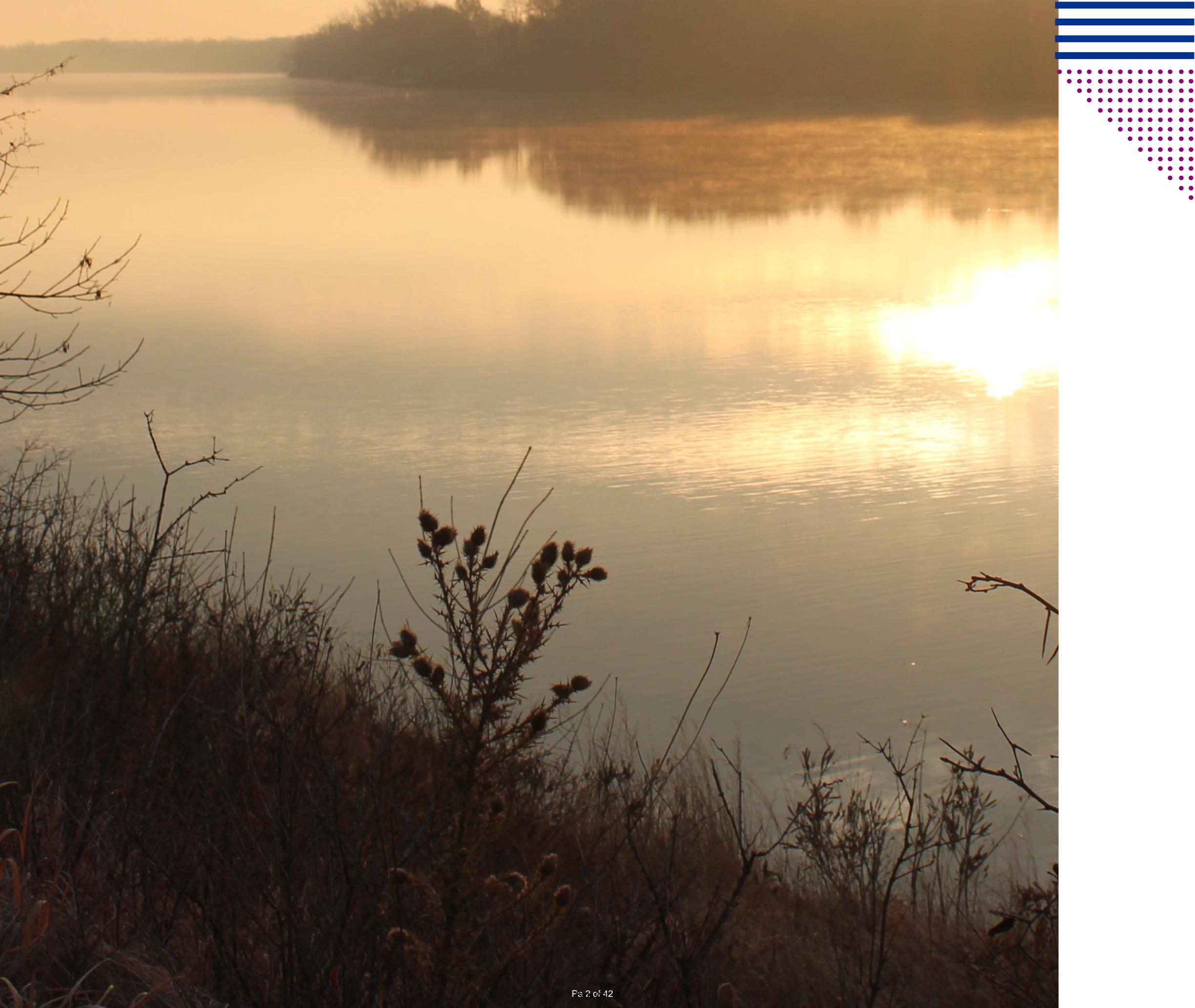
Economic Stability



Healthcare Access

Substance Misuse Sharon Meece, Director of Community Health Services

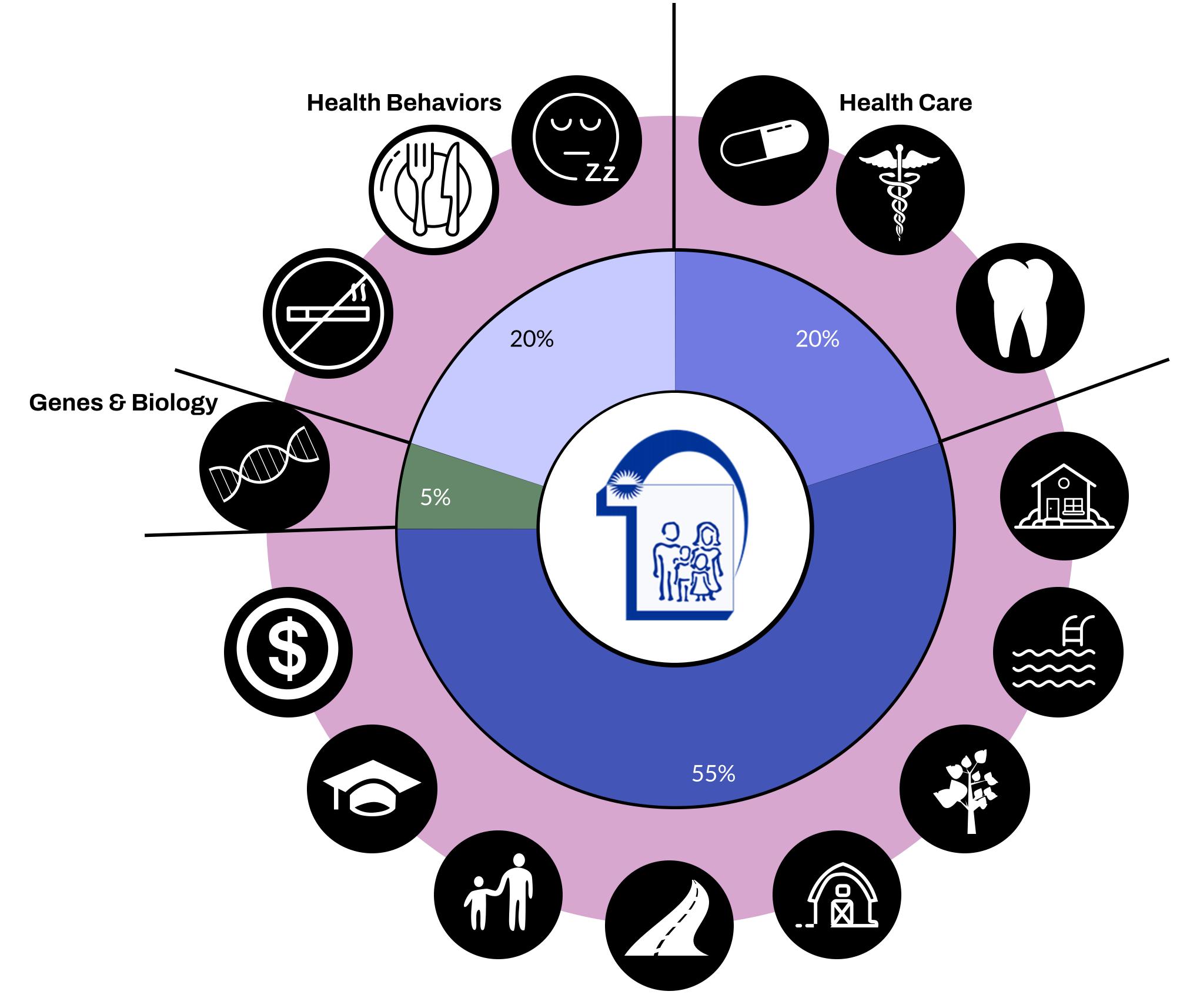
# 44 Our goal is to improve health for all in Henry County.



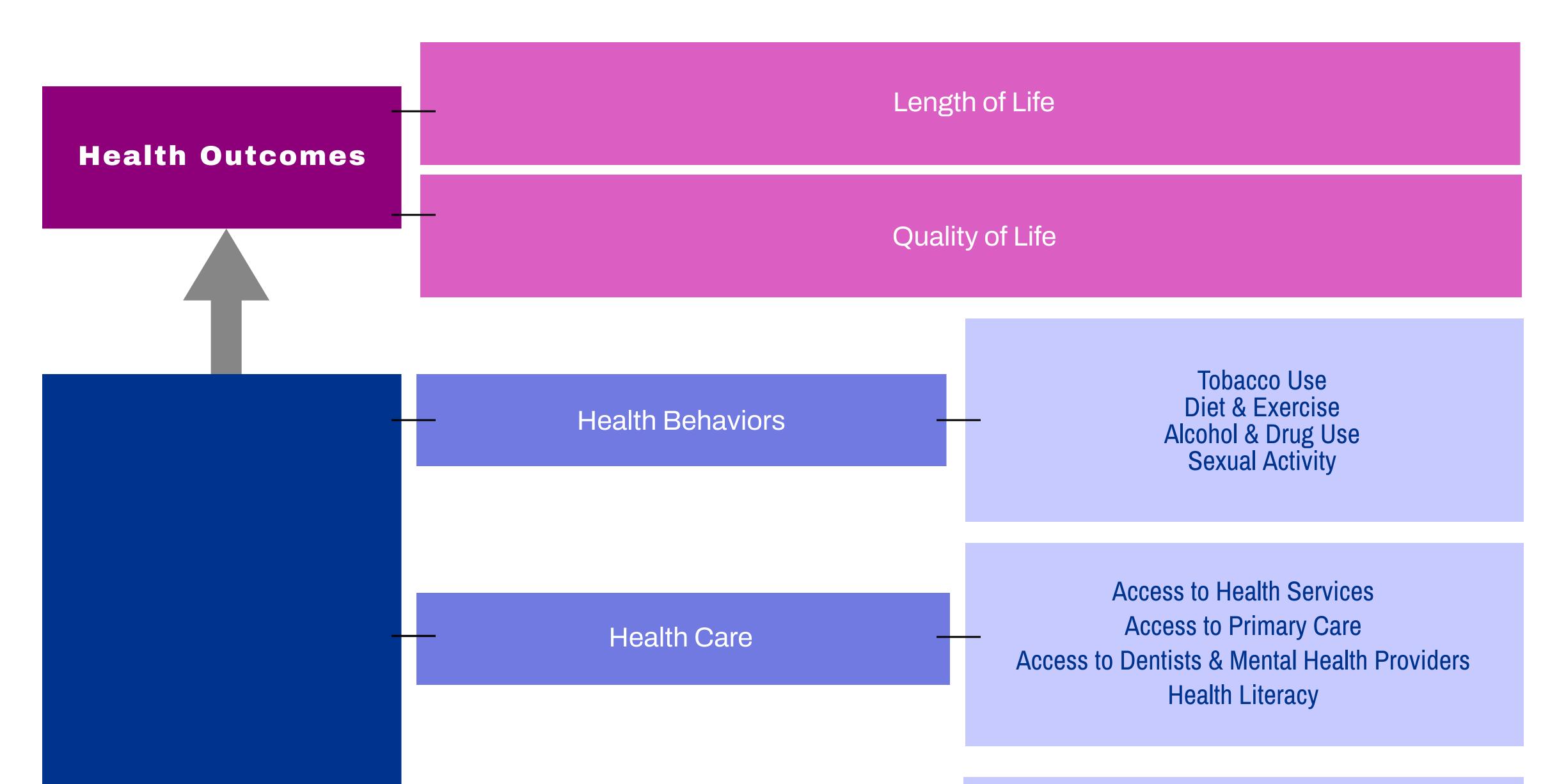
# SOCIAL DETERMINANTS



Conditions in the places where people live, learn, work, and play that affect a wide range of health and quality-of life-risks and outcomes.



**Social & Economic Factors** 



	Economic Stability	Employment Food Instability Housing Poverty
Health Factors	Education	Early Childhood Development & Education School Enrollment High School Graduation Language & Literacy
	Neighborhood & Built Environment	Access to Foods that Support Healthy Eating Crime & Violence Public Safety Environmental Conditions Quality of Housing

#### Infrastructure

## Social & Community Context

Civic Participation Discrimination Incarceration Social Cohesion

Policies & Programs

## http://henrycohd.org/health-assessments/



Equity Health equity means that everyone has a fair and just opportunity to be healthy. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.

The CHIP identifies three priority factors and one priority health outcome that affect Priorities the overall health and well-being of children, families, and adults of all ages. These priorities were chosen by the Henry County Health Partners, based on data reflecting Henry County, Ohio's residents' lived experiences.

What shapes our health How will we know if health is **improving in Henry County?** 

# and well-being?

# **Economic Stability**

- Poverty
- ALICE Households
- Unemployment
- Household Income
- Job Instability

# **Substance Misuse**

- Drug overdose deaths
- Drug overdoses
- Drug charges
- Successful Recovery

Mental Health

- Depression
- Suicides

**All Henry County** residents achieve their full health potential

- Improved health status
- Reduced premature death

### **Access to Care**

- Health Insurance
- Non-emergent ED Visits
- Preventive Care Utilization

# Strategies

Effective policies and programs to improve Henry County's performance on the chosen priorities.

# Henry County Health Partners CHIP PLAN 2020-2022

Henry County Community Health Improvement Plan has 4 priority areas to improve health: 1) Access to care, 2) Economic Stability, 3) Mental Health and 4) Substance Misuse. Each Priority has a coalition comprised of social service, health professionals, education, private industry, residents, and other community representation. Each group reviewed local, state, and national data to collectively determine an objective. Utilizing local data to determine levels of success, targets were set in 3, 6, and 9 year increments. Strategies to achieve success were chosen by reviewing community resources and looking at evidence-based program highlighted in Ohio Department of Health's State Health Improvement Plan. Each priority has its own plan outlined in the following pages.

# Four Priorities-One Goal

- 1. Access to Care
- 2. Economic Stability
- 3. Mental Health
- 4. Substance Misuse



# 9

#### Access to Healthcare

#### What shapes our health and well-being?

Health insurance improves access to care, limits out-of-pocket spending on healthcare services and makes healthcare costs more predictable. People with health insurance are less likely to delay or forgo needed care, seek care in emergency departments and experience financial hardship from medical debt. Expanding access to health insurance coverage reduces disparities in access to care, a critical factor for achieving health equity for all Henry County residents.



Objective: Increase the number of Henry County residents getting preventative care by providing equitable health care services people use and understand by 2028.

\*Designates Indicators linked to Ohio State Health Improvement Plan

Desired Outcome	Indicator (source)	Trend	Baseline1 (2018 & 2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of uninsured adults in Henry County to 4.0% by 2028.	Uninsured adults. *Percent of adults, ages 19-64, who are uninsured (ACS 5-yr est.)	Uninsured Adults Under the Age of 64	<b>6.0%</b> (n = 926)	5.5	5.5	4.0
	HC priority populations Unemployed (among those in the labor force) civilian noninstitutionalized population 19 to 64 years	Uninsured Among the Unemployed	<b>8.9%</b> (n = 33)	8.0	8.0	8.0

Part-time employed civilian noninstitutionalized population 19 to 64 years	Uninsured Among the PT Employed	<b>11.4%</b> (n = 437)	11.0	6.0	4.0
Ohio		8.4%	6.2%	5.1%	4%
United States		12.4%			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of uninsured children in Henry County to less than 1% by 2028.	Uninsured children.* Percent of children, ages 0-18, who are uninsured (ACS 5-yr est.*	Uninsured Children 100% 75% 50% 25% 4.0% 4.7% 2.2% 1.7% 1.9% 0% 2015 2016 2017 2018 2019	<b>1.9%</b> (n = 127)	Monitoring	Monitoring	<1%
	Ohio		4.4%	2.9%	2%	<1%
	United States		5.1%			

Desired Outcome Reduce the	Indicator (source) Uninsured	Trend Uninsured Civilian Noninstitutionalized	Baseline (2019) <b>4.0%</b>	Short-term Target (2022) 4.0	Intermediate Target (2025) 4.0	Long-term Target (2028) 4.0
percentage of uninsured within priority populations in Henry County to 4.0% by 2028.	population. Percent of civilian noninstitutionalized population who are uninsured (ACS 5-yr est.)	Population 100% 75% 50% 25% 7.3% 6.4% 4.5% 3.6% 4.0% 0% 2015 2016 2017 2018 2019	(n = 1,058)			
2028.	HC priority populations	5				
	Those aged 26 to 34 years (Data from 2015 and 2016 had an age range of 25 to 34 years)	Uninsured Among Those Aged 26-34	<b>10.9%</b> (n = 314)	9%	6.0	4.0
	Uninsured racial minorities	2015 2016 2017 2018 2019 Uninsured Racial Minorities	<b>7.3%</b> (n = 126)	7.0	6.0	4.0
		25% 11.5% 11.3% 6.9% 7.7% 7.3% 0% 2015 2016 2017 2018 2019				

Hispanic or Latino (of any race)	Uninsured Hispanics/Latinos 50% 25% 14.5% 17.0% 11.4% 12.1% 10.4%	<b>10.4%</b> (n = 217)	8.0	6.0	4.0
Foreign born, non-	0% 2015 2016 2017 2018 2019 Uninsured Foreign Born	8.8%	8.0	6.0	4.0
citizens	50% 25.4% 24.1% 17.4% 15.7% 8.8%	(n = 37)			
Ohio*	2015 2016 2017 2018 2019	6.1%			
United States		8.8%			

Desired			Baseline	Short-term	Intermediate	Long-term
Outcome	Indicator (source)	Trend	(2019)	Target (2022)	Target (2025)	Target (2028)
Reduce the	Emergency Room	Still gathering trend data and corresponding				
number of	visits for non-	state and nat'l level data.				
non-emergent	emergent issues.					
visits to the ER	(Henry County		Level 1 35			
toby 2028.	Hospital, 2019)		Level 2 481			
	Ohio					
	United States					
	Hospital Emergency					
	Room Visits per 1,000					
	Population (KFF State					
	Indicators)					
	Ohio		589 per 1,000			

U.S.		437 per 1,000	
	800 600 400 200 415 538 538 589 415 5013 501		

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Increase preventive care services by 2028.	Preventive care service utilization.					
Maintain flu vaccination rate of 78% through 2028.	Flu shot. Percentage of adults who received the flu vaccine among those aged 65+ (Henry County CHA, 2019)	Had a Flu Shot in the Past Year Among Those Aged 65+ 100% 72% 79% 78% 75% - 50% 25% - 0% 2013 2016 2019	<b>78%</b> (Aged 65+) <b>65%</b> (Aged 18+)	78%	78%	78%
	Ohio	Had a Flu Shot in the Past Year Among	63% (2019)			
	U.S.	Those Aged 65+ U.S.* - Ohio	64% (2019)			
		75% - 63% 59% 64%				
		50% - 63% 57% 63% 25% -				
		0% 2013 2016 2019				

Increase mammogram to 80% by 2028.	Mammogram. Percentage of women over the age of 40 who reported a mammogram in the past 2 years (Henry County CHA, 2019)	Women Aged 40+ Who Report a Mammogram Within the Past 2 Years 100% 80% 70% 75% 50% 25% 2013 2016 2019	70%	Monitor	75%	80%
	Ohio (BRFSS)		74% (2016-2018)			
	U.S. (BRFSS)		72% (2016-2018)			
Increase the percentage of women who have had a pap smear in past year to 80% in 2028.	Pap smear. Percentage of women ages 21 – 65 who had a Pap smear in the past three years (Henry County CHA, 2019)	Women Aged 18/21-64 Who Report Having a Pap Smear within the Past 3 Years	65%	Monitor	75%	80%
	Ohio (BRFSS)	Women aged 21-65 who have had a pap test in the past three years	79% (2018)			
	U.S. (BRFSS)		80% (2018)			

Maintain 73% of adults visiting the dentist or dental clinic in past year.	<b>Dental</b> . Percentage of Henry County adults who had visited a dentist or dental clinic in the past year (Henry County CHA, 2019)	Adults Who Visited a Dentist or Dental Clinic in the Past Year, Henry County	73%	73%	73%	73%
	Ohio (BRFSS)	Adults Who Visited a Dentist or Dental Clinic in the Past YearU.SOhio	67% (2018)			
	U.S. (BRFSS)	100% 75% 50% 25% 0% 2010 2012 2014 2016 2018	68% (2018)			
Increase the percentage of adults who had routine checkup in past year to 80% by 2028	<b>Checkup</b> . Percentage of Henry County adults who visited a doctor for a routine checkup in the past year (Henry County CHA, 2019)	Percentage Who Have Visited a Doctor for a Routine Checkup in the Past Year 100% 75% 50% 25% 0% 2013 2016 2019	72%	75%	77%	80%
	Ohio (BRFSS)	Percentage Who Have Visited a Doctor for a Routine Checkup in the Past Year	78%			
	U.S. (BRFSS)	100%     71%     75%     78%       75%     68%     71%     78%       25%     0%     2013     2016     2019	(2019) 78% (2019)			

Maintain 76 % of adults ages 50 and over who had a colonoscopy in last 10 years.	<b>Colonoscopy</b> . Percentage of adults ages 50 and over had a colonoscopy in the past ten years (Henry County CHA, 2019)	Percentage Aged 50+ Had a Colonoscopy in the Past 10 Years	76%	76%	76%	76%
	Ohio (BRFSS)	Percentage Aged 50-75 Had a Colonoscopy in the Past 10 Years	63% (2018)			
	U.S. (BRFSS)	100%	64% (2018)			
	Adult vision screening in the past two years (Henry County CHA, 2019)	N.A.	80%	80%	80%	80%
Increase Adults getting hearing test in past 2 years by 10% in 2028.	Adult hearing tested in the past two years (Henry County CHA, 2019)	N.A. N.A.	31%	Monitor	32.5%	34%
Increase Adults getting skin test in past 2 years in 2028.	Adult skin test in the past two years (Henry County CHA, 2019)		24%	Monitor	25%	26.4%
Increase adults getting	Adult bone density in the past two years	N.A.	12%	Monitor	12.7%	13.2%

one density	(Henry County CHA,		
test by 10%.	2019)		

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Increase childhood vaccination rates for Henry County to 95% and get data from NAS.	Kindergarteners Single Antigen Up-To- Date Rates, 2019- 2020 School Year (ODH, School Immunization Level Assessment) <i>Note</i> : *Does not include Napoleon Public Schools)	Kindergarteners Single Antigen Up-To-Date Rates, Henry County* Ohio Varicella Hep B MMR Polio Dtap 0% 25% 50% 75% 100%	÷	95%	95%	95%
	Ohio (ODH, School Immunization Level Assessment)	Kindergarteners Single Antigen Up-To- Date Rates, Ohio	Dtap 92% (2019-2020) Polio 93% (2019-2020) MMR 93% (2019-2020) Hep B 95% (2019-2020) Varicella 92% (2019-2020)			

	United States (Seither, et al., 2021)	Kindergarteners Single Antigen Up-To-Date Rates, U.S.				
		Varicella 959 Hep B MMR 95	<b>+</b>			
		Polio Dtap 0% 25% 50% 75% 100%	5			
Completion of Adult vaccine objectives: Maintain:	Completion of Adult Vaccine-TDAP, Pneumonia, Shingles	N.A.	Tdap in the past 10 years- 75% (2019)	Tdap-maintain Pneu-maintain Shingles-30%	Tdap-maintain Pneu-maintain Shingles-30%	
Tdap-75% Pneu-80% Increase: Shingles-30%			Pneumonia vaccine aged 65+-80% (2019)			
			Shingles vaccine-20% (2019)			
	Ohio (BRFSS)	N.A.	Tetanus Shot since 2005- 70.4% (2019)			
			Pneumonia vaccine aged 65+-74.7% (2019)			
			Shingles vaccine-28.9% (2017)			

United States (BRFSS)	N.A.	Tetanus Shot since 2005- 72.7% (2019)	
		Pneumonia vaccine aged 65+-73.3% (2019)	
		Shingles vaccine-28.9% (2017)	

Desired			Baseline	Short-term	Intermediate	Long-term
Outcome	Indicator (source)	Trend	(2019)	Target (2022)	Target (2025)	Target (2028)
Increase	Completed COVID-19	N.A.	39%	70%	70%	70%
completion of	vaccine (ODH COVID-		(6/28/2021)			
COVID Vaccine	19 Vaccine					
to 70%.	Dashboard)					
	Ohio (ODH COVID-19	N.A.	44%			
	Vaccine Dashboard)		(6/28/2021)			
	United States (CDC)	N.A.	46%			
			(6/28/2021)			



#### **Health Partners**

This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

Kristi Barnd	Henry County Hospital
Sheana Behringer	NOCAC
Phil Brock	NOCAC
Pamela Bunch	Paramount Advantage
Kristen Campos	HC Job and Family Services
Susan Davis	HCHD
Lee Ann Druhot	Henry County Hospital
Joy Ermie	Commissioner Henry County Health Department
Tracy Gerken	Henry County Hospital – Social Worker
Jennifer Hernandez	HCHD
Jan Hoffer	Henry County Hospital - Discharge Nurse
Jill Keller	HCHD
Tiffany Kennerk	Henry County Hospital
Sharon Meece	HCHD
Bev Palmer	A Renewed Mind – Program Manager
Krista Payne	HCHD
Cathy Price	Filling Home
Angel Robinson	Henry County Hospital
Jessica Schultz	Mercy Health
Allyson Smith	HCHD
Victoria Taylor	Community Health Services
Linda Thiel	Community Health Services Federally Qualified Health Center



#### Community Resources

Below is a list of existing community resources for addressing access to care. The working group will continue to research and add new resources to this list during the implementation process.

Program/ Strategy/ Service	Responsible Agency	Population(s) Served
Transportation Network	Henry County Transportation Network	All
Hospital	Henry County Hospital	All
Medical care	Napoleon Clinic	All
	Henry County Family Medicine	
	Henry County Family Medical Care	
	Promedica Physicians	
FQHC	Community Health Services	All-sliding fee scale
Henry County Cares	Henry County Health Department	Medicaid
Immunizations	Henry County Health Department	All
Children with Medical	Henry County Health Department	Families with Children who have medical
Handicaps		handicaps
Help Me Grow	Henry County Health Department	WIC families, prenatal to 3 years of age



#### Ohio State Health Improvement Plan (SHIP) Strategies

The following is an outline of the strategies from the Ohio State Health Improvement Plan related to this priority area.

HEALTH INSURANCE COVERGE	
ODH Recommended Strategies	Includes
Insurance enrollment assistance for adults and children	<ul> <li>Utilize existing resources such as Community Health Workers (CHWs) to raise awareness of health insurance enrollment assistance</li> </ul>

LOCAL ACCESS TO PROVIDERS	
OHD Featured Strategies	Includes
Culturally competent workforce in underserved communities	Community health workers
Additional strategies	
Healthcare workforce professional development	<ul> <li>Health career recruitment for minority students and other underrepresented or disadvantaged students (for example, Career Academies)</li> </ul>
Other access supports	Health literacy interventions
Culturally competent workforce in underserved communities	<ul> <li>Certified community health workers</li> <li>Support and expand the role of peer support specialists</li> </ul>



Items in blue text designate strategies and/or action steps that address health inequities.

\*Designates strategies linked to Ohio State Health Improvement Plan

Community Health Priority: Acces	ss to Healthcare			
Objective: Increase the number of Henry County residents getting preventative care by providing equitable health care services people use and understand by 2028.				
Measure(s): Uninsured Population, Non-emergent ED Visits, Preventive Care Utilization				
Henry County Improvement Strategies (What We Want to Do)Henry County Action Steps (How We're Going to Do It)Local Partners (Who Needs to Work Together on This)				
A. Increase culturally competent healthcare workforce across the county including in underserved communities*	<ol> <li>Identify Community Health Workers (CHW)/patient navigators/ patient advocates in Henry County</li> <li>Create a robust CHW network for information sharing, networking, and support with the ultimate goal of improving healthcare services in HC.</li> <li>Develop culturally/linguistically effective tools and processes to assist HC resident to access healthcare.</li> <li>Determine the social determinants and subsequent barriers to accessing care.</li> </ol>	Susan Davis, HCHD Christine McVay, A Renewed Mind Bev Palmer, A Renewed Mind Jen Leonard, CHS Victoria Taylor, NP CHS Kristen Campos, JFS Jan Huffer, Discharge Nurse HCH Tracy Gerken, Social Worker, HCH	accomplished) 12.31.21	

	5. Create policies within the local health care system to utilize CHW services to increase health equity.		
B. Develop healthcare workforce *	<ol> <li>1.Identify ways to recruit minority students and other underrepresented or disadvantaged populations to the local healthcare workforce.</li> <li>2. Develop educational/career awareness for entry into health care fields for local students.</li> </ol>	Joy Ermie, HC HCHD Allyson Smith, DON HCHD Kristi Barnd, CEO HCH Linda Thiel, CHS Cathy Price, Filling Home	12.31.22



#### **Economic Stability**

#### What shapes our health and well-being?

Economic instability negatively impacts health through neighborhood conditions, access to health care and opportunities to engage in health behaviors. Increased stability allows greater access to high-quality education, nutritious food, safe housing, and health insurance coverage. Individuals without stability are also more likely to experience toxic and persistent stress, which can negatively affect health.



#### Objectives

Improve the economic stability of Henry County by creating a stable workforce through access to equitable jobs with opportunities for advancement, available daycare for all shifts, and affordable housing by 2028. \*Designates Indicators linked to Ohio State Health Improvement Plan

Desired Outcome	Indicator (source)	Trend	Baseline1 (2018 & 2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percent of children living below the poverty level to 10% by 2028.	Child poverty. * Percent of children (< age 18) below the poverty level (ACS 5- yr est.)	Child Poverty 100% 75% 50% 25% 17% 17% 15% 12% 16% 14% 0% 2014 2015 2016 2017 2018 2019	<b>13.8%</b> (n = 861)	13.8%	12%	10%
	Ohio		19.9%			
	United States		18.5%			

Reduce the	Adult poverty*	Adult Poverty	6.77%		
percentage	Percentage of adults	Adult Poverty 18 to 34 years	(n = 1,385)		
of adults in	aged 18 and older				
priority populations	below the poverty level (ACS 5-yr est.)	Adult Poverty 65 years and over			
living in poverty by		20% - 16.5%			
20% by 2028.		10% 8.2%			
		0% 4.8%			
		2015 2016 2017 2018 2019			
	Ohio		9.5%		
	United States		9.2%		
	HC priority population	s – ALL AGES			
	Black or African		27.8%	25%	22%
	American Alone		(n = 57)	14.00/	120/
	Hispanic or Latino of		16.2%	14.6%	13%
	any race		(n = 339)	0.20/	7 40/
	Female		9.2% (n = 1,245)	8.3%	7.4%
	<b>HC</b> priority population	s – Aged 25+			
	< H. S. graduate		17.5% (n = 200)	15.8%	14%

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce Family Poverty in priority populations by 20% in 2028.	Family poverty. Poverty status in the past 12 months of families (ACS 5-yr est.)	Family Poverty 100% 75% 50% 25% 9% 8% 7% 6% 7% 6% 0% 2014 2015 2016 2017 2018 2019	<b>6.3%</b> (n = 482)			
	HC priority population	S				
	Female householder, no spouse present		27.9% (n = 1,275)	Monitoring	25.1%	22.3%
	Hispanic or Latino origin (of any race)		17.2% (n = 460)	Monitoring	15.5%	13.8%
	Ohio		9.9%			
	United States		9.5%			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of those living in the ALICE gap plus poverty by 10% in 2028.	ALICE households. The share of households that are asset limited, income constrained, yet employed plus the share of household below the poverty level (Unitedforalice.org)	Economic Weiseing EriestoidsHouseholds $P O V = Y$ $A LICE$ $A bove ALICE$ $100\%$ $-63\%$ $66\%$ $67\%$ $71\%$ $72\%$ $69\%$ $50\%$ $-63\%$ $22\%$ $22\%$ $20\%$ $19\%$ $21\%$ $0\%$ $13\%$ $12\%$ $11\%$ $9\%$ $10\%$ $10\%$ $0\%$ $2010$ $2014$ $2016$ $2018$ Most Recent	31%	Monitoring	29.5%	27.9%
	Ohio		39%			
	United States		42%			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Monitor unemployme nt rate.	<b>Unemployment</b> <b>Rate</b> . Percent not employed among the population aged 16 and over in the labor force (ACS 5-yr est.)	Unemployment Rate	3.1%	Monitoring	Monitor	Monitor
	Ohio		5.3%			
	United States		5.3%			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Monitor household income	Median household income. (ACS 5-yr est.)	Median Household Income Median Household Income Median Household Income Median Household Income Median Household Income State of the state of t	\$59,695	Monitor	Monitor	Monitor
	Ohio		\$56,602			
	United States		\$62,843			



#### **Health Partners**

This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

Jennifer Arps	Economic Development Coordinator
Carolyn Badenhop	OSU Extension Office
Dan Breitbart	HCHD
Kelli Burkhardt	Together We Can Make A Difference
Jim Drewes	Director of Workforce Development, Northwest
	State Community College
Andy and Nicole Elling	Dairy Queen - Owners
Karen Engler	HCHD
Joy Ermie	HCHD
Jennifer Hernandez	HCHD
Bob Hastedt	Henry County Commissioner
Barb Hoffman	Pillars of Success
Shannon Jones	Director of Job and Family Services
Jill Keller	HCHD
Tom Mack	United Way of Henry County
Sharon Meece	HCHD
Joel Miller	Director of HC Chamber of Commerce
Krista Payne	HCHD
Janie Shearer	Pastor Emanuel Lutheran Church
Jamison Smith	Resident
Cathy Zwyer	HCHD



#### Community Resources

Below is a list of existing community resources for addressing economic stability. The working group will continue to research and add new resources to this list during the implementation process.

Program/ Strategy/ Service	Responsible Agency	Population(s) Served
Housing	Pillars of Success	Homeless
Toiletries	Together We Make a Difference	Poverty/ALICE
Food Pantries	Various church and community	Poverty Alice
	groups	
Government assistance	Job and Family Services	Unemployed/Poverty/Alice
Resource line	United Way	Poverty/Alice
Henry County Cares	Henry County Health	Medicaid/Poverty
	Department	
Help Me Grow	Henry County Health	At Risk Parents for school readiness birth
	Department	to age 3
Financial assistance	Various churches, St Vincent's	Those in need with rent, utility and other
	de Paul	temporary financial needs
WICnutrition	Fulton County Health	Mother and babies
	Department	
Emergency services, utility,	Northwestern Ohio Community	Poverty and low income
housing, home repair, nutrition	Action Commission, Inc.	
	(NOCAC)	



#### Ohio State Health Improvement Plan (SHIP) Strategies

The following is an outline of the strategies from the Ohio State Health Improvement Plan related to this priority area.

ODH Recommended Strategies	Includes
Adult employment programs	<ul> <li>Post-secondary career-technical education (adult vocational training)</li> </ul>
	Transitional jobs

Additional strategies	
Child and youth-focused programs	
Early childhood education programs	<ul> <li>Publicly funded pre-kindergarten programs</li> </ul>
Early childhood home visiting	Some home visiting programs have been evaluated to assess impact on family economic security.
	<ul> <li>Early childhood home visiting programs (Help Me Grow)</li> </ul>
	Nurse-Family Partnership (NFP)
Career training for high school students	<ul> <li>Career and technical education for high school graduation</li> </ul>
	Career Academies
	<ul> <li>Summer youth employment programs</li> </ul>
Childcare	<ul> <li>Increase publicly funded childcare eligibility io 150% of the Federal Poverty Level</li> </ul>
	Childcare subsidies
Adult training and employment programs	
Sector-based workforce initiatives	Sector-based workforce initiatives such as ApprenticeOhio program through OhioMeansJobs
Financial literacy and wealth building initiatives	
	Matched dollar incentives for saving tax refunds
Affordable Housing	
Housing voucher program	Expand affordable housing program for the lowest income renters including the housing choice voucher program (section 8).



#### Strategies

Items in blue text designate strategies and/or action steps that address health inequities.

\*Designates strategies linked to Ohio State Health Improvement Plan.

Community Health Priority: Economic S	Stability	
Objective: Improve the economic stabi	lity of Henry County by creating a stable workfo	prce through access to equitable jobs wit
opportunities for advancement, availat	ble daycare for all shifts, and affordable housing	g by 2028.
Measure(s): Poverty, ALICE, Unemploy	ment, Income, Turnover/Retention, Advanceme	ent
Henry County Improvement Strategies	Henry County Action Steps	Local Partners
(What We Want to Do)	(How We're Going to Do It)	(Who Needs to Work Together on This)
<ul> <li>A. Develop sector-based workforce initiatives*</li> </ul>	<ol> <li>Increase access for employee education to increase employment and increase advancement for those in priority populations.</li> </ol>	Jim Drewes, Northwest State
	<ol> <li>Identify local employer challenges with hiring and retention.</li> <li>Identify workplace system changes to alleviate inequities by addressing social needs.</li> </ol>	Jennifer Arps, CIC Jennifer Arps, CIC HCHD
B. Improve and expand childcare*	<ol> <li>Increase capacity of childcare services.</li> <li>Improve affordability and access to childcare.</li> <li>Expand childcare access to 2<sup>nd</sup> and 3<sup>rd</sup> shift workers.</li> <li>Identifying infrastructure needs of current childcare centers.</li> </ol>	Jen Hernandez, Support Services Barb Hoffman, Pillars Bob Hastedt, HC Commissioner
C. Increase affordable housing*	<ol> <li>Increase the availability of affordable/subsidized housing through</li> </ol>	Barb Hoffman Pillars Bob Hasted, HC Commissioner

system and policy change

#### Mental Health

#### How will we know mental health and well-being is improving in Henry County?

Unmet need for mental health care (under Access to Care in the SHIP)

There will be fewer days of sadness and hopelessness reported among youth and adults.

There will be fewer contemplations of suicide among youth and adults and there will be fewer suicides among youth and adults.



#### Objectives

1. Reduce Henry County youth and adults with depression by 2028.

2. Reduce Henry County youth and adults contemplating, attempting, and completing suicide by 2028.

\*Designates Indicators linked to Ohio State Health Improvement Plan

UNMET NEE	D FOR MENTAL HEALTH CARE					
Desired Outcome	Indicator (source)	Trend	Baseline	Short-term Target (2020-22)	Intermediate Target (2023-25)	Long-term Target (2026-28)
	Youth depression	ADAMhs Board is providing data	N.A.			
	treatment unmet need.					
	Ohio (Percent of youth,		52% (2014-16)	49.0%	47.7%	46.4%
	ages 12-17, with major					
	depressive episode who					
	did not receive any mental					
	health treatment within					
	the past year (MHA					
	analysis of NSDUH))					
	Ohio (Percent of youth,		61% (2018-19)			
	grades 7-12, depressed as					
	measured by the PHQ					
	who did not receive any					
	mental health treatment					
	within the past year					
	(OHYES))					
	United States		N.A.			

Desired Outcome	Indicator (source)	Trend	Baseline	Short-term Target (2020-22)	Intermediate Target (2023-25)	Long-term Target (2026-28)
	Adult mental health care unmet need. Percent of adults, ages 18 and older, with mental illness in past year who reported perceived need for treatment/counseling that was not received (MHA analysis of NSDUH)	ADAMhs Board is providing data	N.A.			
	Ohio - Adult Unmet Need		8% (2018-19)			
	Ohio - Mild M.I.		68% (2018-19)			
	Ohio - Moderate M.I.		53% (2018-19)			
	Ohio - Serious M.I.		35% (2018-19)			
	U.S Adult Unmet Need		6% (2018-19)			
	U.S Mild M.I.		63% (2018-19)			
	U.S Moderate M.I.		51% (2018-19)			
	U.S Serious M.I.		31% (2018-19)			

*Note*: M.I. stands for mental illness. These are updated numbers from <u>https://www.kff.org/statedata/</u> analysis of NSDUH data.

DEPRESSION						
Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of girls reporting they felt sad or hopeless for 2 or more weeks from 26% to	Youth depression. Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities in the past 12 months) (Henry County Youth CHA)	Youth Depression	21%	Monitor	Monitor	Monitor

21% by	Henry County Priority	Populations						
2028.	Girls				26%		23.4	21%
	Ohio (7 <sup>th</sup> -12 <sup>th</sup> )				24% (2018/19	9)		
	U.S. (9 <sup>th</sup> - 12 <sup>th</sup> )				37% (2019)			
Desired Outcome	Indicator (source)	Т	rend		Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of adults suffering from depression by 10% in 2028.	Adults depression. The percentage who reported their mental health was not good on four or more days in the previous month (Henry County Adult CHA)	Adult Depression		19%  2019	19%	Monitor	18%	17.1%
	Henry County Priority	Populations			T			l
	Women				25%			
	Ohio				25% (2018)			
	United States				24% (2018)			

SUICIDE						
Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce youth reporting seriously considered attempting suicide by 10% in 2028.	Youth suicide contemplation. Seriously considered attempting suicide (in the past 12 months) (Henry County Youth CHA, 7 <sup>th</sup> -12 <sup>th</sup> )	Youth Considered Suicide         100%         75%         50%         25%         11%         13%         7%         10%         0%         2010         2013         2016         2019	10%	monitor	9.5%	9%
	Ohio (7 <sup>th</sup> -12 <sup>th</sup> )		13% (2018/19)			
	U.S. (9 <sup>th</sup> -12 <sup>th</sup> )		19% (2019)			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
	Adult suicide contemplation. Seriously considered attempting suicide (in the past 12 months) (Henry County Adult CHA)	Adults Considered Suicide	2%	Monitor	Monitor	Monitor
	Ohio		6% (2017-19)			
	United States		5% (2019)			
Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce Youth attempted suicide by 20% in 2028	Youth attempted suicide. Percentage of youth who self- report they had attempted suicide in the past year (Henry County Youth CHA, 7 <sup>th</sup> -12 <sup>th</sup> )	Youth Attempted Suicide           100%           75%           50%           25%         5%           0%           2010         2013           2016         2019	6%	Monitoring	5.5%	4.8%
	Ohio (7 <sup>th</sup> - 12 <sup>th</sup> )		7% (2018/19)			
	U.S. (9 <sup>th</sup> - 12 <sup>th</sup> )		9% (2019)			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the percentage of Adults who report attempting suicide by 25% by 2028.	Adults attempted suicide. Percentage of adults who self- report they had attempted suicide in the past year (Henry County Adult CHA)	Adults Attempted Suicide	4%	Monitoring	2%	1%
	Ohio		N.A.			
	United States		0.6% (2019)			
Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce the number of suicide deaths from 4 to 2 by 2028.	Suicide deaths. Trend in the Number of Suicides Among Henry County Residents, 2007- 2018. (HCHD analyses of Henry County Resident Mortality Files, 2007- 2018)	Number of Suicides	4	Monitor	3	2



#### **Health Partners**

This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

Emily Cordes	OSU Extension
Tiffany Day	HCHD
Joy Ermie	HCHD
Katie Frey	Resident
Ben Hartford	Napoleon Church of the Nazarene
Jill Keller	HCHD
Raegan Keller	Social Worker
Juli Lejman-Guy	St, Peters Lutheran Church Holgate
Tante Lovins	HCHD
Roberta Mack	CCFA
Christine McVay	A Renewed Mind
Kaitlyn Meece	Community Member
Sharon Meece	HCHD
Christie Metzner	Napoleon Area Schools Counselor
Dawn Miller	Maumee Valley Guidance Center
Ginny Minnick	St. Augustine School
Bev Palmer	A Renewed Mind
Krista Payne	HCHD
Lori Robison	A Renewed Mind Services
Bethany Shirkey	Four County Adams Board
Allyson Smith	HCHD
Karen VonDeylen	Maumee Valley Guidance
Kailie Williams	HCHD



#### Community Resources

Below is a list of existing community resources for addressing mental health (specifically depression and suicide prevention). The working group will continue to research and add new resources to this list during the implementation process. \*Designates strategies linked to Ohio State Health Improvement Plan

Program/ Strategy/ Service	Responsible Agency	Population(s) Served
4 Your Mental Health	Defiance, Fulton, Henry, and Williams County Health Departments Four County ADAMhs Board	Residents in Four-County area
Four County Suicide Prevention Coalition	Four County ADAMhs Board/ Maumee Valley Guidance	Youth and adults residing in Four-County area
Outpatient Counseling Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area
Outpatient Counseling Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area
Community Psychiatric Supportive Treatment Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area
Psychiatric Services	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ A Renewed Mind	Serves clients in Four-County area
Intensive Home-Based Treatment and Family Systems Therapy home-based model*	A Renewed Mind	Children and their families
General Outpatient Mental Health	Recovery Services of Northwest Ohio/ Maumee Valley Guidance Center/ Center for Child & Family Advocacy/ A Renewed Mind	Adults
Domestic Violence and Sexual Assault	Center for Child & Family Advocacy	Adults
Counseling	Churches	Youth and adults
Caregiver Support	Hospice of Henry County/ Areas Office of Again	Caregivers
LOSS Team	Four County Suicide Prevention Coalition	Suicide survivors
Rox*	Patrick Henry/ Holgate	Youth girls

Depression Screening for children*	Maumee Valley Guidance	
Signs of Suicide (SOS)*	Maumee Valley Guidance-BJ Horner	staff
Mental Health First Aid*	Maumee Valley Guidance-BJ Horner	
Parent/ Teen Café*	Family Court	
1-800-GET-HELP and text "4HOPE"*		
Culture Project *	Toledo Catholic Diocese	St. Augustine school children
Ohio Youth Council*	Ridge Project	
Support Groups	NAMI	
Empowering families*	Renewed Mind Grant	Open to LC and NAS students and Medicaid families
Incredible Years-Dinosaur School -social and emotional learning *	Maumee Valley Guidance	K-1 <sup>st</sup> grade
Project Respect*	Ridge Project	6 <sup>th</sup> grade NAS and LC
PAX trauma info-classroom mgt*	NAS	Teachers
Pax Heroes*	NAS Laura Kamp	Teachers
2 <sup>nd</sup> Step SEL based *	NAS	School counselors
Crisis Intervention	Renewed Mind Crisis Line	All residents
Client Navigator	Renewed Mind	ALL residents-help finding right program.
Veteran Suicide	Maumee Valley Guidance	Veterans



## Ohio State Health Improvement Plan (SHIP) Strategies

The following is an outline of the strategies from the Ohio State Health Improvement Plan related to this priority area.

UNMET NEED for MENTAL HEALTH CARE	
ODH Featured Strategies	Includes
Telehealth for mental health	Tele-mental health services

Additional strategies	Includes
Digital access to treatment services and crisis	<ul> <li>mHealth App for mental health</li> </ul>
response	Crisis lines (for example, text "4hope")

DEPRESSION			
ODH Featured Strategies	Includes		
School-based			
Social and emotional instruction	School-based social and emotional instruction, including comprehensive implementation of Ohio's Social and Emotional Learning Standards		
	<ul> <li>For specific guidance on programs see:</li> <li>Ohio Department of Education's Evidence-Based Clearinghouse</li> <li>Collaborative for Academic, Social, and Emotional Learning (CASELO Guide to effective social and emotional learning programs</li> </ul>		
Healthcare system			
Digital access to treatment services and crisis	Crisis lines (for example, text "4hope")		
response	<ul> <li>Health services delivered through telephone or digital conference</li> </ul>		
Community-based			
Physical activity programs	<ul> <li>Activity programs for older adults</li> <li>Community-based social support for physical activity</li> </ul>		
Parenting programs	<ul> <li>Group-based parenting programs</li> <li>For some specific guidance on programs: The California Evidence-Based Clearinghouse for Child Welfare</li> </ul>		

Additional strategies	Includes
Community based	
Mental health education	<ul> <li>Mental health first aid courses for community members, school staff, first responders and others</li> <li>Motivational interviewing training for those who may be trusted resources for people with mental health challenges, such as clinicians, providers, case managers, and community workers</li> </ul>
Depression programs for older adults	<ul> <li>Programs to Encourage Active, Rewarding Lives (PEARLS)</li> <li>Healthy IDEAS</li> </ul>
Green spaces and parks	Increase, renovate or expand green spaces and parks

SUICIDE						
ODH Featured Strategies	Includes					
Suicide awareness, prevention, and peer norm programs	<ul> <li>Universal school-based suicide awareness and education programs (included in Preventing Suicide: A technical package of policy, programs, and practices)</li> <li>Youth peer mentoring (for example Sources of Strength, included in Preventing Suicide: A technical package of policy, programs, and practices)</li> </ul>					
	<ul><li>For more specific guidance on programs see:</li><li>SAMHSA's Preventing Suicide: A Toolkit for High Schools</li></ul>					
Limits on access to lethal means	Child firearm access prevention					

Additional strategies	Includes				
Healthcare system					
Coordinated care for behavioral health	Integration of behavioral health services into primary care				
Digital access to treatment services and crisis supports	(8255) or text "4hope")				
	Tele mental health services				
Community based					
Mental health education	<ul> <li>Mental health first aid courses for community members, school staff, first responders and others</li> <li>Motivational interviewing training for those who may be trusted resources for people with mental health challenges, such as clinicians, providers, case managers, and community workers</li> </ul>				
Surveillance and data collection	Suicide Death Review Teams and other approaches to gathering data after a suicide has occurred				



Items in blue text designate strategies and/or action steps that address health inequities.

#### Community Health Priority: Mental Health

**Objective**: 1. Reduce Henry County youth and adults with depression by 2028.

2. Reduce Henry County youth and adults contemplating, attempting, and completing suicide by 2028.

**Measure(s)**: Unmet need for mental health care for youth and adults; depression among youth and adults; contemplating and attempting suicide among youth and adults, number completing suicide among Henry County residents

Henry	County Improvement Strategies	Henry County Action Steps	Local Partners	
(What	We Want to Do)	(How We're Going to Do It)	(Who Needs to Work Together on This)	
A.	Increase community awareness of mental health, depression, and suicide in Henry County.	<ol> <li>Complete readiness assessment of suicide and depression within the county.</li> <li>Presentations to businesses, community groups and media with results and opportunities for action (Readiness Assessment, CHA data and health briefs).</li> <li>Community Event to inform Readiness Assessment, CHA data and health briefs.</li> <li>Next cycle of the Readiness Assessment and Action Plan.</li> </ol>	Karen VonDeylen, Maumee Valley Guidance Bethany Shirkey, ADAMhs's Board Tante Lovins, Henry County Health Department Maumee Valley Guidance, ADAMh's Board and Henry County Health Department	
B.	Increase community awareness of mental health resources	<ol> <li>Create a resource guide to provide equitable access to the many mental health services available in Henry County.</li> </ol>	Bethany Shirkey, ADAMh's Board	



## Substance Misuse

#### How will we know if Substance Misuse is improving in Henry County?

There will be fewer drug overdoses deaths, disparities in drug over death rate will be eliminated, and more will successfully complete recovery programs.



### Objectives

Reduce the number of unintentional drug overdose deaths by 2028. \*Designates Indicators to Ohio State Health Improvement Plan.

Desired Outcome	Indicator (source)	Trend	Baseline (2018)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Reduce unintentional drug overdose deaths to 5 per 100,000 by 2028.	Unintentional drug overdose deaths.* Number of deaths due to unintentional drug overdose, per 100,000 population (ODH Vital Statistics)	Henry County Trend in Unintentional Drug Overdose Deaths, 2015-2020 $\begin{array}{c} 40\\ 30\\ 20\\ 20\\ 10\\ 0\\ \end{array}$	36.9/42.3	15	10	5
	Priority populations					
	Adults, ages 25-34		64.9			
	Adults, ages 35-44		154.2			
	Adults, ages 55-64		50.6			
	Men		52.3			
	Ohio		32.2/34.2	28.7	24.6	20.5
	United States		20.7			

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
overdoses to 7	All drug overdoses. Number of overdose cases in Henry County (Man-unit Stats, 2019)	Henry County Trend in Over Dose Cases, 2016-2019 20 20 17 12 10 0 2016 2017 2018 2019	28	18	12	7

Desired Outcome	Indicator (source)	Trend	Baseline (2019)	Short-term Target (2022)	Intermediate Target (2025)	Long-term Target (2028)
Monitor drug related charges on an annual basis.	<b>Drugs charges</b> . Total number of charges in Henry County (Man- unit Stats, 2019)	Henry County Trend in Total Drug Charges, 2016-2019	65	monitor	monitor	monitor



#### **Health Partners**

This section outlines the individuals and organizations that have participated in the working groups and/or accepted responsibility for implementing strategies.

Mary Beth Alberti	Arrowhead Behavioral Health	
Jim Augustine	MAN Unit	
Katie Baden	Henry County Family Court	
Abbie Badenhop	Henry County Family Court	
Sue Barnes	Resident	
Scott Barnes	Resident	
Brent Bischoff	Veterans Services	
Michael Bodenbender	Henry County Sheriff	
Scott Buddelmeyer	Chief -South Joint Ambulance District	
Michael Cavanaugh	County Prosecutor Office	
Chelsea Diedrich	Arrowhead Behavioral Health	
Joy Ermie	HCHD	
Joel Frey	Napoleon Fire Department, Asst. Chief	
Erica Gomez	A Renewed Mind – Peer Support	
Jeff Howell	A Renewed Mind - Clinical Director	
Gwen Howe-Gabers	County Prosecutor	
Jill Keller	НСНD	
Lucas Koch		
Dave Mack	Napoleon Police Chief	
Denise McColley	Judge, Family Court	
Christine McVay	Renewed Mind	
Sharon Meece	HCHD	
Heidi Mekus	Napoleon Area School Counselor	
Clayton O'Brien	Napoleon Fire Chief	
Bev Palmer	A Renewed Mind - Program Manager	
Krista Payne	НСНD	
Ruth Peck	Recovery Services of NW Ohio	
Nicole Shank	HCHD	
Bethany Shirkey	Four County Adams Board	
Bethany Wachter	НСНD	
Jodi Waldron	Scarbrough Pharmacy Deshler	

Maggie Westrick	The RIDGE Project-Director
Shae William	Equitas Health
Benjamin Wulff	



## Community Resources

Below is a list of existing community resources for addressing substance misuse. The working group will continue to research and add new resources to this list during the implementation process.

Program/ Strategy/ Service	Responsible Agency	Population(s) Served
OMAHS	Health Department	Henry County
Naloxone to 1 <sup>st</sup> Responders		
Substance abuse and	Arrowhead Behavioral Health	Northwest Ohio and Southeastern
psychiatric treatment including		Michigan
inpatient and outpatient		
services		
Crisis Care Line 1800-468-4357	A Renewed Mind (ARM)	Northwest Ohio Region
A full continuum of care for	A Renewed Mind (ARM)	Northwest Ohio Region
both adult mental health and		
substance misuse disorders.		
Youth ages 6 and up		
General mental health agency	Center for Child and Family	Henry, Williams, Fulton and Defiance
with clinical therapeutic	Advocacy	Counties
interventions and victim		
advocacy		
Care for the whole person:	Health Partners of Northwest	Northwest Ohio
mind, body, spirit. Integrated	Ohio	
model of care with multiple		
health care providers working		
together to address		
individual's health.		
Mental Health agency	Maumee Valley Guidance	Henry, Williams, Fulton and Defiance
providing assessments and		Counties
treatment for youth and		
adults.		
Behavioral health service for	Recovery Servicey of Northwest	Henry, Williams, Fulton and Defiance
adolescents and adults	Ohio	Counties
Deterra Bags	Henry County Health	ALL
	Department	

#### 2019-2020 Henry County Community Health Improvement Plan



### Ohio State Health Improvement Plan (SHIP) Strategies

The following is an outline of the strategies from the Ohio State Health Improvement Plan related to this priority area.

ODH Recommended Strategies	Includes	
Overdose prevention and reversal programs		
Naloxone education and distribution programs	<ul> <li>Become a Project DAWN community sites that can distribute naloxone</li> <li>Use state funds (Community Innovation fund) to purchase naloxone for first responders</li> </ul>	
Addiction treatment access		
Culturally competent workforce in underserved	Certified community health workers	
communities	<ul> <li>Support and expand the role of peer support specialists</li> </ul>	
Digital access to crisis supports	Crisis lines (for example, text "4hope" or 211)	
Recovery supports		
Recovery communities and peer support	Support recovery friendly communities including:	
	<ul> <li>Peer recovery organizations for recovery drug addicts</li> </ul>	
	Alternative Peer Groups	

5 <u></u> -	
\$±	Cturate alloc
	Strategies

Items in blue text designate strategies and/or action steps that address health inequities. \*Designates strategies linked to Ohio State Health Improvement Plan

Community Health Priority: Subst Objective: Reduce the number of Measure(s): Unintentional Drug C Program Graduates Henry County Improvement Strategies (What We Want to Do)	unintentional drug overdose dea	aths by 2028. g Overdoses, Drug Charges, Recovery <i>Local Partners</i> (Who Needs to Work Together on This)	Deadlines/Timelines (when we are going to
A. Establish Naloxone education and distribution plans. *	<ol> <li>Establish Project DAWN in Henry County. *</li> <li>Identify individuals in community sectors who interact with persons who experience health inequities.</li> <li>Provide education and naloxone kits to any community member.</li> <li>Identify policy changes necessary to provide naloxone at health department, employer, and local business level to address health inequity.</li> </ol>	Sharon Meece, HCHD Bev Palmer, A Renewed Mind Chief Clayton O'Brien, Fire Department Chief David Mack, Napoleon Police Sheriff Michel Bodenbender, Henry County Nicole Shank, LPN HCHD	do it by) By 12.31.2021

В.	Create Rapid Response Team/Support kits for loved ones	1. 2. 3.	Create a support team to support overdose addicts and loved ones by personal contact and support. Create a resource a kit. The kit will include local addiction and social service resources and naloxone. Develop policies among first responders, law enforcement and hospital to utilize the response teams during overdose.	Chelsea Diedrich, Arrowhead Behavioral Chief Clayton O'Brien, Napoleon Fire Scott and Sue Barnes, Residents Bethany Shirkey, Adamhs' Board Bev Palmer, A Renewed Mind Christine McVay, A Renewed Mind Officer Jim Augustine, Man Unit Christine McVay, A Renewed Mind Erica Gomez, A Renewed Mind Jeff Howell, A Renewed Mind Nicole Shank, HCHD Bethany Wachter, HCHD	12.31.2021
C.	Provide Information and referral line	Inform (211) a a 1 call local se access health,	funding for a 24-hour ation & Referral phone line t the cost \$12,000 to provide access to information for ervices supporting equity in to all services: physical mental health, food, housing prtation, crisis.	Joy Ermie, HC HCHD	12.31.2021



## **HENRY COUNTY HEALTH PARTNERS**

Bringing diverse organizations together to improve the health of all Henry County residents

## **ACCESS TO HEALTHCARE**

**OBJECTIVE:** Increase the number of Henry County residents getting preventive care by providing equitable health care services people use and understand by 2028.

**STRATEGY:** Increase culturally competent healthcare workforce across the county including in underserved communities.

**2021 PROGRESS:** Organized group of community health workers (CHW) who identified need for additional CHW and changes to funding system. Recognized need to promote CHW services through local healthcare providers and community leaders. Hired Spanish speaking CHW.

**2022 PLANS:** Review funding system for rural CHW. Train local healthcare workers on CHW referral process. Train CHW's on managed care plans. Hold outreach events to educate residents on the importance of preventive care.

## **ECONOMIC STABILITY**

**OBJECTIVE:** Improve the economic stability of Henry County by creating a stable workforce through access to equitable jobs with opportunities for advancement, available daycare for all shifts, and affordable housing.

**STRATEGIES:** Develop sector-based workforce initiatives. Improve and expand childcare. Increase affordable housing.

**2021 PROGRESS:** Developed Employee Advocate program to support residents attain gainful employment. Evaluated local daycare availability and needs. Worked with local leaders to survey and assess current housing options.

**2022 PLANS:** Coordinate with local organizations to implement the workforce liaison position. Conduct resident survey to determine daycare needs. Look for opportunities and funding to expand low-income housing.

## **MENTAL HEALTH**

**OBJECTIVE:** Reduce Henry County youth and adults with depression, and reduce Henry County youth and adults contemplating, attempting, and completing suicide by 2028.

**STRATEGIES:** Increase awareness of mental health, suicide, and depression. Increase awareness of community mental health resources.

**2021 PROGRESS:** Completed readiness assessment of suicide and depression. Developed plans to expand #4YourMentalHealth program. Identified NOCAC Resource Guide as listing for all services.

**2022 PLANS:** Implement regional #4YourMentalHealth program. Build and share resource guide with community.

## **SUBSTANCE MISUSE**

**OBJECTIVE:** Reduce the number of unintentional drug overdose deaths by 2028.

**STRATEGIES:** Establish naloxone education and distribution plan. Create rapid response team. Provide information and referral line.

**2021 PROGRESS:** Launched Project DAWN - began distributing naloxone kits and training individuals on how to use them. Determined response teams needed.

**2022 PLANS:** Expand naloxone training, distribution, and education. Identify, screen, and train volunteers for response teams. Create response team resource kits. Identify referral line funding sources.

JOIN US! Be a part of the change in our community by joining Henry County Health Partners. Contact Sharon Meece (smeece@henrycohd.org)

# Access to Healthcare Year End Report 2021

Community Health Priority: Access to Healthcare

Objective: Increase the number of Henry County residents getting preventative care by providing equitable health care services people use and understand by 2028.

Measure(s): Uninsured Population, Non-emergent ED Visits, Preventive Care Utilization

STRATEGY	PROGRESS REPORT	BETTER OFF (who and how many?)	2022 IMPROVEMENTS and PLANS
A. Increase culturally competent healthcare workforce across the county including in underserved communities	<ol> <li>Identified community health workers as a direct way to meet clients where they are in a culturally competent and equitable way.</li> <li>Formed a work group of community health workers in local health care to determine what they need.</li> <li>Workgroup reported that the need is really community health workers (CHW). Patient advocates and discharge nurses provide support to the client while in the hospital and upon release, but not effective in promotion of preventative care or in longer term support of basic needs.</li> <li>Funding is an issue as the CHW Pathways HUB is gravely insufficient to support rural CHW's.</li> <li>Identified the need to promote services provided by HCHD's Henry County Cares CHW program through healthcare (providers, 1<sup>st</sup> responders, Urgent Care) and community leaders (pastors, community health partners etc.).</li> <li>HCHD hired a Spanish speaking CHW for Henry County Cares</li> </ol>	Pathway7/1/21- 9/30/2110/1/21- 12/31/21Medical02Home019Medical019Referral15Health01Insurance14Social758Service2Education1144(health1related)1	<ol> <li>Reach out to Hospital Council of Northwest Ohio to suggest review of funding for rural pathways.</li> <li>Provide a referral form for those in healthcare or leadership roles to refer residents to Henry County Cares.</li> <li>Hospital will train providers on Henry County Care CHW and referral form.</li> <li>Hospital will provide training videos on when to go to provider, urgent care, ER.</li> <li>Hospital will provide managed care/insurance benefit training to CHW's</li> <li>Plan outreach events to educate Henry County residents on preventative care.</li> </ol>
<ul> <li>B. Develop healthcare workforce</li> </ul>	Tabled until 2022		

**General Summary:** Access to Healthcare is about getting people health care. It has been determined Henry County has: a hospital, an urgent care facility, a federally qualified health center, physicians and other health care providers, and a high percentage of residents have health insurance. The tools are in place. Residents must now access the healthcare they deserve by getting the preventative care they are entitled by establishing a provider through access to preventative care they will have better access when an acute medical issue arises as they are an established patient. This is done through education, community health workers and community leadership. This group membership has grown 67% from 15 to 25 members.

## Economic Stability Year End Report 2021

#### **Community Health Priority: Economic Stability**

## **Objective:** Improve the economic stability of Henry County by creating a stable workforce through access to equitable jobs with opportunities for advancement, available daycare for all shifts, and affordable housing by 2028.

Measure(s): Poverty, ALICE, Unemployment, Income, Turnover/Retention, Advancement

STRATEGIES	PROGRESS REPORT	Better Off (Who and how many)	2022 improvement and plans
A. Develop sector-based workforce initiatives*	<ol> <li>Proposed the Employee Advocate program to support residents to attain gainful employment.</li> <li>The program engages the resident by assessing and providing support in the following areas:         <ul> <li>Basic needs: housing, daycare, transportation, medical needs.</li> <li>Soft skills: resume, interviewing skills etc.</li> <li>Job Coaching: transportation, managing stressors</li> </ul> </li> <li>The program is a partnership between HCHD's Social Support Community Health Worker program and HCTN Job Coaching Program.</li> <li>The targeted populations are recent high school graduates and unemployed adults</li> <li>Established employer partnerships with Sauder's and Dairy Queen to test the program.</li> </ol>	No one yet	<ol> <li>Coordinate with JFS and CIC with implementing workforce liaison position.</li> <li>Continue to work on this plan and secure funding.</li> <li>Build relationships with local employers to increase employment.</li> <li>Re-look at employment data as 2020 and 2021 data comes available and economy stabilizes from pandemic</li> </ol>
B. Improve and expand childcare*	<ol> <li>Researched local daycare availability and found daycare leadership lack of certified and uncertified workforce is the barrier to expanding. Costs are low and need is high.</li> <li>Determined daycares staffing was negatively affected by COVID 19 - first with loss of work due to shutdowns and then by loss of workers who went elsewhere and by isolation and quarantine as pandemic continues.</li> <li>YWCA Heather Dunzweiler shared resources available to daycares through YWCA. Suggested a study through survey to determine residents' daycare needs and wants.</li> <li>Looking at infrastructure funding to expand daycare capacity.</li> </ol>	No one yet	1. Will conduct resident survey to determine family needs.

C. Increase affordable housing*	<ol> <li>Working with local leaders on housing options.</li> <li>Housing Brief written; the brief identified Henry County housing is among the oldest in the state and there is a shortage of low-income housing.</li> <li>Survey on homeless conducted.</li> <li>Learned from ODH leadership Laura Rooney, Roma Barickman, Mike Frazier about housing programs at the state level.</li> <li>Learned locally within 4 counties recovery housing being built.</li> </ol>	No one yet	<ol> <li>Will continue to look for opportunities to expand housing in Henry County, especially low- income housing.</li> </ol>
	y: This group has succeeded at building relationships and studying data and programs to support		
	rs in 2020 to 30 members in 2021. A group working on homelessness merged into this group ar		
	decision makers at the table. Strategically planning new membership could provide significant	gains for the group. Additional barriers inc	lude funding, and stronger
partnerships to build st	tronger programs.		

# OMental Health Year End Report 2021

#### Community Health Priority: Mental Health

Objective: Reduce Henry County youth and adults with depression and reduce Henry County youth and adults contemplating, attempting, and completing suicide by 2028.

Measure(s): Unmet need, self-reporting of sadness or hopelessness, depression, attempting suicide, number of suicide deaths.

STRATEGIES	PROGRESS REPORT	BETTER OFF	2022 IMPROVEMENTS and PLANS
		(who and how many?)	
A. Increase community awareness of mental health, depression, and suicide in Henry County.	<ol> <li>Maumee Valley Guidance completed readiness assessment of suicide and depression within the county.</li> <li>Result indicated Henry County is in Vague Awareness</li> <li>Determined the need to educate on the many mental health services and resources available in Henry County through community events.</li> <li>Strategies in place to work within existing program For <i>Your Mental</i> <i>Health</i> funded by the ADAMH's Board and in 4 northwest Ohio counties.</li> <li>Each county will set up a health fair type booth at 3 community events to educate through activities, pass out items and materials, and interact with residents on mental health and suicide.</li> </ol>	Partners are better for having the completed study results to guide efforts.	<ol> <li>Implement the planned strategy in conjunction with Fulton, Williams, and Defiance through #4YMH program.</li> <li>3 events will be attended to educate public on mental health services.</li> </ol>
<ul> <li>B. Increase community awareness of mental health resources</li> </ul>	1. Building a resource guide for all services through NOCAC	No one yet	<ol> <li>When the resource guide is built, it will be promoted by distributing a paper copy to families through the schools and to other residents at specific locations.</li> <li>A URL link will be used to provide online access to all Henry Countians through posters and promotion.</li> </ol>
programming, or how to Possible barriers include	Henry County is fortunate to have considerable behavioral health services. Thro access them. Educating to reducing the stigma of mental health issues and incr funding for event strategy, and lack of ownership of the resource guide. The gro roles in reducing contemplation, attempts and completion. This group has grow	ease understanding of where and when to get he oup would also like to research the possibility of	elp if needed is the focus of this initiative. a suicide fatality review to more deeply

## Substance Misuse Year End Report 2021

Measure(s): Unintent	ional Drug Overdose Deaths, Number of Drug Overdoses, Drug Charges, Rec	overy Program Graduates	
STRATEGIES	PROGRESS REPORT	Better Off (who and how many?)	2022 improvements and plans
<ul> <li>A. Establish Naloxone education and distribution plans. *</li> </ul>	<ol> <li>HCHD medical director signed protocol to distribute naloxone in Henry County.</li> <li>Henry County Health Department became a Project DAWN distribution site on September 14<sup>th</sup>, 2021, the only Northwest Ohio site. Project DAWN is an Ohio Department of Health program that provides naloxone to distribution sites for at no cost.</li> <li>HCHD received 36 kits and began distributing Naloxone to any individual who may be in the position to stop an overdose on November 18, 2021. A free kit and training is provided to each recipient. As of December 31, 2021, 19 kits had been distributed.</li> <li>A distribution process was written and 7 HCHD staff are trained to distribute naloxone. Three divisions have had training on the availability of naloxone at the health department.</li> <li>Northwest Signal ran a front-page article about Project Dawn on 12.21.21 in response to a BOH presentation and on 12.31.21 an article was written regarding the CHIP year end meeting focusing on reducing overdose deaths. A press release was sent to media and post were put on social media.</li> <li>Letters were sent to Henry County pharmacists and healthcare providers informing them on the availability naloxone kits at HCHD. Providers were provided with a "prescription pad" to prescribe a patient to get a kit.</li> </ol>	<ul> <li>Anyone in contact with opioids are at risk of overdose. Access to naloxone is indication all of Henry County is better off.</li> <li>Specifically, <ul> <li>15 kits distributed at HCHD</li> <li>4 kits distributed to local businesses</li> <li>18 educated on naloxone 19 trained to administer</li> <li>Media campaign has been implemented</li> </ul> </li> </ul>	<ol> <li>Provide training and kits to Henry County businesses, schools, community locations</li> <li>Continue to educate the community through social media and media releases</li> <li>Train the remaining HCHD divisions (2) in 1<sup>st</sup> quarter of 2022</li> <li>Continue to distribute naloxone kits</li> <li>Consider setting up additional distribution sites such as: communit centers, first responders and other know partners</li> </ol>
<ul> <li>B. Create Rapid</li> <li>Response</li> <li>Team/Support</li> <li>kits for loved</li> <li>ones</li> </ul>	<ol> <li>Determined the need for 2 response teams 1) for non-fatal overdoses with peer support to encourage recovery and provide a naloxone kit and resources kit 2) fatal overdoses to provide comfort and grief support as well as a resource kit.</li> <li>Determined the items to be include included in each resource kit.</li> </ol>	No one is yet better off.	<ol> <li>Identify volunteers for the response team.</li> <li>Identify screening and training of response team volunteers.</li> <li>Procure donations and purchase items for the kits.</li> </ol>

	<ol> <li>Established the need for a support group for loved ones of fatal overdose. Coordinator established and location determined on 12.8.21</li> <li>Identified a clergy member to be a part of the support group team</li> <li>Create a resource a kit. The kit will include local addiction and social service resources and naloxone.</li> <li>Developed a process for law enforcement to contact the Rapid Response team to respond to an overdose, fatal or non-fatal.</li> <li>Determined how first responders, law enforcement and hospital to utilize the response teams during overdose.</li> <li>Developed process for non-fatal and fatal response teams in contact and providing support.</li> </ol>		<ol> <li>Identify training for support group coordinator.</li> </ol>
C. Provide Information and referral line	<ol> <li>Obtain funding for a 24-hour Information &amp; Referral phone line (211) at the cost \$12,000 to provide a 1 call access to information for local services supporting equity in access to all services: physical health, mental health, food, housing transportation, crisis.</li> </ol>	No one is yet better off	<ol> <li>Continue to look for funding for Information and referral line in 2022</li> </ol>
<b>General summary:</b> Substance Misuse has had the largest increase in membership of any of the workgroups. A 127% increase in membership moving from 15 members in 2020 to 34 members in 2021. Members including 1 <sup>st</sup> responders, law enforcement, recovery services, hospital, judicial courts and residents are active and committed to significant change. The barriers the group faces are 1) implementation of the Quick Response teams. Identifying qualified, vetted volunteers to cover 24/7 shifts may prove difficult 2) Ownership for the sustainability of the QRT teams. The group is researching an additional strategy for 2022: Fatal review to understand opportunities for community change in a more effective way.			